

FRIENDSHIP

LAUGHTER

HAPPY MEMORIES

SOCIAL DAYS



READY FOR A CUPPA AND A CHAT!

We'd love to see you at our fun and friendly social groups.

What's on?

Every week is different at our social groups and you can get as involved as much as you like or simply have a cup of tea and a chat. Activities include:

- Board Games
- Arts and Crafts
- Music
- Trips Out
- Lunches and Events
- Visits from Local Groups
- Information and Advice

Who can join?

Anyone over the age of 50 who lives in Northumberland is welcome to join. We are a friendly, inclusive group.

Locations

Cramlington Community Hub
Manor Walks
Cramlington
Fridays, 9.30am - 11.30am

Ashington Age UK Northumberland
The Round House
Lintonville Parkway
Fridays, 1pm - 3pm

Bedlington Library
Glebe Road
Bedlington
Mondays, 1.30pm - 2.30pm

Morpeth Library
Riverside Leisure Centre
New Market
Fridays, 10am - 12pm

St Mary's Parish Centre
Wanley Street
Blyth
Tuesdays, 10am - 12pm

Amble Library
Middleton Street
Amble
Mondays, 10am - 12pm

St Mary's Parish Centre
Thornhill Road
Ponteland
Wednesdays, 10.30am - 12pm

Gardening Social Group
Woodhorn Museum
Ashington
Wednesdays, 10am - 12pm



For more information call us on:

01670 784 800

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