**Age-friendly London Action Plan –**

**Suggested actions by older Londoners’ groups to support the Plan**

**Margit Physant, April 2024**

1. Promote meaningful consultations:
   1. Identify good practice and share via [London Councils website](https://www.londoncouncils.gov.uk/our-key-themes/health-wellbeing-and-care/older-people-best-practice-london)
   2. Explore potential for [Talk London](https://www.london.gov.uk/talk-london/) to become more inclusive
2. Promote street-auditing of High Streets
3. Minimise impact of scooters and bikes on pavement users
   1. Connect older people with [Streetcare](https://streetcare.tfl.gov.uk/) reporting tool
   2. Liaise with TfL, rental companies and Met Police
   3. Explore solutions to reduce risks from floating bus stops
4. Promote Mental Wellbeing:

Recruit older people and people in contact with them as [Mental Wellbeing Champions](https://www.london.gov.uk/who-we-are/what-mayor-does/priorities-london/londons-recovery-coronavirus-crisis/london-partnership-board/recovery-context/mental-health-and-wellbeing)

1. Promote Walking

Establish walking groups building on Age UK London’s ParkWalks and U3A groups

…and some general actions:

1. Set up a small group to track and report on progress of Action Plan
2. Develop communications plan with GLA officials and disseminate updates etc via networks

\* This action is particularly important for reasons explained in my recent [blog](https://ageing-better.org.uk/blogs/mayoral-elections)

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