

## Dementia Awareness Day Tuesday 17th May

We invite you to join us at our  
Activity Centre at  
36 Park Street on Dementia  
Awareness Day.

We are proud to support  
those living with Dementia  
and their carers.

We have a morning of  
support, activities and the  
opportunity to have a cuppa  
with new friends.



### Timetable

- 9-10am Table Tennis
- 10.30-11.30 Singing for the Mind
- Information and Advice Officer will be available all morning to help and answer questions.

Booking is essential. Please call to book with Helena on 03455 564144.

All information, advice and support will be provided free of charge. There will be a small charge only for refreshments and participation in activities.

Please can anyone who is living with dementia be accompanied by a carer or loved one.

## Dementia Action Week 16th-22nd May 2022

### Timetable for the Week

Monday - Diabetes UK 10-2pm

Tuesday - Lincolnshire Fire & Rescue 11-2pm

Age UK Lincoln & South Lincolnshire  
Information & Advice Team 11-2pm

Wednesday - Lincoln Sensory Service 10-2pm

Thursday - Connect 2 Support Lincs 10-2pm

Friday - Wellbeing Lincs 10-2pm

The above mentioned organisations will have information  
stands in the Reception area at Park Street.