

Our Current Volunteering Roles

Below is a list of the volunteering opportunities available at Age UK Lincoln and South Lincolnshire. This is to be used as a guide to help you think about what roles you would enjoy. Please note that not all opportunities are available all the time and are subject to availability.

When reading through the roles please consider about how much time you can commit to volunteering with us, as some roles, such as befriending, require a weekly commitment. We are happy to reimburse out of pocket expenses up to the value of £5, so long as appropriate evidence is presented.

For more information please contact the Volunteering Department on 03455 564144 – choose option 5 or you can email volunteering@ageuklsl.org.uk

Boston and South Holland

Volunteering Role	Overview	Location	Time Commitment
Activities Volunteer	In this exciting role volunteers will help the team to start and develop social activity groups in the area for older people as part of a new project. The type of activities available are varied and ever-evolving. For example we have events such as at coffee mornings, craft groups and exercise groups.	Boston and areas in South Holland	Variable
Befriending in the Community	Offering friendship and companionship to an older person in their home on a regular basis. Regular communication between the volunteer and befriending team is vital to support our clients, therefore there is a basic monthly visit record to complete.	Boston and areas in South Holland	Minimum of 1 hour a week for at least one year*. Monday – Friday *Holidays and sickness permitting.
Events and Community Engagement	Supporting the charity at events in the area on an as and when basis. You would be attending events organised by the charity in your local area, as well as helping with the preparation and set up. This is a very varied and flexible role Great for people unable to volunteer on a weekly basis.	Boston	Flexible
Retail Volunteer	Volunteering in one of our charity shops involves, serving customers using a till, steaming, sorting donations, merchandising, and promoting Gift Aid.	#3 Strait Bargate Boston	There are a variety time slots available to join our volunteer retail teams. Shifts between 9am-4pm Monday to Saturday

Lincoln Area

Volunteering Role	Overview	Location	Time Commitment
<p>Retail Volunteer</p>	<p>Volunteering in one of our charity shops involves, serving customers using a till, steaming, sorting donations, merchandising, and promoting Gift Aid.</p> <p>There are a variety time slots available to join our volunteer retail teams.</p>	<p>#1 Newark Road, Lincoln</p> <p>#2 Guildhall Street Lincoln</p>	<p>Shifts between: 9 am - 4 pm Monday to Saturday</p>
<p>Allotment Volunteer</p>	<p>Supporting the charity to have home grown vegetables to serve in our restaurant in Lincoln. Volunteers will enjoy the outdoors and like keeping active.</p> <p>Please note volunteer hours reduce during the autumn and winter months.</p>	<p>Lincoln</p>	<p>Wednesdays 10 am - 1pm</p>
<p>Walking Netball Leader</p>	<p>Walking Netball has evolved from a growing demand for walking sports. Often, one of netball's strengths is that people never forget playing the sport and the memories as well as the love for the game never leave.</p> <p>Walking Netball is a slower version of the game; it is netball, but at a walking pace. The game has been designed so that anyone can play it regardless of age or fitness level.</p> <p>Age UK Lincoln and South Lincolnshire wish to use the game of netball to encourage older people to enjoy gentle exercise at a gentle pace.</p>	<p>Park Street Activity Centre Lincoln</p>	<p>Wednesday Lunchtimes for 1 hour</p>
<p>Events and Community Engagement</p>	<p>Supporting the charity at events in the area on an as and when basis. You would be attending events organised by the charity in your local area, as well as helping with the preparation and set up. This may include a Saturday and/or Sunday.</p> <p>This is a very varied and flexible role and is ideal for people unable to volunteer on a weekly basis.</p>	<p>Lincoln</p>	<p>Flexible</p>

Volunteering Role	Overview	Location	Time Commitment
<p>Kitchen Volunteer</p>	<p>The role includes pot washing and <i>there may be</i> opportunities for light food preparation, as well as plating up meals for our customers.</p> <p>A food-prepping role is only available at our Park Street centre. It would require an earlier start of 08:00 am.</p> <p>We are also looking for volunteers who can lend a hand in our kitchen later on in the day. Have you got some time to spare to help with:</p> <ul style="list-style-type: none"> - Washing up - Surface cleansing - Labelling food - Helping to prep in readiness for the next day? 	<p>Park Street, Lincoln</p>	<p>There are three shifts:</p> <p>9 am - 11:30 am 11:30 - 14:00 pm Monday to Friday</p> <p>13:30 pm - 15:30 pm Wednesday, Thursday and Friday</p>
<p>Restaurant Volunteer</p>	<p>Working as part of the front of house team in a busy restaurant.</p> <p>The role includes using the till, taking orders, serving meals and keeping the restaurant clean and tidy.</p>	<p>Park Street, Lincoln</p>	<p>There are two shifts:</p> <p>9 am - 11:30 am 11:30 - 14:00 pm Monday to Friday</p>
<p>Opportunities at Eccleshare Court</p> <p>This is a really popular and vibrant day centre.</p> <p>It is also a great place to <u>befriend</u> older people and help make their day even more enjoyable!</p>	<p>Our Socialising and Activities Assistant role includes encouraging conversation and participation in activities, supporting staff in preparing activities, making hot drinks and helping to serve Service Users' meals at lunch times.</p> <p>Our Retail Assistant role includes handling money, making transactions, light housekeeping to keep the shop presentable, and occasional stocktaking.</p> <p>Our Kitchen Helper roles main duties involve, keeping the kitchen clean and tidy may include pot washing at busy times.</p>	<p>Eccleshare Court Day Centre Ashby Avenue LN6 0ED</p>	<p>Shifts available within the hours of:</p> <p>10 am - 3 pm Monday to Friday</p>
<p>Volunteer Activity Centre Support Assistant</p>	<p>We are looking for a friendly, outgoing volunteer to help with basic duties at our busy, friendly and sociable activity centre.</p> <p>Is this you?</p> <p>Along with basic 'house-keeping' duties the applicant would help assist in the setting up of the various wide ranging activities throughout the week.</p>	<p>Park Street, Lincoln</p>	<p>Sessions available:</p> <p>Mondays, Wednesdays and Fridays.</p> <p>1:30 pm 15:30 pm</p>