

Join us for a range of activities and classes in Redditch!

We'd love to see you!

There are a variety of activities and classes taking place at venues across Redditch, providing great opportunities to socialise, join in and relax in a friendly atmosphere!



YMCA Willow Trees Community Centre Loxley Close B98 9JL

- **Gentle Keep Fit** - Monday 11.00am-12.00pm
- **Art Group*** - Tuesday 11.00am - 1.00pm
- **Indoor Bowls** - Wednesday 2.00-4.00pm
- **Move More with Jermaine** (rhythmic gentle exercise to music) Thursday 11.00am – 12.00pm

* **Art Group** - Please contact our **Activities Coordinator** to first check that there are spaces available. Members are required to bring their **own art materials**

Christ Church

Ryton Close, Matchborough, B98 0EP

- **Move More with Jermaine** - Wednesday 11am-12,00pm

Ecumenical Centre

6 Evesham Walk, B97 4EX

- **Tai Chi** - Thursday 1.00-2.00pm

Webheath Village Hall

Heathfield Road, B97 5SQ

- **Gentle Keep Fit** - Wednesday 2.30-3.30pm

'Get Togethers' - Tesco Café (Redditch)

- We hold regular 'Get Togethers' for **Tea/Coffee and a Chat** at Tesco Café (Redditch)! For more information please contact our Activities Coordinator (Email: activities.coordinator@ageukbrwf.org.uk)

For more information please call

Email: enquiries@ageuknorthworcs.org.uk

Visit: www.ageuk.org.uk/northworcs

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