

**The William and Patricia Venton Centre**  
 Help, information and payments by card 8am - 5pm  
 01604 611200

**Telephone befriending**  
 01604 611200

**Carers sitting service**  
 01604 611200

**Collaborative care**  
 01604 611200

**Day centres**  
 01604 611200  
 Northampton, Kettering & Daventry open

**Day Care at Home**  
 New service providing companionship at home  
 01604 611200

**Extra Help at End of Life**  
 0330 123 1014

**Gardening service**  
 01604 611200

**Fundraising team**  
 01604 611200  
 please get in touch, we need your support more than ever

**Handyperson service**  
 01604 611200 or 07824 321 857

**Home care cleaning service**  
 01604 611200

**Insurance/Trading Office**  
 01604 631030

**KGH support service**  
 essential support  
 01604 611200

**Money management support**  
 01604 611200

**Info & Advice,**  
 telephone service  
 0300 303 3929 or 01604 611207

**Toenail cutting service**  
 01604 611200

**Walking Befriending Service**  
 01604 611200

**Age UK Business Directory**  
 Find a local electrician, builder, plumber etc online  
[www.aubdnorthamptonshire.co.uk](http://www.aubdnorthamptonshire.co.uk)

Registered charity 1059995

Age UK Northamptonshire,  
 The William and Patricia Venton Centre, York Road,  
 Northampton NN1 5QJ  
[www.ageuknorthants.org.uk](http://www.ageuknorthants.org.uk)

April 2021

# update e-Engage

## Invest and reach more people



John says life is better with supportive friends.

But with the fantastic Covid-19 vaccination programme working its way through the age ranges, we are optimistic that clubs and services that older people enjoy in normal times will soon be open to them.

People's need for companionship and diverting activities does not disappear because there is a pandemic, and it is impossible to escape the fact that the recent necessary restrictions have caused untold hardship to many older people in Northamptonshire. Even the more confident among us are still waiting for normal family life and social events to restart.

We have played a major role in supporting local older people and their families during the past difficult year. In the period April 2020 to April 2021 we helped over 4,600 people in some way, making telephone calls, collecting prescriptions and shopping, carrying out over 20,000 individual tasks in total. We are investing in our services and expanding our Social Prescribing team in Kettering and East Northants. We have found new venues for our day centres, and services we provide in the home, such as Home Care Cleaning Service, Handyperson Service and Gardening Service, are busier than ever, often helping clients who are new to us. With your help we will rebuild our services and reach even more people, helping them stay independent. Please visit our website to learn more.

## It's an honour to support the NHS



Our 16 volunteers, like Pauline here, have provided over 270 hours of free support to the NHS at the Moulton Park Vaccination Centre so far.

Since Monday 1st February our volunteers have worked as Patient and Carer Liaison at the Northamptonshire Vaccination Centre in Moulton Park in Northampton. Whether it's providing a friendly, professional welcome at the main door or helping to keep the queues flowing, we try to ensure that patients are channelled efficiently through to the assessors and delays are kept to a minimum, especially when it's busy. Our volunteers are supporting the fantastic team effort on site, proud to be helping the NHS and ensuring that people's experience of the vaccination process is a positive one.

## Enjoying group activities with friends

Our day centres at The William and Patricia Venton Centre in Northampton, the Baptist Rooms in Kettering and Welton Village Hall re-opened last October. A new centre opened at Tove Valley Centre in Towcester on Tuesday 27th April and another will open at St Giles Community Centre in Northampton soon. Please call 01604 611200 for details.



One of the many benefits of attending our day centres is having the opportunity to have fun in a group and join in activities that you might not do at home. Manager of our Kettering day centre, Mark Morgan [pictured masked above right], is always thinking of new projects to keep his clients active. He says he knew they would enjoy planting up pansies.



Gerald celebrated his 90th birthday with his friends.

## Stay active and socialise safely with us

As if the benefits of taking regular exercise with our Lifetime Activities team were not enough, some of our clients were thrilled to receive a pair of fingerless gloves to help them stay warm outside. A big thank you to Northamptonshire Community Foundation's annual Winter Well-being appeal for their generosity.



Dez from Northampton says thank you for the great gloves

## Anne Goodman 1927 - 2021

Our friend, colleague and stalwart supporter, and a former President of Age UK Northamptonshire, Anne Goodman, passed away in February aged 93. She was a remarkable woman who did so much to make a positive difference in Northamptonshire. She will be sorely missed by many people.



Anne, pictured at our 2019 AGM with Barry Lilley

## Day Care at Home

Our fully-trained, patient staff can bring "the day centre experience" to a client's home. For £19 an hour a friendly, caring person will stay for a chat, providing company and support on a regular basis that can dramatically improve a vulnerable person's wellbeing. Our staff take the time to get to know their clients, encouraging them to do gentle exercise and play board games or other activities that interest them.



Wendie, Alex and Heidi from our Day Care At Home service.

## Key safes, grab rails and more

Our Handyperson Service carries out small jobs in the home that enable older people to improve their safety and security, and carry on living independently. See our website for details or call us on 01604 611200.

### Some of the work we can do:

- Handyperson jobs from £26 per hour
- supply and fit a grab rail for £31.50 (each additional grab rail £15.75)
- supply and fit a police-approved Supra C500 key safe for £92



## Fundraisers are needed more than ever

As a local, independent charity we really appreciate our Northamptonshire supporters. The "Big Knitters" are some of our most long-standing supporters, such as this lady who lives near Northampton. She asked us not to use her name but was happy to pose for a photo, which we are thrilled to share.



We have joined in the Big Knit every year since 2003. This year our target is to knit 10,000 little hats, each one raises 25p. You can drop your little hats off at the William and Patricia Venton Centre or our shops.

## Volunteers needed

Around 100 older people in Northamptonshire have been paired with a caring volunteer who rings them up for a chat on a regular basis. Our Telephone Befriending volunteers make a huge difference to their clients and say they find volunteering very rewarding.



Get in touch if you'd like to volunteer in one of our day centres or shops. Visit our website to see where help is needed, or call Alicia Cubitt on 01604 611200.

## Do it your way, for us!

Friday 30th April would have been Captain Sir Tom's 101st birthday. We're joining in the Captain Tom 100 fundraiser from Friday 30th April to Bank Holiday Monday 3rd May 2021 to celebrate Captain Sir Tom Moore's amazing achievements and raise vital funds for Age UK Northamptonshire.

All you need to do is dream up an activity of your choice based around the number 100 – and do it any time and anywhere over the bank holiday weekend.

Once you've decided what you're doing, you can fundraise or donate to Age UK Northamptonshire via Virgin Money Giving. <https://bit.ly/3e2xMAM>

Please get in touch and let us know what you're doing!

# CAPTAIN TOM 100

## DO IT YOUR WAY

## Anglian Water's Priority Services Register

We are working in partnership with Anglian Water to help older customers sign up for a free service.

Call Roger Harris on 01604 631030 to find out how to get help with:

- reading your meter
- support if there is an emergency or planned disruption to your water supply.
- receiving your bills in a larger sized font
- arranging for a trusted person to manage your account



Does someone  
rely on you for  
everyday  
support?

Sign them up to our  
Priority Services  
Register

love every drop  
anglianwater



Play our weekly lottery  
and raise vital funds

We launched our Make A Smile lottery in March 2021 and we've already had our first winner. Jo from Northampton was thrilled to receive a cheque in the post for £10. For £1 a week you have a chance of winning up to £25,000. Why not sign up to play!

<https://www.makeasmilelottery.org.uk/supported-charities/we-support-age-uk-northamptonshire/>

All proceeds from the lottery stay in the charity sector.



Winner Jo [left], with her cheque and Roger Harris, our Trading Manager.

### Contact Engage magazine



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[www.ageuknorthants.org.uk](http://www.ageuknorthants.org.uk)

**Terms & Conditions for make a smile lottery:** You must be 18 or over to play [make a smile lottery](https://www.makeasmilelottery.org.uk). Please play responsibly. Responsible gambling support: [www.begambleaware.org](https://www.begambleaware.org). make a smile lottery is wholly owned by St Helena Hospice, a charity working with other charities to raise much needed funds. Promoter: St Helena Hospice trading as make a smile lottery. St Helena Hospice Limited is licensed and regulated in Great Britain by the Gambling Commission under account number 4685 [www.gamblingcommission.gov.uk](https://www.gamblingcommission.gov.uk). St Helena Hospice is a company limited by guarantee. Registered in England and Wales Number 01511841. Registered Charity Number 280919. Registered Office: Myland Hall, Barncroft Close, Highwoods, Colchester CO4 9JU. make a smile lottery office: 6 The Atrium, Phoenix Square, Wyncolls Road, Colchester CO4 9AS. make a smile lottery Privacy Policy and Terms & Conditions can be viewed on their [website](#).