**Volunteer Role Outline**

**Walker Befriender**

**Purpose of the role**

Supporting clients to keep healthy and active by taking them for short walks.

**Key Tasks**

* Meet with the same client on a weekly basis at their home, supporting them to go on a short walk (around 20 minutes)
* Maintaining records of client contact and sending this to the relevant staff member
* Maintaining client confidentiality
* Attending induction and ongoing training
* Attending volunteer meetings
* Keeping in regular contact with your Line Manager
* Attending supervision and reviews
* Working within policies and procedures of Age UK Merton

**Skills we look for**

* Mobile, able to walk for up to 20 minutes
* Listening skills
* Understanding and empathy with the needs of older people
* Ability to empower and promote independence
* Ability to adhere to boundaries
* Ability to be open minded and non-judgemental
* Ability to be friendly and patient
* Reliability, punctuality and trustworthiness
* Ability to read between the lines and, with appropriate training, identify instances where the client needs to be referred back to the organisation for assistance with specific issues
* Ability to risk access situations
* Good communication skills especially in English
* Ability to maintain written records
* Agreement and ability to work within organisational policies and procedures
* Availability of 6 months and over preferred