## **Charity Shop Locations**

**Dereham Furniture and More Store:** 31 Yaxham Road, Dereham,

Norfolk, NR19 1HR

**Telephone:** 01362 694 596

Opening Hours: Monday-Saturday 9am-5pm, Sunday 10am-4pm

**King's Lynn Furniture and More Store:** Unit 9 and 11, Paxman Road, Hardwick Industrial Estate, King's Lynn, Norfolk, PE30 4LJ

**Telephone:** 01553 762 860

Opening Hours: Monday-Saturday 9am-5pm, Sunday 10am-4pm

Visit our website for for more information: www.ageuknorfolk.org.uk

## How You Can Support Us



Age UK Norfolk is an independent, local charity. We raise our own funds and rely on local fundraising and the generosity of the public to help us provide vital services to older people and their carers throughout Norfolk.

#### Ways you can get involved and help Age UK Norfolk:

- Donate
- Volunteer with us
- Fundraise for us
- Shop with us

To donate to Age UK Norfolk or find out more about fundraising, volunteering or shopping with us, visit our website or call us: www.ageuknorfolk.org.uk T: 01603 787 111



# A guide to our services



Making Norfolk a great place to grow older

Registered as Age Concern Norfolk, Charity No: 1077097. Company No: 03783205 IDN785 07.18 Photo of D.Wakefield front cover by EDP

## **About Us & Our Services**

Age UK Norfolk is an independent, local charity. We have over 70 years' experience dedicated to supporting older people and their families living in Norfolk. We raise our own funds and rely on local fundraising to provide vital services across the county.

Our relationship with other Age UK charities allows us to share knowledge and expertise, and to actively promote the wellbeing of older people through collective national and local work.

We are proud to be making Norfolk a great place to grow older!

#### **Contact Us**

01603 787 111

www.ageuknorfolk.org.uk

#### **Head Office**

Age UK Norfolk, The Henderson Business Centre, 51 Ivy Road, Norwich, NR5 8BF

## Information, Advice and Advocacy



Our confidential FREE information and advice service is available to anyone aged 50 or over, their family, carers or professionals. Our experienced Age UK Norfolk advisers can help you plan for later life on a wide range of subjects including:

- Social Care Assessment
- Local services and support
- Norfolk advocacy
- NHS complaints
- Benefits and entitlements
- Management of household finances
- Funding and grants
- Lasting power of attorney

#### **Contact Us**

Our helpline is open Monday to Friday 10am-4pm

0300 500 1217

advice@ageuknorfolk.org.uk www.ageuknorfolk.org.uk

## Telephone Befriending ( )



Our Telephone Befriending service offers people aged 60 and over companionship by phone with a friendly, weekly call from one of our local volunteers or befriending co-ordinator to help ease feelings of loneliness and isolation.

#### Contact Us

To find out more and get connected

01603 785 223

befriending@ageuknorfolk.org.uk www.ageuknorfolk.org.uk

#### Norfolk Care Home Finder



Have you ever wondered what would happen if you or your family members needed to go into a care home? How do you find your way through the maze of choosing a Home and paying for it? Age UK Norfolk's Care Home Finder Service can help in just those circumstances.

Browse our dedicated website for current vacancies in care homes across Norfolk.

Visit our dedicated website today

norfolkcarehomefinder.co.uk

## Our Charity Shops



Our Furniture and More Stores in Dereham and King's Lynn are ideal bargain hunting grounds, filled with exciting and unusual items. We also stock a wide range of furniture, electrical items and white goods, all at incredible prices.

Please don't throw away your unwanted belongings - donate them instead. We'll even collect large or multiple items free of charge!

> Call 01362 694 596 to book your free collection of large items