



## Singalong Memories

A stimulating and enjoyable activity for people living with dementia and their carers. An opportunity to meet others in a friendly and relaxed environment. Refreshments included.

**Forest Hall Library** 

**Every Thursday 2.00-**3.30pm Whitfield Road, Forest Hall. NE12 7LJ

**Cost: Free** 

For further information contact us on 0191 2877014

