



Dementia Connections Activities Volunteer

Project: Dementia Connections
Time requirement: Regular hours each week as agreed
Location: Across North Tyneside
Accountability: Head of Charity Services

Required training: General Volunteer Induction - **mandatory**
Dementia Awareness training - **mandatory**
Safeguarding Training - **mandatory**
Tailored training to support the activity

DBS (prev. CRB): Yes

What is the Dementia Connections Team?

The Team consists of Admiral Nurses and Dementia Coordinators who support those living with dementia and also their families and carers.

The Team provide emotional support, signposting and information on dementia and services.

We also support those living with dementia and their carers/families to access social activities and groups such as Memory Café's, singing, and other group social activities (quizzes, crafts, visits) and other activities requested by our customers).

Purpose of the role:

Activities may include Memory Cafes, activity groups (e.g. craft, music, history, singing and other memory stimulation groups), excursion groups and peer support groups. All activities provide a safe social space where people with dementia and their carers can come to socialise and take part in an activity.

The role will include a chance to chat and enjoy a cuppa with our customers as well as receive presentations and information from professionals, discuss dementia and receive information about relevant services.

Duties of the volunteer:

- Supporting people with dementia and their carers to engage and socialise with others in the group
- Provide support and basic information on dementia to people with dementia and their carers (training will be given)
- Support the facilitation of the activities including helping serve teas and coffees

Skills that are required/desirable:

- Good communication skills
- An awareness and understanding of confidentiality
- A sense of humour
- Understanding of and empathy with the needs of older people
- Patience and sensitivity
- Reliability as you will need to commit to weekly attendance
- To be respectful of the service user's individuality

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