

Dementia Connections Activities Volunteer

Project: Dementia Care
Time requirement: 2-3 hours a week as required
Location: Across North Tyneside
Accountability: Head of Charity Services
Required training: General Volunteer Induction - **mandatory**
Dementia Awareness training - **mandatory**
Safeguarding Training - **mandatory**

DBS (prev. CRB): Yes

Purpose of the role:

Activities may include Memory Cafes, activity groups (e.g. craft, music, history, movement), excursion groups and peer support groups. All activities provide a safe social space where people with dementia and their carers can come to socialise, take part in an activity. They will include a chance to chat and have tea and cakes as well as receive presentations and information from professionals, discuss dementia and receive information about relevant services.

Duties of the volunteer:

- Supporting people with dementia and their carers to engage and socialise with others in the group
- Provide support and basic information on dementia to people with dementia and their carers
- Support the facilitation of the Memory Café including helping serve teas and coffees

Skills that are required/desirable:

- Good communication skills
- An awareness and understanding of confidentiality
- A sense of humour
- Understanding of and empathy with the needs of older people
- Patience and sensitivity
- Reliability
- To be respectful of the service user's individuality