

Are you an unpaid carer looking to return to work/training or education?

Are you in employment but are struggling to juggle caring responsibilities alongside work?

Are you considering leaving employment to care for a family member?

The Return to Work Project provides flexible support to carers from the age of 16. We work with you one step at a time, to help you achieve your potential through:

- One to one coaching
- Identifying and addressing any barriers
- Supporting with employability skills e.g. CV writing
- Matching you with potential employers or training providers
- Helping you understand your rights at work and know what support is available to help you maintain employment

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