Peer Support Group

For people with dementia and those that support them.

A group led by people with dementia for people with dementia!

<table>
<thead>
<tr>
<th>29th January</th>
<th>26th February</th>
<th>26th March</th>
<th>30th April</th>
<th>28th May</th>
<th>25th June</th>
<th>30th July</th>
<th>27th August</th>
<th>24th September</th>
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At The Exchange
North Shields, NE30 1SE
2pm—4pm
The last Tuesday of each month

Free to attend
Refreshments provided

To find out more contact Victoria Gouldsborough on 0191 2932749