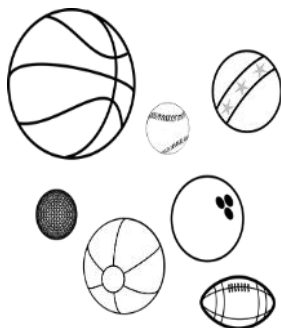




Walking Sports

For people aged 55 plus

Free!



Every Friday throughout

October

2pm-3pm

The Parks Sports Centre

North Shields

NE29 6TL

**Come along and play A fun range of walking sports
in A friendly and welcoming environment!**

Free refreshments after

For more information please
call Age UK North Tyneside

on

0191 287 7027

