



## Singalong Memories

A stimulating and enjoyable activity for people living with dementia and their carers. An opportunity to meet others in a friendly and relaxed environment. Refreshments included.

### St Columba's Church Hall

Every Monday 1-2.30pm  
30 Northumberland Square  
North Shields NE30 1PW

Cost: Free

### Springfield Community Centre

Every Thursday 1.30-3pm  
Springfield Park  
Forest Hall NE12 9AG

Cost: Free

For further information contact the  
Dementia Service team on 0191 2877014



# 2019



**St Colomba's  
Church Hall  
Every Monday  
1-2.30pm**



**Springfield  
Community Centre  
Every Thursday  
1.30-3pm**

**Age UK North Tyneside  
Bradbury Centre  
13 Sville Street West  
North Shields  
NE29 6QP**