

Welcome

There's a Santa's hat on every page of the newsletter - can you find them all?

to the Christmas edition of the Keep Connected newsletter, we hope you enjoy it!

I remember people saying that time goes quicker each year, but this year that seems to be so accurate and 2021 has flown by! This is our final newsletter of the year and it leads me to reflect on what has been another different, and at times, difficult year. In January we were in a full lockdown, working from home and we were only just seeing the start of the vaccination programme. As this has gained momentum over the year, with more than 75% of people aged 12 and over in Lincolnshire double vaccinated, and booster jabs now available, it has enabled us to regain some of those freedoms previously taken for granted.

As spring came we were slowly able to return to normality. Our shops opened their doors and we could begin socialising again. Travel became a possibility and seeing the theatres reopen was a joy to me. I have been lucky enough to see Hairspray and Romeo & Juliet this summer, and appreciated the experience more than ever before. It's been great to be able to work towards restarting face-to-face befriending as I know that was something that was greatly missed by both the volunteers and clients. In many cases

telephone befriending is still the most suitable option but we do now have a number of visits that have resumed. Our Senior Befrienders have very much enjoyed getting out and seeing many of you, especially those who they had previously only spoken to on the phone.

There is a lot to look forward to in 2022 and we at Age UK Lindsey would like to take this opportunity to wish you all the best for the festive period, and a Happy and Healthy New Year.

We would also like to say a big thank you to the talented children at the following local schools:

Fiskerton C.E. Primary School
Great Steeping Primary School
Horncastle Primary School
Kidgate Primary Academy

for creating such lovely and unique calendars for us to share as gifts for you.

Liz
Project Manager



Meet the Team



Hi there, my name is Helen-Jane (also known as HJ – sorry, its confusing I know!) and I am the new Winter Warmth Assistant for this winter - 2021/22. I've joined Age UK Lindsey to deliver the EON Winter Warmth programme, offering

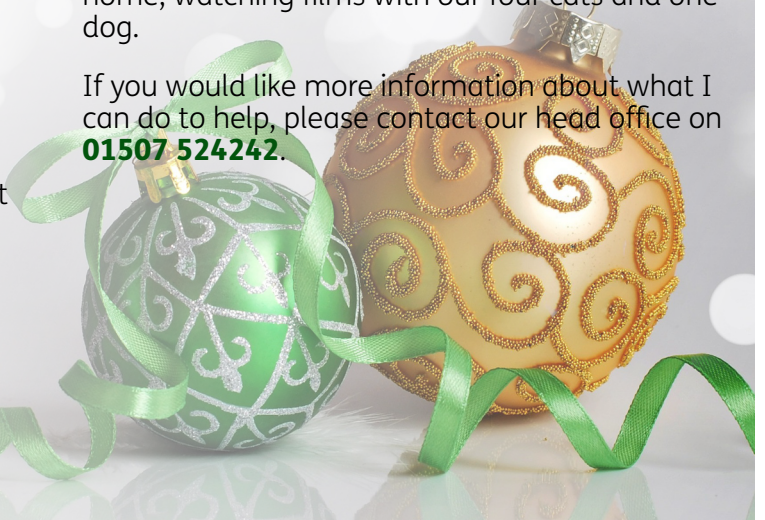
free home energy checks and the fitment of products such as night lights, energy-efficient light bulbs, draught excluders, letter box seals and radiator reflectors to help older people stay warm and save money this winter.

Another lockdown notwithstanding, I'll be able to visit eligible people in their homes to do home energy checks, assess individual needs and fit the recommended products. I'll also be promoting

Smart Meters, explaining what they are and why they are such a good idea.

Outside of work I keep busy with my love of films, something I've managed to pass onto my family. So, if we're not at the pictures, we can be found at home, watching films with our four cats and one dog.

If you would like more information about what I can do to help, please contact our head office on **01507 524242**.



The Big Knit



Huge thanks to everyone who contributed to our Big Knit campaign. You knitted an incredible 16,590 hats, raising £4,147.50 towards helping us to keep older people safe and well this winter. But it doesn't stop there! The generous folk at innocent - our sponsors for the fundraiser - have very generously agreed to extend the deadline for us to send in hats, and increased our target.

So please keep knitting, crocheting and sending in your hats, to help us reach our new target of **25,000** little hats by **June 30th 2022**.

To find out more or obtain patterns, please visit our website: www.ageuk.org.uk/lindsey/get-involved/fundraising/the-big-knit/ or call **01507 524242**.

Age UK Lindsey Shops



Our new shop in Tattershall was officially opened on 30th October (which is why the staff are all dressed as witches!) by our CEO Andy Storer. We raised more than £170 from a cake sale and it was fantastic to welcome so many shoppers to our fabulous new store.

All of our shops are now fully stocked with a lovely range of Christmas trees, lights, decorations and cards. They're more popular than ever, so it's advisable to head to your nearest store before we sell out! Our Woodhall Spa shop will be open for late night shopping on Friday 10th December and we're planning to reopen our Horncastle shop before Christmas.

All Age UK Lindsey shops will close for the Christmas break at 4pm on 23rd December and reopen on the 4th Jan 2022.

Sudoku

		9				4		8
	4	3			2			
9	5							
	2	7		6	4			
			9	8	3			
				2		7		
	7	6		9			5	
		2		7		8		3

3	9				4		2	
					3			4
				6	1		9	
			5	9		7	6	
		6						
4								9
6		1						2
		2		3			5	1



Food Quiz Answers

1. Choux pastry
2. Mushroom
3. Veal
4. It's served raw
5. Tomato juice
6. Beef Wellington
7. Red wine
8. None, they're made from cheese!
9. Tayberry
10. Vermicelli
11. Bacon
12. Blood

TED Friendship Groups

TED Friendship Groups are places of welcome for anyone over the age of 50. They provide an opportunity to meet with others in the community over refreshments and an opportunity to take part in social activities.



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ted@lincsymca.co.uk
 01529 301966
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AWOC – Ageing Without Children

Currently meeting fortnightly on Zoom, held on Tuesdays from 4:30-6pm. AWOC works with individuals and organisations to raise awareness, provide support and create a society in which those ageing without children feel recognised and understood. This Friendship Group is open to individuals/couples who are ageing without children and the group members help to develop the content of the meetings, including a timetable of guest speakers.

Mablethorpe – Hope House, 97 Victoria Road, Mablethorpe, LN12 2AL
 Meet fortnightly on a Tuesday afternoon from 2pm to 3.30pm.

Skegness – The Storehouse, North Parade, Skegness PE25 1BY
 Meet weekly every Tuesday from 1pm to 3pm.

Horncastle – Over 50s Youth Club
 Horncastle Community Centre, Manor House Street, Horncastle, LN9 5HF
 Meet weekly every Wednesday from 1.30pm to 3pm.

Binbrook – The Plough, Back Lane, Binbrook LN8 6DE
 Meet on the 3rd Friday of the month from 10.30am to 12pm



TED is funded by the National Lottery Community Fund - Managed by YMCA Lincolnshire



Try the Internet at Home for Free



Are you interested in exploring what the internet has to offer or would you like to video call your loved ones who live far away? We can help you! The service is

completely free, so you can find out if the internet is for you, before spending any money or making a commitment. We provide you with everything you need to get online on a 6-8 week loan basis, including a tablet computer and connection to the internet. We also offer tailored support, to get you started.

Please register your interest by calling **01507 524242**.

Christmas Film Quiz

1. What was the name of the angel that helped James Stewart in 'It's a Wonderful Life'?
2. What was the name of the department store in 'The Miracle on 34th Street'?
3. Who starred as a desperate dad in 'Jingle all the Way'?
4. What was the name of the Grinch's dog in 'How the Grinch Stole Christmas'?
5. What was the name of the character played by Macaulay Culkin in 'Home Alone'?
6. Which actor played 'Buddy' in the film 'Elf'?
7. Who plays the train's mysterious conductor in 'Polar Express'?
8. 'There glows the neighborhood!' is the tagline for which Christmas movie?
9. What was the name of the family featured in 'National Lampoon's Christmas Vacation'?
10. Who starred as the British Prime Minister in 'Love Actually'?
11. 'Little Women' was about four girls called Jo, Amy, Meg and Beth. What was their surname?
12. What is the name of the famous Christmas song in the film 'Meet me in St. Louis'?

Community Outreach



David and the team have been busy out and about over the last couple of months with our mobile outreach project. The Outreach Bus has visited and assisted people across the area, with more dates planned for December.

If you'd like to join us and find out more about our services, or see how we can help you to use digital devices and access the internet, we'd love to meet you. All upcoming dates are listed below, more details can be found on our website, or by calling **01507 524242** and asking to speak to David.

Thursday 2nd 10am - 2pm	Horncastle Market with Lincolnshire Police
Friday 3rd 10am - 3pm	Marshall's Yard, Gainsborough with Lincolnshire Fire & Rescue
Wednesday 8th 10am - 2pm	Co-op car park, Roman Bank with Lincolnshire Fire & Rescue
Friday 10th 10am - 3pm	Louth Market
Monday 13th 10am - 2pm	Across the Lincolnshire Wolds with Lincolnshire Police
Friday 17th 10am - 3pm	Lyndhurst Garden Centre, Burgh-le-Marsh

Season's Greetings

About Age UK Lindsey

Age UK Lindsey is an independent local charity, working to promote and improve the well-being of older people in East Lindsey, West Lindsey and North Lincolnshire. To find out how we can support you to live a better later life, visit our website www.ageuk.org.uk/lindsey or call **01507 524242**.

General Enquires

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Website www.ageuk.org.uk/lindsey

Reg. Charity Number 1079691 | Company Number 3917990

Supported in East in Lindsey by:



TED is funded by the National Lottery Community Fund and managed by YMCA Lincolnshire.