
Free telephone friendship service



**We all need
someone to
talk to, someone
who listens
and someone
who cares**

Would you like to receive a regular phone call, once a week for a friendly chat? Call in Time is a free telephone friendship service run by Age UK for people aged 60 and over.

Not having someone to talk to regularly can be lonely and isolating, particularly if you're used to sharing your home and time with others. A friendly weekly chat on the phone can make all the difference.



‘The weekly call
**brightens up
my day** and puts
me in the right
mood for the rest
of the week’

How the service works

You will be matched with a trained and supported volunteer who you can enjoy a weekly phone chat with, at a time that is most suited to you, and share stories about anything you are interested in.

‘I do love a good chat and my telephone friend is the perfect match. I love hearing about his family and travels, and finding out new things we have in common’



Next steps

If you, or someone you know, would benefit from the additional support a telephone friendship call could provide, please get in touch.

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Name:

Address:

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Postcode:

Telephone number:

Email:

We will only use the information you have supplied, to manage your enquiry and possible participation with Age UK’s telephone friendship service. For further details on how your data is used and stored visit www.ageuk.org.uk/help/privacy-policy

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