

# **Sybil Levin Day Service**

Supporting people and their carers living with dementia



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# What is the Sybil Levin Day Service?

The Sybil Levin Day Service in Cinderhill provides tailored support and care for people with a range of support needs, including dementia.

The service provides stimulating activities, home cooked meals and additional services such as assisted bathing. Supported mini bus transport is provided in some areas.

#### What do we offer?

- Specialist support for older people with dementia
  - Specialist reminiscence using our Rempods (shown overleaf)
  - Maintenance cognitive stimulation therapy
  - Tailored activity sessions
- Respite support for carers
- Companionship, support and personal care such as bathing
- A variety of stimulating activities, including arts and crafts
- Nourishing homemade hot meals and refreshments
- Door-to-door transport via our specially adapted minibus

#### Where is this service delivered?

The Sybil Levin Centre 577a Nuthall Road Cinderhill Nottingham NG8 6AD

#### When is this service delivered?

Monday - Friday

"Thank you to yourself and the rest of the staff and volunteers that take care of Dad and help fill his day with fun and activity. You're all awesome!"

#### How much does the service cost?

Please contact us for further details. You may be able to use your Personal Budget to pay for your day service.

#### **Contact us**

For more information or to access this service, please contact

t 0115 844 0011

e info@ageuknotts.org.uk

Free taster days please call us



For more information on any of our services, please contact us:

### Age UK Nottingham & Nottinghamshire

Bradbury House, 12 Shakespeare Street, Nottingham, NG1 4FQ

#### 0115 844 0011

or visit us at www.ageuknotts.org.uk

Age UK Nottingham & Nottinghamshire takes a zero-tolerance approach to abuse of any kind





# Our vision is for a world in which older people flourish Every year we help over 45,000 people

We're local & independent - we're here to help people in **Nottingham & Nottinghamshire** 



### Can you help us make a difference?

Yes! Whether it is by volunteering, fundraising, or telling your friends and neighbours about our services, you can help us reach more local people in need.

Get in touch with us today! Check out our website for more information and to sign up to our monthly email newsletter.





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## The Lifestyle Centre

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