

# Helix Arts Programme

Local charity Helix Arts invites you to make art together as part of **Common Connections** a programme which brings people together by making art with artists. You can join a range of different artists every Tuesday. All of the art created in sessions will be shared online in a digital exhibition to celebrate on [www.helixarts.com](http://www.helixarts.com).

To sign up for the **Helix Arts Programme**, call us on **0191 287 7012** or email us at [Community.Development@ageuknorthtyneside.org.uk](mailto:Community.Development@ageuknorthtyneside.org.uk)

## Filmmaking

**Tuesday 16<sup>th</sup> March at 3pm**

Join artists Louise and Guilia to feel more connected online and explore simple film techniques. This taster leads into a project called 'Loose Connections' where the pairs will be working towards the creation of a short film together. No experience necessary. This session is for pairs only (friends or family members together).



## Mark Making

**Tuesday 23<sup>rd</sup> March at 3pm**

Take a line for a 'walk' with local maker Jessica and see where it goes! Sketching fun, no experience necessary.

## Sound & Voice

**Tuesday 30<sup>th</sup> March at 3pm**

Lindsay from NoizeChoir leads a session about having fun with voices and sound, experimenting in a relaxed way in your own space.



## Creative Mapping

**Tuesday 6<sup>th</sup> April at 3pm**

Get creative, get chatting & think about places and spaces in new ways and make a creative response with maker Jessica Kinnersley.

## Animation Part 1

**Tuesday 13<sup>th</sup> April at 3pm**

Ever wondered how a Disney film is created, or how cartoon characters can move on their own? Join animator Sheryl to find out how cartoons are made and have a go at yourself. You don't need to be an expert in art or great at using technology, Sheryl will show you how you can animate simple drawings, natural materials or even your favourite coffee mug.

## Animation Part 2

**Tuesday 20<sup>th</sup> April at 3pm**

Fancy creating a flip book, or finding out how to make a thaumatrope. Amazing animator Sheryl takes you step by step. A great skill to share with family! Sheryl will show you how you can animate simple drawings.

## Collage & Memories

**Tuesday 27<sup>th</sup> April at 3pm**

Explore the use of recycled newspaper, magazines & other materials from around your home with visual artist Claire. She will explore memories with you through collage.

