

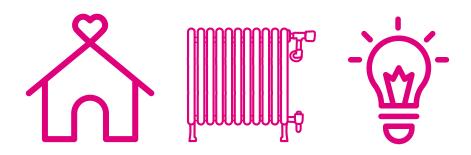
If you are aged 50+ and would like to be warmer and wiser about energy, we are here to help.



What we can do:

- Fit FREE energy saving measures such as draught excluders, timers and LED light bulbs*
- Advice on how to reduce your energy usage & bills
- Advice you on how much to maintain a healthy temperature at home
- Maximise your income through benefit checks
- Provide energy saving tips, information & signposting.

Support is available through home visits or via telephone. *subject to availability



Find out more by contacting our friendly team:

t: 0115 859 9209

e: warmandwise@ageuknotts.org.uk

Age UK Nottingham & Nottinghamshire is a registered charity (registered charity number 1067881) and a company limited by guarantee registered in England and Wales (registered company number 3455485). Registered office: 16-18, Bridgeway Centre, Meadows, Nottingham NG2 2JD.