

# Footcare Service

A simple nail cutting & basic footcare advice service



Health & Wellbeing

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[www.ageuknotts.org.uk](http://www.ageuknotts.org.uk)



# Footcare Service

*Simple nail cutting and basic footcare advice service*

## What is the Footcare Service?

We offer people aged 50+, a simple nail cutting and basic footcare advice service. People who have a long term health condition, and who do not qualify for NHS podiatry services are able to access this charged for service. Age UK Nottingham and Nottinghamshire is working in partnership with CityCare to enable us to provide this affordable and accessible footcare service.

The Footcare Service is delivered by a small team of trained paid staff and volunteers.

## What do we offer?

- The footcare service includes a short soak, nail trim, the filing of hard skin, and the application of cream
- Appointments last approximately 30 - 45 minutes, however the first appointment will be slightly longer
- We offer follow-up appointments at regular intervals
- Basic footcare information and advice

## Which area does the service cover?

Nottingham City

## Who is this service for?\*

People aged 50+ who:

- have a long-term health condition
- are not able to cut their own toenails
- are registered with a Nottingham City GP
- and do not qualify for NHS Podiatry Services

## How is this service delivered?

One-to-one sessions at six City locations

\*Please note that other access criteria apply in relation to medications and conditions which will be discussed at the point of referral.



## Where is this service delivered?

- Clifton Cornerstone, Southchurch Drive, Nottingham NG11 8EW
- Health Point, Top Valley Drive, Top Valley, Nottingham NG5 9DD
- Old Basford Health Centre, 1 Bailey Street, Old Basford, Nottingham NG6 0HD
- Sherwood Health Centre, Elmswood Gardens, Sherwood, Nottingham NG5 4AD
- Sherwood Rise Health Centre, 31 Nottingham Road, Nottingham NG7 7AD
- St Ann's Valley Centre, 2 Livingstone Road, off St Ann's Well Road, St Ann's, Nottingham NG3 3GG

## How much does this service cost?

- Initial assessment (including provision of personal nailcare pack) - £22\*
- Follow-up appointments - £16\*

\*Costs are correct at time of printing.

## What extra support do we offer?

- Help to access other services, including NHS services where appropriate
- An opportunity to meet and have a friendly chat whilst having a hot drink and biscuits
- Access to information booklets and leaflets

## Contact us

If you would like more information, or wish to access this service, please call **0115 697 6333** or email [ageuknotts.footcareservice@nhs.net](mailto:ageuknotts.footcareservice@nhs.net)

If no one is available to take your call, please leave a message and we'll get back to you as soon as we can. If you are a professional, please send referrals to [ageuknotts.footcareservice@nhs.net](mailto:ageuknotts.footcareservice@nhs.net)

For more information on any of our services, please call **0115 844 0011** or visit

Age UK Nottingham & Nottinghamshire takes a zero-tolerance approach to abuse of any kind.

**Our vision is for a world in which older people flourish**  
**Every year we help over 45,000 people**  
**We're local & independent - we're here to help people in**  
**Nottingham & Nottinghamshire**



## Can you help us make a difference?

Yes! Whether it is by volunteering, fundraising, or telling your friends and neighbours about our services, you can help us reach more local people in need.

Get in touch with us today!  
 Check out our website for more information and to sign up to our monthly email newsletter.



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 16-18 Bridgeway Centre,  
 Nottingham. NG2 2JD  
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