

Move More with North Worcestershire ageUK



Hartlebury lets **Move More** **Mondays, 10.00-11.00am**

Hartlebury Parish Hall, DY11 7TQ



- Thanks to the support of the Healthy Worcestershire Programme, Age UK North Worcestershire has launched a 'Move More' Exercise Class
 - Mondays 10.00-11.00am
 - Hartlebury Parish Hall, Waresley Ct Rd, DY11 7TQ
- £5 a session. No need to Book. Equipment provided!

In partnership with Hartlebury Parish Hall

We hope you can 'Join Us' & together we can get 'Moving More'!

You can also find out more about our Move More classes (including hearing from our class members) by visiting our website www.ageuk.org.uk/northworcs/activities-and-events/