

Protect yourself this winter – get your flu jab and check which other vaccines you're eligible for.

If you're aged 65 and over, you can get a free flu jab this winter.

You may also be eligible for other jabs that can protect you and those around you against shingles, pneumonia, RSV or covid.

For more information contact **119**
Or visit **nhs.uk/wintervaccinations**

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