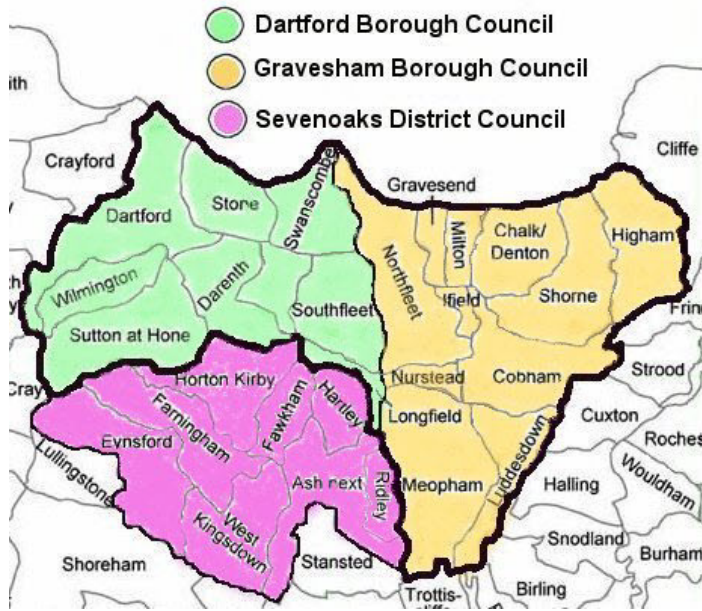


**Age UK
North West Kent**

Is formed by the boundaries of Dartford and Gravesham Borough Councils.

We extend our Community Services to parts of Sevenoaks District Council, including Swanley and South Darenth.



Community Services

'Serving the People of Dartford, Swanley, Northfleet, Gravesend, Swanscombe & Greenhithe'



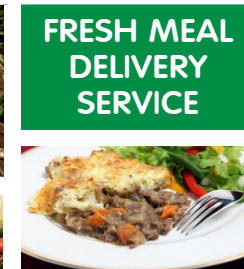
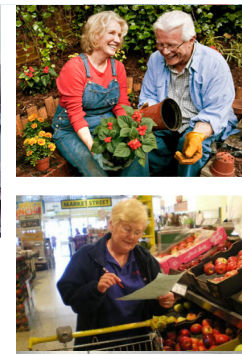
Community Services
Fleming Resource Centre
Clarence Row
Gravesend
Kent
DA12 1HJ

Contact us to find out more about our services and current charges

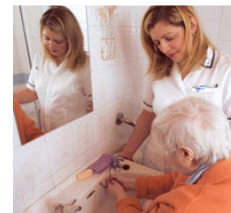
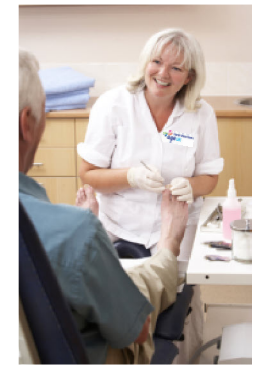
tel: 01474 564898 / 567131 (general enquiries)
01474 350525 (Fresh Meal Delivery Service)
fax: 01474 564300
email: community.services@ageuknorthwestkent.org.uk
web: www.ageuk.org.uk/northwestkent



COMMUNITY BATHING SERVICE



FRESH MEAL DELIVERY SERVICE



HOME SUPPORT SERVICES



**SIMPLY NAILS
Nail cutting Service**



COMMUNITY SERVICES

Age UK North West Kent was established as an independent charity in 2011. We work closely with local authorities, health services, social services and many other local organisations.

All of our staff are specially trained for the work they do. This training is regularly updated allowing us to provide a professional and friendly service.

Contact us to find out about our services and current charges.

COMMUNITY BATHING SERVICE

We can, in the privacy of your own home or at one of our day centres help you take an assisted bath, shower or a full body wash. We can also shampoo and towel dry your hair. Unfortunately we are not able to set or blow dry your hair.

Our Day Services are located at Dartford (Meadowside), and Gravesend (The Fleming Resource Centre).

The service operates Monday to Friday, but not on Public Holidays and is regulated by the Care Quality Commission.

SIMPLY NAILS SERVICE

This service provides a simple toe and fingernail cutting service, carried out by our NHS trained Community Health Workers either in the comfort of your own home or at the clinic, which is based in the Gravesend day centre.

HOME SUPPORT SERVICES

Our Home Support Services can help you live your life to the full in your own home by providing practical support with the following services:-

- Someone to take you shopping so you can browse for yourself or they can do the shopping for you
- Light general housework as well as deep cleaning
- Befriending Service which involves building a one-to-one relationship based on regular face-to-face meetings.
- Outings including accompanied visit to the theatre, cinema or a restaurant
- Assistance with going to the bank, your GP or the hospital
- Taking you to visit friends and family
- DIY including decorating
- Gardening - weeding - digging - lawn mowing
- 'Home from Hospital' helping you settle back home

We can do any of the above **and a whole lot more**

FRESH MEAL DELIVERY SERVICE



A two course freshly cooked meal using local produce, delivered to your home by our friendly staff, 365 days of the year.

Available 7 days a week or just for those days when you do not wish to cook.

Last orders before 10.30 for same day delivery. All dietary requirements are met.

Contact: **01474 350525 (Fresh Meal Delivery Service)**