

Nottingham & Nottinghamshire age UK

EMPOWERING EXPERIENCED TEAMS

How to provide real support for your older team members AND our local community

Age UK Nottingham & Nottinghamshire is a registered charity number 1067881

Who we are

Nottingham & Nottinghamshire Age UK

We're the largest, local, independent charity supporting older, vulnerable people in Nottingham. We share Age UK's National brand, who lead on research and policy work, yet are wholly independent.
All funds raised in Nottinghamshire are applied in Nottinghamshire.

Our mission is to improve the lives of local older people through our diverse services.

We help over

40,000

people in Nottinghamshire annually.

Last year we helped secure over

£10.5m

in benefits for people in Nottinghamshire including Attendance Allowance

"I felt completely overwhelmed by the tasks required to help care and support my mother. ..Without (Age UK Notts) support I would not have accomplished so much so quickly"

- Service user



"You have been a tremendous support for both my dad and me. The knowledge and power you gave me to ensure my dad received the care he deserved and was entitled to was invaluable."
- Relative

Challenging Times

Workers aged 50+ currently make up 33% of the UK workforce. This is an all-time high and growing. (ONS)
Many will have older dependents.

The emotional strain of providing care for an elder, plus age related financial worry has raised over 55's to have the highest reported mental health issues.

We know how to help

Carer Support

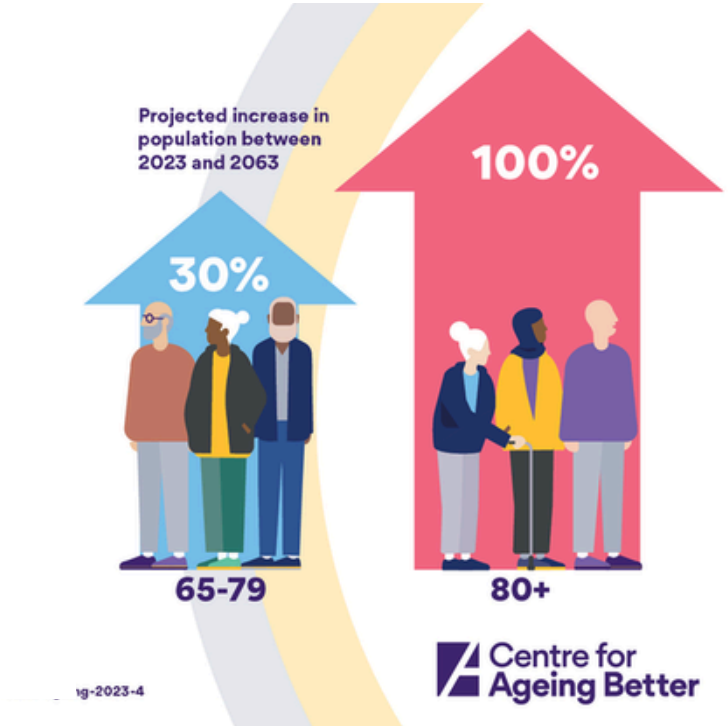
Reduced Loneliness

Help with Later Life Planning

Improved Health & Wellbeing

Age UK Nottingham & Nottinghamshire can provide tailored talks, workshops and support on these age-related challenges.

Help your team members know that they are not alone.



In 40 years time we will have double the number of 80yr olds.

Age structures in our workforces and wider society are changing at pace.

By working together, we can adapt and thrive.

Partnership Working

Partnerships are vital to the sustainability of our charity.
We know that partnerships also work best when they are reciprocal.

We can offer you

- Tailored talks on age-related challenges*
- Workshops, such as Pre-Retirement Planning*
- CSR Opportunities, demonstraing your support for older members of our community
- A dedicated partnership contact
- Fun Fundraising!

*charges may apply



"Thank you for giving me my life back. I felt so desperately lonely and isolated and now I have so much to look forward to." - Service User

You could help us by

- Raising vital income, enabling life changing services
- Donating Gifts In Kind, such as professional services or resources
- Making us your Charity Of The Year
- Volunteering with us

"We are immensely grateful for the opportunities you have provided for us to work closely with Age UK Nottingham & Nottinghamshire, it has been an absolute privilege to have been able to raise money for your charity."

Balfour Beatty

For more information, contact

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Registered with FUNDRAISING REGULATOR

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