

## Emergency Contacts

**If you are contacting us about an issue that is an emergency please contact the relevant emergency service:**

### **Norfolk Adult Social Services:**

For Emergency unplanned care needs: 0344 800 8020

Make contact online:

<https://www.norfolk.gov.uk/care-support-and-health/contact-our-social-care-team>

### **NHS Medical Help:**

Call 111 for Urgent Medical and Mental Health support that does not require you to present at A&E or call a paramedic.

Make contact online:

Get medical help - NHS 111

Ambulance - 999

### **Electricity:**

UK Power Networks (Ring 105 for Power Cuts) or 0800 3163 105 from mobile or landline - Available 24 hours a day, 7 days a week

### **Gas:**

If you smell gas call the Gas Emergencies Services for all areas on 0800 111 999

Available 24 hours a day, 7 days a week

### **Anglian Water:**

Water supply and sewerage service queries and emergencies 0345 714 5145

Available 24 hours a day, 7 days a week

### **Cruse Bereavement Care:**

Day by Day Helpline – 0808 808 1677

### **Samaritans:**

Helpline 116 123 (UK)

Available 24 hours a day, 7 days a week

### **Police:**

Call 999 in an Emergency

Call 101 to report non-Emergency issues