What makes an Age-friendly City?

There are over 2 million Londoners over the age of 50 who make a huge contribution to our capital’s economic, cultural and social life. Yet despite making such a valuable contribution to their city, one in four older Londoners currently live below the poverty line, which is twice the national average.

Age UK London are campaigning to make London a truly Age-friendly City. The World Health Organisation has outlined eight key areas that make up an Age Friendly City, read on to learn all about them:

**Housing**

All Londoners should live safely and securely in a property that suits their needs. This is an essential quality of an Age-friendly City.

**Did you know?**

The number of older private renters in London will double by 2039.

**Transport**

An accessible and affordable transport network that works for all ages is a vital feature of an Age-friendly City.

**Did you know?**

Currently just 28% of the Tube network has step-free access.

**Community Support and Health Services**

Comprehensive health and support services are vital to maintaining the health and independence of older Londoners.

**Did you know?**

300,000 Londoners over the age of 50 provide unpaid care.

**Social and Community Participation**

All older Londoners should have a range of accessible and affordable opportunities to participate in their local community.

**Did you know?**

40,000 Older Londoners are described as “chronically lonely”.
Civic Participation and Employment

An Age-friendly London will recognise the valuable contributions older Londoners make as employees, volunteers, and community leaders.

Did you know?

Older Londoners contribute £47 billion to the capital’s annual economy.

Outdoor Spaces and Public Buildings

The condition of public spaces directly affects older Londoners’ mobility, independence, and quality of life.

Did you know?

44% of Londoners aged 80+ won’t leave the house on any given day.

Communication and Information

The ability to receive timely and practical information to help manage life and meet personal needs is vital for active ageing.

Did you know?

450,000 Londoners over the age of 55 have never used the internet.

Respect and Social Inclusion

An Age-friendly City will see all older citizens treated with respect and courtesy by a society that is considerate of their needs and respects their contributions.

Did you know?

25% of 18-34 year olds believe it is “normal” for older people to be unhappy and depressed.

Learn more!

To find out more about Age UK London’s work to make London an Age-friendly City, head to www.agefriendlylondon.org.uk