

### HOW WILL YOU SUPPORT OLDER PEOPLE IN NORTHUMBERLAND?



#### £5 will fund a Befriending Call

For just £5 you could fund a call to a lonely or isolated older person living in Northumberland



#### £15 will fund a Befriending Visit

£15 will pay for a trained & checked Befriender to visit an older person in need of company



# £20 will fund Information & Advice Call

Our Information & Advice team provide telephone support on a range of issues, from finding a checked and vetted trader, to welfare rights and planning for the future.



## £35 will pay for a day at our Day Centre

For those living in isolation, a day at one of our Day Centres is welcome relief. Our guests are collected from their home, receive a homecooked lunch and time to interact with friends and take part in activities.