



# Memory Cafe

**Our Memory Cafe is a social group for people living with dementia and their Carers.**

**Come along and enjoy refreshments in a friendly atmosphere.**

**Where: Olives at the Station  
Whitley Bay NE26 2QT**

**When: Alternate Wednesdays  
10.00 a.m. to 11.30 a.m.  
(See overleaf for dates)**

**Cost: £2.60 per person**

**Where: Café My Place  
White Swan Centre,  
Killingworth NE12 6SS**

**When: Alternate Mondays  
10.30 a.m. to 12.00 p.m.  
(See overleaf for dates)**

**Cost: £2.60 per person**

For more information or to book, contact the Dementia Services team at  
**Age UK North Tyneside  
Bradbury Centre  
13 Saville Street West  
North Shields  
NE29 6QP**

**0191 287 7014**

# Calendar - Group will run on highlighted dates

Red dates group will meet in Whitley Bay

Green dates group will meet in Killingworth

## January

1 2 **3** 4 5 6 7  
**8** 9 10 11 12 13 14  
 15 16 **17** 18 19 20 21  
**22** 23 24 25 26 27 28  
 29 30 **31**

## February

1 2 3 4  
**5** 6 7 8 9 10 11  
 12 13 **14** 15 16 17 18  
**19** 20 21 22 23 24 25  
 26 27 **28**

## March

1 2 3 4  
**5** 6 7 8 9 10 11  
 12 13 **14** 15 16 17 18  
**19** 20 21 22 23 24 25  
 26 27 **28** 29 30 31

## April

1  
 2 3 4 5 6 7 8  
 9 10 **11** 12 13 14 15  
**16** 17 18 19 20 21 22  
 23 24 **25** 26 27 28 29  
**30**

## May

1 2 3 4 5 6  
 7 8 **9** 10 11 12 13  
**14** 15 16 17 18 19 20  
 21 22 **23** 24 25 26 27  
 28 29 30 31

## June

1 2 3  
 4 5 **6** 7 8 9 10  
**11** 12 13 14 15 16 17  
 18 19 **20** 21 22 23 24  
**25** 26 27 28 29 30

## July

1  
 2 3 **4** 5 6 7 8  
**9** 10 11 12 13 14 15  
 16 17 **18** 19 20 21 22  
**23** 24 25 26 27 28 29  
 30 31

## August

**1** 2 3 4 5  
**6** 7 8 9 10 11 12  
 13 14 **15** 16 17 18 19  
**20** 21 22 23 24 25 26  
 27 28 **29** 30 31

## September

1 2  
**3** 4 5 6 7 8 9  
 10 11 **12** 13 14 15 16  
**17** 18 19 20 21 22 23  
 24 25 **26** 27 28 29 30

## October

**1** 2 3 4 5 6 7  
 8 9 **10** 11 12 13 14  
**15** 16 17 18 19 20 21  
 22 23 **24** 25 26 27 28  
**29** 30 31

## November

1 2 3 4  
 5 6 **7** 8 9 10 11  
**12** 13 14 15 16 17 18  
 19 20 **21** 22 23 24 25  
**26** 27 28 29 30

## December

1 2  
 3 4 **5** 6 7 8 9  
**10** 11 12 13 14 15 16  
 17 18 **19** 20 21 22 23  
 24 25 26 27 28 29 30  
 31

