

# Community Volunteering

## Could you be available as and when an older person needs support?

We are inviting people to join our team of Community Volunteers; offering local neighbourly support on an adhoc basis.

### Key Tasks

To help Age UK Lincoln & South Lincolnshire maintain a short term support service to older people living alone by collecting and delivering prescriptions, essential shopping and wellbeing parcels.

You will not be entering older peoples homes but will be a friendly face on the doorstep.

### How to apply

You will need some photo ID and a smart phone. Go to our dedicated page at Help My Street <https://www.helpmystreet.org/ageuklsl>

And follow the online instructions. Its easy to set up and you once verified you can start helping out straight away.

### Skills required

- Good oral and communication skills
- Reliability and a sense of humour.
- To be willing to work to guidelines and policies on Health & Safety, confidentiality, boundary setting, equal opportunities, etc.
- Understanding the need for confidentiality.
- An ability to demonstrate patience and sensibility

### Important Considerations

If you are using public transport be aware that our Wellbeing Parcels are the size of a carrier bag.



### Time Commitment

- ◆ Completely flexible around your other commitments
- ◆ You can commit as often or as little as you like.

