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**Volunteering Opportunities Matrix** October 2021

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You can make a difference to the lives of older people in Nottingham and Nottinghamshire.

People of all ages and all walks of life volunteer for Age UK Nottingham & Nottinghamshire and we couldn’t do our work without them. Below are all the volunteering opportunities that the charity currently offers.



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| **Role**  **Title** | **Volunteer Shop**  **Assistants**  **(West Bridgford)** |
| **Location** | **Age UK Notts, 28a Gordon Road, West Bridgford,**  **Nottingham, NG2 5LN** |
| **Time Commitment** | A minimum of a morning or an afternoon –during shop opening hours which are 9.30am – 4.00pm Tuesday -Saturday  **We are not looking for Saturday Volunteers at the moment** |
| **Tasks** | * Ensuring customers experience excellent customer service * Maintaining the look of the shop displays so that customers have a positive shopping experience * Restocking shelves and rails as and when needed * Maintaining a tidy, clean and safe shopping / working environment * Taking and processing payments from customers (including card payments following appropriate training) * Sorting through donations * **Using the internet to share real-time information on Social Media** |
| **Skills / interests needed** | * An enjoyment of chatting with customers and offering good customer service * An ability to get on well with others and to volunteer as part of a team * A calm, sensitive, personable and positive approach * A willingness to learn how to use the shop tills and to process card payments * **Ability to use/willingness to learn and have access to the internet to share information on social media** |
| **Process** | Application Form  Interview  References will be taken  Basic DBS check |
| **Training** | Induction plus **online** training specific to the role |

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| **Role**  **Title** | **Dementia Support Volunteers**  ***(required for a January 2022 start with applicants being taken now)*** |
| **Location** | **The Sybil Levin Day Care Centre is located approximately 3 miles outside of Nottingham City Centre (NG8 6AD) and is easily accessible by car, bus and tram.** |
| **Time Commitment** | A minimum of either one morning or one afternoon on a weekly basis (Mon-Fri). Specifics to be discussed at interview.  ***Please note that this role requires volunteers who can support on a long-term basis (min 6 months). This volunteer role is not suitable for students seeking work experience placements who only require a specific number of hours volunteering***. |
| **Tasks** | The Sybil Levin Day Service is a specialist SPECAL-Led day service supporting people with dementia and their carers using the SPECAL method.  The tasks you may be involved with include the following:   * Assisting centre attendees to engage in activities * Serving meals and drinks. * Helping to set up and clear away activities * Engaging in conversation with centre attendees. |
| **Skills / interests needed** | * People with a genuine interest in the wellbeing of people with dementia. * A friendly, sensitive and kind approach. * Being comfortable in small groups or on a one to one basis. * People with a commitment to using the SPECAL method at all times whilst at the centre. |
| **Process** | Application Form  Interview  References will be taken  Basic DBS check |
| **Training** | Induction plus online training specific to the role  **You will also receive SPECAL training prior to commencing your role** |

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| **Role**  **Title** | **Volunteer Befrienders (Visiting)** |
| **Location** | Service User will be local to your post code  We are recruiting for volunteers in selected poscodes with good **weekday DAYTIME** availability |
| **Time Commitment** | Minimum of one hour per week, every week |
| **Tasks** | * Visiting older person/s in their own home/s (or telephoning them) on a regular basis * Providing friendship and companionship * Chatting and socialising * **If possible and where mobility of older person allows it you can :-** * Go on a walk with an older person in the local community * Take the older person out for a cuppa and a chat * Shop with them (not for them) * Encourage them to take up new activities if they would like to and if you have the time to, accompany them on their **first** visit |
| **Skills / interests needed** | * Individuals with a genuine interest in the wellbeing of older people * Flexibility * Ability to travel to individual addresses in the local community either by car or by public transport |
| **Process** | Application Form  Interview  References will be taken  Enhanced DBS check |
| **Training** | Induction plus online training specific to the role |

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| **Role**  **Title** | **Volunteer**  **Big Knitters** |
| **Location** | **Wherever you love to knit** |
| **Time Commitment** | As and when you choose |
| **Tasks** | For each hat knitted, Innocent give 25p to Age UK Notts. Knit as many little hats as you can – we provide the patterns! |
| **Skills / interests needed** | An ability to knit |
| **Process** | None |
| **Training** | None |

**For more information about any of these roles, please contact:**

**Vicky Pearce (Volunteering Co-ordinator)**

**Tel: 0115 8414 464**

**Email: volunteering@agekuknotts.org.uk**

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