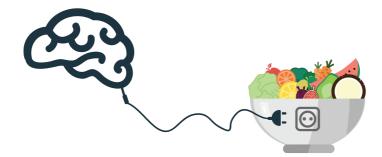


Research & Innovation Matters



NuBrain: Investigating Optimal Nutrition for Healthy Brain Ageing

📴 02/04/20 🕘 12:00-16:00 ♀ The Catalyst, 3 Science Square, NE4 5TG



- 12.00-12.20: Arrival and registration
- 12.20-12.30: Welcome and Introductions
- 12.30-13.00: Emma Stevenson: NuBrain: UK Consortium for Optimal Nutrition for Healthy Brain Ageing
- 13.00-13.30: Oliver Shannon: Oiling your cogs with a Mediterranean diet: It's a no brainer
- 13.30-14.30: Lunch
- 14.30-15.00: Dave Houghton: I have a gut feeling you'll want to listen to this talk
- 15:00-15:45: Round table discussions
- 15.45-16.00: Evaluations and close







The NuBrain consortium addresses key knowledge gaps to better understand the impact of nutrition on brain health. By bringing together expertise in areas like human nutrition, neuroscience and public health NuBrain aims to produce a significant change in research on nutrition and brain ageing. We engage with industry and retailers, government, policy makers, charities and the public to ensure that research findings are relevant.

This event is the first of a series of events organised by the NuBrain consortium, and aims to raise awareness of the new consortium and the most up to date research in nutrition for healthy brain ageing.

Want to come along? Register online at **voice-global.org**, or call us on **0191 208 1228**.



VOICE is a unique organisation, comprising a large network of citizens across the UK and internationally. Members contribute immense

insights, experience, ideas and vision to identify unmet needs and opportunities, to drive innovation on ageing and improve health research.

These events are housed at The Catalyst building, home to the National Innovation Centre for Ageing.

