

## **HOLMFIELD NEWS**

Manchester

March 2017

# Welcome to our Spring Issue!



We think it is nice to produce a regular newsletter for the residents of Holmfield and their families and friends. We have lots of things going on and everyone is very welcome to join in but its easier for you to do this if you know what is happening! We welcome suggestions for our newsletter and we try to include lots of pictures and information that you will find interesting and useful.

#### Welcome to this Spring edition of our newsletter!







### **Spring**

Open the windows and open the door And let the fresh breezes blow in, blow in. Jack Frost has gone to his home in the north And all of a sudden it's Spring

There will be lots of exciting activities going on over the next couple of months.

We have lots to celebrate such as Mothers Day and Easter.

Some Dates For Your Diary



Monday 13th March Lets party with Musical Delights	2pm
Friday 17th March Musical entertainment with Terri & Bill	2pm
Monday 20th March Come & enjoy the sooth- ing sounds of Rebecca Ray	2pm
Tuesday 28th March Musical entertainment with Wayne Allen	2pm
Monday 3rd April Time to get your body moving with Pulse	2pm
Thursday 6th April Ann from Christ Church will be here.	2pm

Come & join us on a Wednesday afternoon for Fun & Fitness with Beth.

Malcom & Rebecca host arts & crafts sessions every Thursday afternoon

# **February 01st: Dignity Action Day**

"Human Rights rest on human dignity. The dignity of man is an ideal worth fighting for and worth dying for."

Here at Holmfield we held our own event to mark the day and we enjoyed a fabulous day of activities and fun. We had a fabulous pamper morning taking place which seemed to be very popular.



In the afternoon residents enjoyed a traditional afternoon cream tea which seemed to go down very nicely. Then there was a dignity activity led our dignity lead which really got everyone thinking about what dignity means to them. All in all it was a great day!



Gold Standards Framework-Aiming For a "Gold Standard of care for all people near the end of life"

We have held our Gold Standards Framework award for 3 years which is an outstanding achievement. However we must now go through the reaccreditation period. If we pass the accreditation process it will give us the GSF award for a further 3 years.

Here at Holmfield we take great pride in ensuring all our residents are able to be involved in planning for future events.



Monday 13<sup>th</sup> March is the start of Nutrition and Hydration week. There's lots of information online on how we can promote good nutrition and hydration for everyone

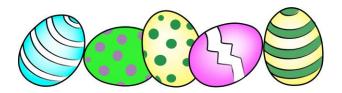


On Sunday 26<sup>th</sup> March we will be celebrating Mothers Day with all our wonderful mums. Do not forget the flowers and chocolates.





Easter Sunday will be celebrated on the 16<sup>th</sup> April this year. Ann from Christ Church will be coming in on Thursday 6<sup>th</sup> April to deliver a church service.





A team of volunteers from the Tesco have very kindly offered to come and spend some time at Holmfield. They will be joining us on Thursday 16<sup>th</sup> March and will be hosting a coffee morning. They will be bringing a selection of goodies for the residents to sample.

They will also be hosting a pamper session so if you want your nails painted or makeup done, then this is the place to be.





On Monday 8<sup>th</sup> May at 2pm SG Productions will be coming to Holmfield to perform a wonderful show called Roll out the Barrel.

There will be lots of singing and dancing to keep everyone entertained.

We will also have lots of sweets and popcorn too!



All of your suggestions and comments have been very useful to us so far. If you have any ideas about things you would like to see happening at Holmfield we would be delighted to hear them. We are keen to find out what our residents want and to get feedback from all of you!