

# Newsletter

### Summer Edition 2018

Welcome to our Spring newsletter – so much has been happening to tell you all about and so much to come too! We are pleased to say that we are attending many different events, raising money and awareness of the services we offer for older people in the Borough of Maidstone.



Age UK Maidstone exist to promote the welfare of the older people living in the Borough. With all the events we plan and attend, our aim is to raise money to support our free services and to ensure people know where to come for the help when they need it.

# Give a day in May

### What we got up to during our May campaign



Our resident buskers Jacky and Phil took to Week Street on Saturday 26th May. The pair entertained shoppers all afternoon and were able to raise £144.50 in the process. Wow, that's amazing! Keep up the good work!

Cliff and Carol hosted another quirky quiz night on Friday 25th May at The Walnut Tree, Loose, in aid of Age UK Maidstone. They had a good crowd of quizzers and raised over £150 by the end of the night. Thank you both for your continued support!





This years team entered the World Custard Pie Throwing Championships with high hopes of taking home the gold after coming runners up at last years competition.

Dan, Steph, Sam and Cloe were all eager to get flinging and scare away the opponent's but unfortunately didn't quite make It to the final.

Everyone had a fantastic day never the less and Councillor David Naghi, Mayor of Maidstone was pleased to get a quick snap before our team was covered in batter.

We also raised over £150 on our tombola stall :D

Are you inspired by Cliff's and Carol's quiz night or have a fundraising idea to help the older people in your community? Contact Karen Kennedy on 01622 753618 or pop into the Age UK Maidstone office in Mill Street.

# Good News

From the 21st - 25th May, Wendy, our Befriending Manager donated five days of her annual leave to spend time raising awareness and doing something positive to alleviate the feeling of social isolation and loneliness. **So far Wendy's and her volunteers have raised over £1,200.00.** How incredible!

The West Kent Befriending Service is a project of Age UK Maidstone and provides free face to face visits by volunteers to older lonely people within the community. In the past four years they have received over 600 referrals to the service.



If you, or someone you know are experiencing loneliness, call us on 0800 048 4668



### **Knitting up a Storm!**

After being stuck indoors when the snow came in February, Carol taught Velsha how to knit an innocent smoothie hat to pass the time... Now the pair can be seen knitting little hats all over the country.

Inspired by the joy their mother got from attending an Age UK day centre, they decided they wanted to give a little back and help others. They said the day centre was a huge

part of their mum's life and it kept her going so this is a way to say thank you whilst indulging a hobby. Carol, due to a weakness in her wrists can no longer knit full size garments so the hats allow her to continue her passion and do something worthwhile. Together, for the 2018 campaign they have knitted 323 little hats of varying designs, including poppies to commemorate 100yrs since the end of WW1 to ninja turtles and frogs. The sisters find great companionship as they knit, with fellow travellers asking what they are knitting for. They are of course for the Innocent Big Knit campaign that has been running for over ten years now.

Every year we see more fantastic and unique designs from the army of knitters that join this project for Age UK's up and down the country. Innocent donate 25 pence for every little hat knitted to benefit our older people in the community. Our target for this year is 2000 little knitted hats! Join our Woollen Army and get knitting today:D

## What's On

Keep up to date with all our up and coming events

**30th July 2018** — World Friendship day— take the pledge to talk to at least one person you don't know for 'its matters to natter'

**4th August 2018** — Parkwood Fete - We will be holding two stalls at this years fete. There will be a tombola, luck dip, selling bric-a-brac and homemade goods.

8th September 2018 — The BIG Charity Brewery Gig 2018 - We Are Back! This year it will be bigger and better than ever with an even better musical line up and fun for all the family. Held at The Rockin Robin Brewery in Boughton Monchelsea—tickets on sale now, see below.

**19th September 2018** — Talk Like A Pirate Day - We hope everyone had a fab time last year dressing up as pirates. This year you'll find us at Jubilee Square in Maidstone town centre with more pirate fun... Shiver me timbers ...argghhh!

**28th September 2018** — Quiz Night - The Walnut Tree, Loose - Hosted by Carol and Cliff in aid of The Goodman Centre.

**13th October 2018** — Quiz Night - Get your thinking caps ready for this one! Madginford Hall, Bearsted. — Tables of 6, £8.50 pp includes a ploughman's supper.



We're back for another year of great live music, local Craft beer, tasty food, fun and games to keep the whole family entertained at a venue like no other!

(Including the dog...)

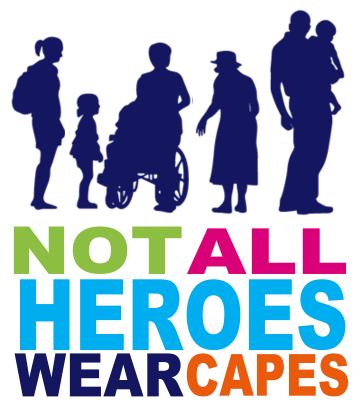
SEPTEMBER 8TH 2018
1pm-8pm
Rockin Robin Brewery

\*\*TICKETS ON SALE NOW\*\*

www.wegottickets.com/f/11706

LIVE MUSIC | FOOD & DRINK | FAMILY FRIENDLY | GAMES | WIN PRIZES

Call Us On 01622 753618



Everyday we continue to support and help enhance the lives of many older people living in Maidstone.

There are many reasons why people volunteer with us. You might want to connect with your community or meet new people, gain new skills, boost your cv, improve your health and well-being or most importantly want to change the lives of older people living in your community.

Become a Hero today and join the team at Age UK Maidstone

### **WE'RE HIRING!**

## Information and Advice Coordinator

We are seeking an information and advice coordinator to support the older people, their carer's and families in our community with free information and advice.

You will take a variety of inbound enquiries in the office, on the phone and through email, so we must ensure the right candidate has excellent communication skills.

This includes appointment making, form filling, performing benefit checks, dealing with housing applications and tenancy rights, hospital discharge and social care arrangements, attending events and being able to continue to support the charity's work and purpose appropriately.

Do you know someone who might be suitable?

Apply by visiting www.ageuk.org.uk/maidstone

### **TOP TILER! -** *Call James on 07980 790701*

James Cadman is a well established professional tiler/handy man from Maidstone that has risen to success within the tiling industry through **sheer dedication** and **customer service**. It is the quality of his tiling and the rates he offers that have given him the signature of approval to join our **Trusted Traders Register**. No matter what size the job James will ensure maximum **customer satisfaction** on completion of his work. James can do anything from walls and floors to under floor heating and general handy man services around the home.



### Like, tweet and follows us at Age UK Maidstone

#### Have you used a local tradesman and were pleased with the results?

We are always on the look out for local tradesman who have delivered a good standard of work for our Trusted Traders Register.

This is available for everyone. Pick up a leaflet in our Mill Street office or visit our website by searching Age UK Maidstone.

#### Did you know?...

Age UK Maidstone employ gardeners to help with all kind of garden jobs, from weeding and grass cutting to patio cleaning and guttering...

Call us on **01622 753618** or visit www.ageuk.org.uk/maidstone



### **Summer Time Special**

W	S	Y	N	J	Р	D	U	R	G	В	M	S	Ι	D
А	С	А	Р	0	L	L	Ε	Ν	А	Р	Ε	С	0	W
V	U	D	J	Q	Y	М	W	F	W	W	Ε	А	R	Q
Ε	K	Ι	F	Z	М	V	S	W	G	С	Q	Z	С	Τ
S	L	L	Н	U	М	Ν	М	L	R	D	Р	В	Р	Н
N	Χ	0	S	D	N	А	S	Ε	А	K	F	J	В	D
K	J	Н	V	K	С	F	А	Ι	W	D	Χ	U	Q	Н
R	Р	D	Ι	Н	V	М	S	Q	R	С	N	L	Χ	Ν
0	В	В	G	А	Χ	Y	F	А	K	Ε	Р	А	Q	L
0	V	W	F	F	L	0	S	A	R	А	Р	K	S	W

Summer
Beach
Waves
Parasol
Sand
Daisy
Sandals
Pollen
BBQ
Holiday
Ice-cream