

Home from Hospital

The Age UK Home from Hospital service offers practical support and assistance to help you settle home safely on discharge from hospital.



We can help you:

- Increase your confidence
- Obtain information and advice to live independently
- Engage in community activities
- Ensure you have basic provisions
- Settle back into everyday life both practically and socially

Our service will support you post-discharge, enabling you to **regain your independence and improve your quality of life.**

Working in partnership with the NHS, Home from Hospital bridge the gap between what the Health Service and Social Services can provide.

Your Age UK Coordinator will work with you to help you achieve your goals, and will maintain regular contact with you to ensure everything is running smoothly.

"They were always helpful and nothing was too much trouble. I am now feeling positive about the future"

"My volunteer visits me weekly and we get on great, I look forward to his visits. I have achieved a lot with their help"

If needed, we can match you with a volunteer to offer short-term support, enabling you to settle into your home life and encourage you to become more independent and take the lead in managing your own care and wellbeing.

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For more information please call

0191 280 8484

Or email

customerservices@ageuknorthtyneside.org.uk
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Age UK North Tyneside is local independent registered charity and relies upon donations and the generosity of others.

To donate please visit: **www.ageuk.org.uk/northtyneside**