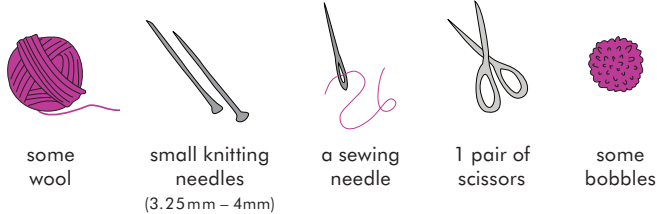


before you start

you'll need this stuff:

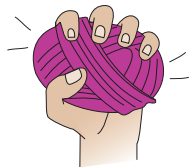


some wool
small knitting needles (3.25mm – 4mm)
a sewing needle
1 pair of scissors
some bobbles

and here's a couple of exercises to limber you up:

grip 'n' squeeze

1. grab your ball of wool.
2. squeeze it 10 times.
3. and relax.



1234

1. starting with your index finger, tap each finger in turn against your thumb until you get to your little finger.
2. then reverse it.
3. get ready for some power knitting.



ROWAN

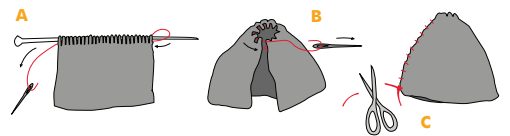
With special thanks to Rowan for their support.

beginner pattern

1. Curl up by the fire/sit next to the radiator.
2. Using double knitting yarn and 4mm needles, cast on 28 stitches.
3. To start, either knit two rows, or, to create a rib, knit 1 purl 1. Then, starting with a knit row, work in stocking stitch (knit 1 row, purl 1 row, knit 1 row etc) for 12 more rows.
4. For the next row, knit 2 together to the end (14 stitches). And for the row after that, purl 2 together to the end (7 stitches).



5. When you've finished, cut the yarn leaving about 25 cm. Thread the cut end of the yarn through a sewing needle, then run it through the loops and remove the knitting needle (fig. A).
6. Tighten the yarn (fig. B) and sew the little hat together at the side (fig. C). Once finished, turn it right-side out so that the seam you've just sewn runs up the inside.



7. Just to check you're on the right track, we reckon when laid out flat, the hat dimensions should be about 5-7cm along the bottom and at least 3cm high.
8. To finish, just sew a little bobble onto the top of the hat.

intermediate pattern



1. Find a cosy spot (armchair/rocking chair/hammock).
2. This time you need two colours. Using your main colour double knitting yarn and 4mm needles, cast on 28 stitches.
3. To start, either knit two rows, or, to create a rib, knit 1 purl 1. Then, starting with a knit row and working in stocking stitch throughout (knit 1 row, purl 1 row, knit 1 row etc) do 2 rows of your second colour followed by 2 rows of your main colour. These 4 rows set your stripey fashion. Do 8 more rows in the same stripey fashion.
4. For the next row, knit 2 together to the end (14 stitches). And for the row after that, purl 2 together to the end (7 stitches).
5. Follow points 5-8 as per the beginners' hat to finish off.
6. Reward yourself with a nice cup of tea.

Why not bring out your inner animal with these inspired colour combos:



flight of the bumblebee
parrots of the caribbean
piggy in the middle
very thirsty caterpillar
gorillas in the mist

advanced pattern



1. Pop the kettle on.
2. For this one you will need 4ply yarn in white and red and 3.25mm needles. To start with tackle the ear flaps (one at a time), by casting on 2 stitches in white. Then follow this hat flap creator table:

Row 1	Knit 1	Make 1	Knit 1	3 stitches
Row 2	Purl 1	Make 1	Purl 2	4 stitches
Row 3	Knit 1	Make 1	Knit 3	5 stitches
Row 4	Purl 1	Make 1	Purl 4	6 stitches
Row 5	Knit 1	Make 1	Knit 5	7 stitches

After this, knit a further 4 rows of stocking stitch and keep safe on a spare needle.

3. Now for the main hat row 1: cast on 5 stitches and knit 7 stitches from the first ear flap, then cast on 10 stitches and knit 7 stitches from the second ear flap. Finally cast on 5 stitches. (34 stitches in total).
4. Continue in stocking stitch for 3 more rows in white and then 6 rows in red.

5. For Row 11 knit 1 in red, then alternate the colours knitting two stitches in each until you get to the last stitch - which you knit in red. For Row 12 purl 1 in white and then change colour as Row 11. For Rows 13 and 14 repeat Rows 11 and 12.
6. For row 15 knit 2 together and repeat 17 times. For row 16 purl 1 and purl 2 together 8 times. For row 17 Knit 1 and knit 2 together 4 times. Thread yarn through the remaining stitches and pull tight.
7. To complete your hat sew it up and add jaunty plaits to the bottom of each ear flap and a bobble to the top.