

Men in Sheds

Stay active and put practical skills to good use



What is Men in Sheds?

Men in Sheds is a project that supports 50+ men who want to get together to share and learn new wood-working skills.

Age UK Notts provides the 'shed' (a workshop), tools and equipment and a team of volunteers for support - but the members take part in the day-to-day running of the shed and decide on activities they want to follow - including woodworking, skills sharing and socialising. Essentially, through taking control and ownership of the shed, the shed members are empowered.

We operate three sheds covering North, Mid and Central Nottingham which are based in Blidworth, Daybrook & Worksop, providing the tools and equipment. A team of volunteers and members choose activities and projects, take part in the day to day running of the sheds and the maintaining of the tools.

There is a wealth of knowledge in those who attend, from retired Rolls Royce engineers, train drivers, carpenters and veterans, all skills are brought to life and many new ones learnt.

Our members care greatly about their community and gain a great sense of achievement in knowing they have contributed a positive outcome through reusing, repurposing or recycling items that would have otherwise gone into landfill. The products, designed and created by the shed members, are sold to help support the Men in Sheds project.

What are the benefits of joining this project?


- Opportunities to socialise and make new friends
- Experience the camaraderie of working with other men
- Put practical skills to good use, try new skills and share them with others
- Take part in events, joining in with social events

Who is this project for?

Men aged 50+

How much does it cost to become a member?

£3.00 per session



"The sheds are a lifeline to meet men of the same age group in a social & happy environment.."

Men in Sheds Member

Blidworth shed

Unit 4, Boundary Court, Gilbert Way, Burma Road, Industrial Estate,
Nottinghamshire NG21 0RT

Tues & Weds : 9am - 2pm, Thurs : 9am - 1pm

Volunteer Shed Managers: Peter Anderson, Alan Ormston & David Ives

t 01623 797 750

e meninsheds-blidworth@ageuknotts.org.uk

Daybrook shed

The Stores Building, Jubilee House Compound Nottingham Road, Daybrook,
Nottingham NG5 6JR

Mon - Weds : 9.00am - 12.00pm & 12.30- 3.30pm

Mixed Session for Men & Women - Weds 9.00am - 12.30pm

For more information please chat to one of our volunteers.

t 0115 920 8771

Workshop shed

Unit 2, Kilton Terrace, Worksop, Nottinghamshire S80 2DQ

Mon - Weds : 9am - 2pm

Lead Volunteer: Bernard Miles

t 01909 549 078

e meninsheds-worksop@ageuknotts.org.uk

For more information on any of our services, please contact us:

[Age UK Nottingham & Nottinghamshire](#)

The Lifestyle Centre, 16 - 18 Bridgeway Centre, Nottingham NG2 2JD

0115 844 0011

or visit us at www.ageuknotts.org.uk

Age UK Nottingham & Nottinghamshire takes a zero-tolerance approach to abuse of any kind.

Our vision is for a world in which older people flourish

Every year we help over 45,000 people

We're local and independent - here to help people in Nottingham & Nottinghamshire



Can you help us make a difference?

Yes. Whether it is by volunteering, fundraising, or telling your friends and neighbours about our services, you can help us reach more local people in need.

Get in touch with us today! Check out our website for more information and to sign up to our monthly email newsletter.



The location is operating by
The Lifestyle Centre

Scoters & Wheelchair, Stairlifts, Beds & Riser chairs and much more...

www.advantagemobility.co.uk

The Lifestyle Centre

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