



# **Information & Advice Service**

Free, independent, impartial and confidential information and advice



# **Information & Advice Service**

We offer free, independent, impartial and confidential information and advice on a range of subjects

#### What is the Information & Advice Service?

We offer information and advice on welfare benefits, community care, housing options and local services. We can help you make claims for the following benefits:

- Attendance Allowance
- Personal Independence Payment
- Housing Benefit and Council Tax Reduction
- Carers Allowance
- Pension Credit

We are also here to talk to you about anything that may be on your mind, from care options to housing diffculties and local support options.

#### What do we offer?

- Up-to-date, unbiased and accurate information
- Practical support to make certain benefit claims
- Information on choices available but the decision is always yours

## What extra support do we offer?

- We are able to offer a full benefit check to all who use our service
- Information on a range of matters relevant to people in later life, from health and community care through to money and legal matters
- Information on other agencies and services that can help and signpost or refer you to them

#### Who is the service for?

Anyone aged 55 or over, their families and carers.

#### Which area does this service cover?

Nottingham and Nottinghamshire.

#### How is this service delivered?

Over the telephone

Please call us so that we can find out more about the support you might need and so that we can offer you the most appropriate support (telephone, home visit or office visit).

#### How much does this service cost?

This service is free.

#### Contact us

Please call us and speak to our information & advice team, who will be pleased to assist you.

- t 0115 844 0011
- e info@ageuknotts.org.uk



For more information on any of our services, please contact us:

#### Age UK Nottingham & Nottinghamshire

16-18, Bridgeway Centre, Nottingham NG2 2JD

#### 0115 844 0011

or visit us at www.ageuknotts.org.uk

Age UK Nottingham & Nottinghamshire takes a zero-tolerance approach to abuse of any kind.



# Our vision is for a world in which older people flourish Every year we help over 45,000 people

We're local & independent - we're here to help people in Nottingham & Nottinghamshire



# Can you help us make a difference?

Yes! Whether it is by volunteering, fundraising, or telling your friends and neighbours about our services, you can help us reach more local people in need.

Get in touch with us today! Check out our website for more information and to sign up to our monthly email newsletter.





This leaflet is sponsored by:

## **The Lifestyle Centre**

Scooters & Wheelchairs, Stairlifts, Beds & Riser-chairs and much more...

www.advantagemobility.co.uk

### **The Lifestyle Centre**

16-18 Bridgeway Centre, Nottingham. NG2 2JD 0800 0248 975















Age UK Nottingham & Nottinghamshire is a registered charity (registered charity number 1067881) and a company limited by guarantee registered in England and Wales (registered company number 3455485). Correspondence address: The Lifestyle Centre, 16 - 18 Bridgeway Centre, Nottingham NG2 2JD. Registered office: The Sybil Levin Centre, 577a Nuthall Rd, Nottingham NG8 6AD. Royal Patron HRH: The Prince of Wales KG KT GCB.