

**Peartree Centre office**  
Help and information  
01908 550700  
telephone enquiries

**Advocacy**  
01908 550700  
telephone support

**Befriending & Walking**  
**Befriending**  
Telephone calls and  
socially-distanced visits  
01908 557885

**Footcare Service**  
toenail-cutting and more  
open as normal  
01908 557883

**Fundraising team**  
01908 266696  
please get in touch, we'd  
love to hear from you

**Furniture store**  
6 Burners Lane MK11 3HB  
open  
01908 263838

**Independent Living Service**  
shopping, cleaning,  
gardening and  
handyperson, relief care  
sitting-service, toenail  
cutting in your home  
01908 557874

**Hospital Aftercare Service**  
01908 996073/4  
essential support

**Info & Advice,**  
incorporating community  
home visiting  
telephone service

**LiveLife**  
01908 973720  
regular support

**LiveLife**  
Milton Keynes

**Lunch clubs, Peartree**  
**Memory Clubs, DEGA**  
01908 550700  
closed due to re-open in a  
different format soon

**Technology Help**  
01908 550700  
telephone support

Registered charity 1079773

# Getting On

## We're here to help



Olive moved to Milton Keynes when she married an ex-serviceman who worked as a Bletchley Railwayman

Olive Moseley has always been a resourceful person. At the age of 14 she didn't last long as a maid for the local vicar's wife because promises over her working conditions were not kept. She later joined the Women's Land Army, working as a rat catcher, which she says she loved. Now widowed and aged 95, she is happy living independently in her own home, pandemic or no pandemic. Her daughter lives nearby, she has a supportive neighbour and she knows she can rely on Ruth Glanvill from our Independent Living Service. "When she's been I know the house is clean," says Olive.

When the strict Lockdown was imposed in March Olive was not too concerned as she knew she had good people to rely on. Drastic restrictions on socialising and daily routines affects people over 70 as much as younger people, whatever their health or financial situation. For many the ideal is to have a caring competent relative to rely on, preferably living nearby. When that is not available Age UK Milton Keynes can supply vital support. Our free Information & Advice Service is available by telephone, the Handyperson, Gardening, Relief Care sitting-service, toenail cutting at home and the shopping and cleaning services are all fully-functioning, within Covid-19 safety guidelines. Our charges start at £18 per hour. Now that it is permitted Ruth is able to stay for a socially distanced chat with Olive and maybe reset the clock on the cooker; whatever little job is needed. Please visit our website for details of our services or call 01908 550700.

## Welcome to our interim CEO



We are delighted that Bernadette has joined us. She also has many years experience of working with people affected by substance misuse and mental health issues.

Bernadette Ashcroft joined Age UK Milton Keynes in September 2020 and has been a CEO working in the voluntary sector since 2009. Bernadette says "I am delighted to have been appointed Interim CEO. Since 2009 I have led a variety of local Age UK charities across the country and I look forward to bringing my experience to Age UK Milton Keynes, to help improve later life for everyone in Milton Keynes and build on the excellent work of the charity during the Covid-19 crisis."



## Support during these difficult times

For many older people in Milton Keynes life has changed beyond recognition. The majority of our services have restarted and, even with covid-19 restrictions in place, we can provide practical and emotional support to local older people. We do not know whether another lockdown will be imposed, but please remember that we are here and will do our best to find a solution.



Our Peartree Memory Clubs co-ordinator sent out packets of sunflower seeds to all our club members in April so they could enjoy growing the plants "together". What a green-fingered bunch they are, as Bill [above] proves with his whopper!



Many of our clients are understandably reluctant to visit shops and other public places. Janet [above right] used to enjoy her weekly shopping trips with Independent Living Assistant Yvonne. Now Yvonne calls by to pick up her shopping list and does the shopping for her. "She is absolutely wonderful, so helpful," says Janet. "I feel I am covered all round."



We try never to forget that older people are the most important agents in their own lives, and that our task is to support them to have choice and control. Nora [above right] is missing her friends at our weekly lunch club in Bletchley, so her son Dave asked us to arrange a volunteer befriender for her. At Alice's first visit he brought out the best china and made it a very special occasion.

## Thank you for your lockdown clear out

We rely on your kind donations of unwanted, saleable items to raise vital funds in our shops. Our Kiln Farm, Bletchley, Olney and Stony Stratford shops have all re-opened, as has Wolverton Books which is now able to accept donations of books during opening hours. We are hoping to re-open three more shops at the beginning of November.



Stony Stratford is open but hours can vary, please check

## Help us raise funds and win £25,000 or a stylish Hyundai i10!

Nowadays it's easy to make a donation online and we charities need your support more than ever; please visit our website for details.

You can also sign up for our Weekly Lottery online at <https://www.theweatherlottery.com/charitiesHomepage.php?client=AGEMK>

Or if you prefer, why not buy a book of six Christmas Raffle tickets over the telephone on 01980 263838.

**Join Our £1 Lottery**

You Could Win  
**£25,000**  
Every Week!

26 October Draw Result

**2 9 7 0 4 4**

**Christmas Raffle 2020**

**FIRST PRIZE**  
£10,000 or a  
stylish Hyundai i10

**SECOND PRIZE**  
£1,000 or a luxury  
cottage escape

**THIRD PRIZE**  
£500

Every ticket helps Age UK support people in later life who need it most

Buy your tickets here.

Draw closes: 10<sup>th</sup> December 2020  
Draw date: 17<sup>th</sup> December 2020

ageUK

## Job vacancy

**Service Manager - £29,952 pa, 36 hrs p/wk**

We need someone with operational, commercial and people management experience, and who relishes a challenge, to lead and develop our vital Independent Living Service. Closing date 10/11/20. Details on our website or call 01908 557887/550700.



## Contact Getting On



Age UK Milton Keynes, The Peartree Centre,  
1 Chadds Lane, Milton Keynes MK6 3EB

t: 01908 550700

e: [info@ageukmiltonkeynes.org.uk](mailto:info@ageukmiltonkeynes.org.uk)

[www.ageukmiltonkeynes.org.uk](http://www.ageukmiltonkeynes.org.uk)