

The William and Patricia Venton Centre
Help, information and payments by card 8am - 5pm
01604 611200
telephone enquiries only closed to visitors

Telephone befriending
01604 611200

Carers sitting service
restarted for existing clients

Collaborative care
telephone support

Day centres
01604 604500
closed but re-opening soon, shopping and meal delivery service available

Extra Help at End of Life
open as usual
0330 123 1014

Gardening service
01604 611200

Fundraising team
01604 611200
please get in touch, we need your support more than ever

Handyperson service
01604 611200 or
07824 321 857

Home care cleaning service
01604 611200

Insurance/Trading Office
01604 631030

KGH support service
essential support
01604 611200

Money management support
01604 611200

Info & Advice,
telephone service
0300 303 3929 or
01604 611207

Toenail cutting service
Restarted with special arrangements

Business Directory
Find a local electrician, builder, plumber etc online
www.aubdnorthamptonshire.co.uk

Registered charity 1059995

Age UK Northamptonshire,
York Road, Northampton
NN1 5QG
www.ageuknorthants.org.uk

update Engage

Looking to the future



Sylvia says she is so glad to be back with her friends. She was "going stir crazy at home".

Age UK Northamptonshire, like all charities during these difficult times, has been drastically affected by the coronavirus pandemic. Our very survival depends on bringing our services back up to February levels, returning our shops to normal trading and increasing donations from our supporters. Most of our services have restarted and we have made changes to enable us to carry on supporting vulnerable older people through the pandemic and beyond.

Re-opening our day centres is a priority and we are thrilled to welcome

clients to new premises in Kettering. Manager Mark Morgan and his team restarted our Kettering Day Centre at the Rockingham Road Baptist Church rooms on 14th September. Our commitment to keeping our clients safe and abiding by Covid-19 restrictions means that we are operating with smaller numbers than previously. We are also observing social distancing guidelines and following strict hygiene routines.

Life is challenging for us all right now, but for many older people things are particularly difficult. A high proportion of our clients have been shielding, and leaving their home more often will bring with it some risk, but for many people the benefits to their mental and physical wellbeing will outweigh this. Remember you can call us if you need support, Monday to Friday 9am to 5pm on 01604 611200 or 01604 611207 9am to 12pm.

Welcome back to our charity shops



Shops Co-ordinator Yvette Prior is happy to wear a mask in our shops and says we welcome donations if you've had a lockdown clearout. Space is limited in our shops and it will take time to get back to normal, so please bear with us. Donated items must be quarantined and steam cleaned or sanitised.

Our shops in Kettering, Burton Latimer, Rothwell, Thrapston, Brackley, and St Giles Street and Kingsthorpe in Northampton, are open with social distancing and extra cleaning measures in place to ensure the safety of our customers, staff and volunteers. Far Cotton is due to re-open on 29th September.

We welcome donations of clothes, books, bric-a-brac and household items at all our shops during specified times. We need volunteers in Kingsthorpe - could you spare an afternoon or morning a week to help? Get in touch if you'd like to join our friendly team.

Get set to go in Northamptonshire

We are working to re-start the many activities we run for older people in the county. Taking part in Tai Chi or joining an art class is a great way for older people to regain their confidence, especially if they feel nervous about leaving their home. We are also organising a free 12-week Get Set Go project in Kettering, expected to start in early October. Get in touch if you or someone you know lives in the William Knibb ward and would like to join in gentle exercise and fun activities.



Call us about Tai Chi on Tuesdays at The Pastures Centre and Art Group on Thursdays at Abington Bowls Club, both in Northampton.



Our services enable older people to enjoy living independently. Whether you need a friendly, reliable person to clean the bathroom every week or keep the garden tidy, we can help. Gardener Dean Griffiths [pictured] says he loves to see the difference his work makes to his clients.



Our Social Prescribing Link Workers were unable to visit clients at home during the lockdown but they have been supporting clients throughout the pandemic. Wendy Ryan [pictured], is one of five Link Workers who work closely with local GP surgeries, helping to reduce demand on the NHS. By supporting people who struggle with some of life's daily challenges, we help them feel less lonely and improve their everyday living. Home visits are now permissible so Wendy and her colleagues are out and about once more, wearing face masks.

Products and Services Department

- * Stairlifts, Bathroom Adaptations
- * Full range of incontinence products – with delivery
- * Personal Alarms (Lifeline) – inc 24 hrs access to call centre
- * Simple Power of Attorney service - from £100
- * Single Wills - from £95
- * Pre-paid Funeral Plans - from £2,800
- * We will beat any existing home insurance renewal
- * We are working in partnership with BLR Distribution Ltd to offer secondhand mobility equipment and Oakley Health Care for new mobility scooters, recliners and adjustable beds

For further details please call
Roger Harris on 01604 631030



Fundraising needed more than ever

March and April's strict Lockdown has shown how much goodwill exists and what amazing things can be achieved when people get involved in their local community. We need you to help raise vital funds for us so that we can support vulnerable older people through the pandemic and beyond. Please visit our website to make a donation or get in touch if you are organising your own fundraiser!



Jo Bird [above left] says a huge thank you to Waitrose in Wootton and all their customers.



Thank you to Kevin Simons of Tetramass Ltd [above left with Chris Duff] for the supply of hand gel and a generous £100 donation to our Coronavirus Emergency Appeal.

Contact Engage magazine



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