

Come along to Killingworth Shopping Centre!

Find out what you can do to keep active Healthy & Safe in your local community

Support for Carers

Mental Health Support

Staying active

HEALTH & WELLBEING EVENT

Wednesday 29th January 2020

10am - 2pm

Debt & Financial Advice

Addictions

General Health



& Many More



Department for Work and Pensions



North Tyneside Council

