RULES

- 1. The competition is open to any resident in the county of Lincolnshire aged 50 or over on 1st January 2019
- 2. The subject matter must be one of the listed titles.
- Essays/Poems must be no longer than 1,750 words.
 Essays/Poems over 1,750 words may be disqualified.
 Typewritten work is preferred but handwritten entries are acceptable and must be clear and legible. Entries will be typed and sent to you for authorization to be submitted.
 Entries may be e-mailed by contacting the relevant Age UK
- 4. The competitor's name & address should not appear anywhere on the essay/poem. Entrants should complete the application form on the reverse side of this sheet and attach it to their essay/poem.
- 5. The competition is intended for amateurs.
- 6. Only one essay/poem per entrant.
- 7. The entry must not have been printed or published previously
- 8. Age UK reserves the right to publish the entries.
- 9. The closing date for the competition is Friday 27th April 2019.
- 10. Please send your entries to your local Age UK

Age UK Lindsey

The Old School House Manor House Street Horncastle

Lincolnshire LN9 5HF

Tel: 01507 524242

Age UK Lincoln & South Lincolnshire

Park St Activity Centre

Chantry House 3 Lincoln Lane

36, Park Street Lincoln

Boston

LN1 1UQ

PE21 8RU

Tel:01522 696000

Tel: 01205 364161

Age UK Lincoln & South Lincolnshire and Age UK Lindsey

Writing and Poetry Competition 2019

If you are aged 50 or over on 1st January 2019 and live in Lincolnshire then this competition is for you

The 2019 competition offers writers and poets alike the following 5 titles to choose from

- 1. Mother Nature Winter to Spring
- 2. The unwanted gift
- 3. Am I old?
- 4. What the dog did
- 5. The show must go on



WRITING & POETRY COMPETITION 2019

Age UK Lindsey and Age UK Lincoln & South Lincolnshire are pleased to invite you to take part in the annual writing and poetry competition.

NOTES FOR ENTRANTS

The competition is open to anyone over the age of 50 on 1st January 2019 and residing in the county of Lincolnshire.

In the preliminary round of judging the five best essays/poems from each of the two Age UKs in Lincolnshire will be put forward for final judging.

This year each Age UK will select 5 finalists and the winner will be chosen by our sponsor Lance Publishing.

The winning entry may be awarded at local level at the discretion of each Age UK. You will be notified by your local Age UK after the closing date.

1st Prize Sponsored by Lance Publishing

£100 Amazon Books / Kindle voucher and the Marie Fox Memorial Cup

(held for one year)
PLUS—A One to One Q&A with published
Lincolnshire author James Hazel

A Presentation Day will be held in the autumn for the County Winners.

Please read the competition rules on the back of this leaflet.

Send your entry to your local Age UK at the address on the back of this leaflet. If you are not sure which Age UK covers your area please ring the office nearest to your postal address.

Thank you for taking part and good luck with your entry!

AGE UK WRITING & POETRY COMPETITION 2019 ENTRY FORM

	Name
	Address
	PostcodeTel
	E-Mail
	I have read and agree to abide by the rules of the Age UKs in the Lincolnshire Writing & Poetry Competition.
	My essay/poem title is
	My essay/poem contains approx words
rig Ri ar	submitting an entry for the competition, you confirm that: you are the author / copy the holder and that its reproduction by us will not infringe the Intellectual Property ghts, privacy or any other rights of any third party. You entitle us to reproduce the twork in any/all media in perpetuity at no cost to us. You agree to participate in publity, should you submit a winning entry.
sc ur the	consent to my name and contact details being retained by your local Age UK for the purposes of contacting me about my entry to the essay writing competition. Inderstand that my personal details will be destroyed one month after the winners of ecompetition are announced. For more information about your rights and how we see your personal information safe, see our privacy policy on our website.
Please tick the box below if you would like us to retain your data that we can inform you of any future competitions.	
	Signed
	Date
	550 1 14 41 1 6 141 41 41 41 41 41

Please submit this form with your entry no later than Friday 27th April 2019