

The FA
LEARNING

Premier League

EFL

ARMED FORCES COVENANT

Supported by players of
PEOPLE'S POSTCODE LOTTERY
Awarding funds from
POSTCODE COMMUNITY TRUST

ABF THE SOLDIERS' CHARITY

HELP for HEROES
Support For Our Wounded

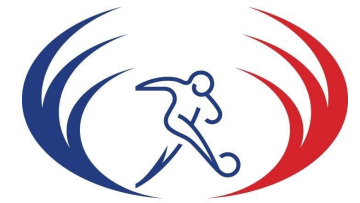
VF VETERANS' FOUNDATION

Sporting Force, Sapphire House, Aycliffe Business Park, Durham, DL5 6DS.

Freephone: 0800 050 9502 Email: info@sportingforce.org www.sportingforce.org

Charity Number: 1169441

FROM THE BATTLEFIELD TO THE SPORTS FIELD



SPORTING FORCE
From the BATTLEFIELD to the SPORTS FIELD

www.sportingforce.org



Sporting Force, working in partnership with the Premier League, English Football League and the League Manager's Association offer opportunities for ex-service personnel.

You can take part in:

- Weekly Training, coaching and fitness sessions, tournaments and league fixtures
- Social events, match day tickets, stadium tours
- Leadership, mentoring and employment skills programmes
- Volunteering

Training and qualifications:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- Level 2 Rugby Union Coaching Courses
- Football Association Level 1 and 2

There are no barriers to your participation.

The benefits for you are:

- Improved confidence and general well being.
- Meeting new people. Be part of a team again!
- Support and advice regarding employment.



At Sporting Force, our aim is to help you create your new life!

We know how difficult the shift into civilian life can be, especially if you are battling a mental or physical health problem.



BACK OF THE NET



Sporting Force has a simple mission to help ex-service men and women make the transition into life as a civilian through placements in the sports industry. Military life is active; by working with sports organisations we can offer opportunities that could reignite a passion and help create a new life outside of the services.

By working with football clubs we can offer education, coaching qualifications, exercise and social events to help relieve mental health and social isolation. We ensure that all the opportunities on offer are inclusive and can be adapted to meet the needs of our disabled veterans. Research has suggested that the two best self-help strategies are exercise and social support. For anxiety sufferers, exercise helps reduce worry, panic and other symptoms.

Sporting Force offers sport, exercise, camaraderie and being part of a team again, things that veterans all miss.



Join the Sporting Force Team

Veterans Onside will offer you the opportunity to pull on a strip and play for the Sporting Force Team under the banner of your favourite club.

Weekly training sessions and participate in a 5 a side league with regular competitions against other Veteran On Side Teams, Armed Forces Teams and Military Charity teams.

Can't play? You can still be part of the team. Train to be a coach, or become the Logistics Manager, Team Photographer, Treasurer or PR and Media, Social events organiser or Fund raiser.

Qualifications on offer include Level 1 and 2 FA coaching, PESS Supporting the delivery of sport and PE in an educational setting., multi skills, personal trainer.

From the Battlefield to the Sports Field



Goal 1—kick off the process, make the call to 0800 050 9502, email INFO@sportingforce.org or go to www.sportingforce.org and click the 'Register' button.



Goal 2—Engage with Sporting Force. Take part in an open day or social event. You will receive emails informing you of events near you. Check our Facebook, Twitter and Website regularly.



Goal 3—Participation in your local clubs offer, join a veterans football team, regular training and fitness sessions, volunteer, take part in training/ courses and continue to engage with Sporting Force.

If you want to get involved in other Clubs then we will help just let us know.

Our partnerships with the Premier League, League Manager's Association and English Football League spans across all 92 Clubs across the UK, and we will do our utmost to support you.

Football not for you then just contact us as we work With partners who deliver In all areas of sport



Sporting Force is the first step into your new life!