



Age UK Manchester

**A relationship
for life**



● Day Care:

Available at our centres at Brunswick Village, Openshaw and Wythenshawe, Day Care provides an opportunity for people to get out and meet new friends, with door to door transport, support that matches their needs, nutritious food and refreshments, stimulating and engaging activities and friendly, relaxed company. Day Care also provides a respite opportunity for carers and encourages greater independence.

Contact the Day Centre closest to you for information:

Central Manchester – Brunswick Village: 0161 676 8705
North Manchester – Openshaw: 0161 205 3851
South Manchester – Wythenshawe: 0161 437 0717

● Home Care:

For over 20 years, our CQC Registered 'Good' Home Care Services have helped people remain independent in their own home with high quality care and support matched to their needs. Our team of experienced, trained and compassionate carers encourage and support clients to do the things they are able to themselves, whilst giving a helping hand with the things that are a challenge. Care is delivered in a consistent, friendly manner by trained, DBS checked staff.

Contact the Home Care Team closest to you for information:

Central Manchester – Brunswick Village: 0161 519 8868
North Manchester – Openshaw: 0161 914 9623
South Manchester – Wythenshawe: 0161 498 8266

● Scams Awareness and Advice:

We offer information and support on scams prevention to people aged 50+ in Manchester. You can also book a member of our scams team to give a talk at your community group.

If you have been targeted by a scammer, our team can provide a listening ear and support you. One-to-one scam advice sessions can be held in the comfort of your home.

If you are a professional, and would like to refer someone to the programme, you can get in touch for a home visit.

Contact our scams team for more information:

Telephone: 0161 833 3944

● Information and Advice Service:

Our expert advisors offer free information, advice and support specifically tailored to people aged 60 or over, on a wide range of issues, including benefit entitlement and claims, accessing social care services, identifying housing options and difficulty with utility bill arrears.

Contact the team for information about how they can help:

Telephone: 0161 833 3944
Available Mon, Tues, Thurs and Fri, 9am-4:30pm

● Counselling Service:

A free service available to help older people and carers of older people to explore and understand problems such as anxiety/stress, depression, bereavement, loneliness, self-esteem, trauma/abuse and ill health.

Contact the team for information about how they can help:

Telephone: 0161 833 3944
Available Mon, Tues, Thurs and Fri, 9am-4:30pm

● Holmfield Residential Care Home:

Holmfield is a registered residential care home for the provision of care in a relaxed, friendly environment for 26 older people.

The staff at Holmfield hold the Platinum Award on the Gold Standards Framework for high quality care given to residents nearing the end of life. Staff at the home also have particular interest and experience in providing high quality support to people with dementia. Wheelchair accessible transport is available at Holmfield to allow residents to get out and about with carer support.

Contact Holmfield for more information:

Telephone: 0161 434 1480

● Ageing Well Activities:

We offer a range of activities across the city for older people to share their skills and knowledge and learn new ones in peer led, social groups, including gardening groups, furniture upcycling, exercise sessions, arts and craft groups, computer classes, book and film clubs, and a social and support group for older LGBT people called Out in the City.

Contact us to find out what opportunities are on offer:

Telephone: 0161 833 3944

● Planned Retirement:


Through PRAGMA – The Planned Retirement Association of Greater Manchester (part of Age UK Manchester) – we are able to offer practical advice for those approaching retirement.

Retirement can be a challenging time and we have a team of specialist tutors who provide information and guidance about all aspects of planning for retirement and other mid-life changes.

We are able to help people make informed choices about their future by providing independent information that promotes good physical and mental wellbeing, positive relationships and strong social networks.

Contact the team to find out more:

Telephone: 0161 676 8709



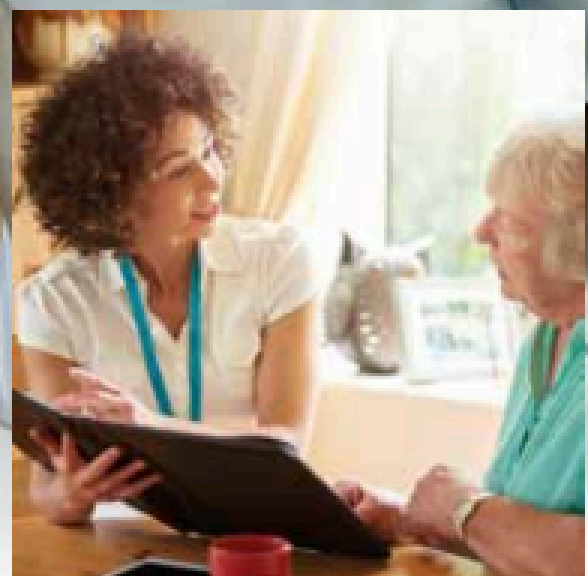
Services designed to offer a relationship for life

- Day Care
- Home Care
- Scams Awareness
- Information and Advice Service
- Counselling Service
- Residential Care
- Ageing Well Activities
- Planned Retirement

To find out more about these services or to discuss any other way we can help you or an older person you care about, contact us on:

0161 833 3944

www.ageukmanchester.org.uk
enquiries@ageukmanchester.org.uk



Age UK Charity
Quality Standard



Age UK Manchester is the working name of independent local charity Age Concern Manchester, Brand Partner of Age UK.

 national association
for hospice at home

Age Concern Manchester (Care) Ltd is a wholly owned subsidiary of Age Concern Manchester, a charitable company limited by guarantee and registered in England (registered charity number 1083242 and registered company number 4075099).

the gold standards
framework
Accredited
Platinum 2019-2022

