

**Volunteering Opportunities Matrix** September 2021



You can make a difference to the lives of older people in Nottingham and Nottinghamshire.

People of all ages and all walks of life volunteer for Age UK Nottingham & Nottinghamshire and we couldn’t do our work without them. Below are all the volunteering opportunities that the charity currently offers.



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| **Role****Title** | **Volunteer Shop** **Assistants****(West Bridgford)** |
| **Location** | **Age UK Notts****28a Gordon Road****West Bridgford, Nottingham****NG2 5LN** |
| **Time Commitment** | A minimum of a morning or an afternoon –during shop opening hours which are 9.30am – 4.00pm Tuesday -Saturday**We are not looking for Saturday Volunteers at the moment** |
| **Tasks** | * Ensuring customers experience excellent customer service
* Maintaining the look of the shop displays so that customers have a positive shopping experience
* Restocking shelves and rails as and when needed
* Maintaining a tidy, clean and safe shopping / working environment
* Taking and processing payments from customers (including card payments following appropriate training)
* Sorting through donations
* **Using the internet to share real-time information on Social Media**
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| **Skills / interests needed** | * An enjoyment of chatting with customers and offering good customer service
* An ability to get on well with others and to volunteer as part of a team
* A calm, sensitive, personable and positive approach
* A willingness to learn how to use the shop tills and to process card payments
* **Ability to use/willingness to learn and have access to the internet to share information on social media**
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| **Process** | Application FormInterviewReferences will be takenBasic DBS check |
| **Training** | Induction plus **online** training specific to the role |

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| **Role****Title** | **Dementia Support Volunteers** ***(required for a January 2022 start with applicants being taken now)*** |
| **Location** | **The Sybil Levin Day Care Centre is located approximately 3 miles outside of Nottingham City Centre (NG8 6AD) and is easily accessible by car, bus and tram.** |
| **Time Commitment** | A minimum of either one morning or one afternoon on a weekly basis (Mon-Fri). Specifics to be discussed at interview.***Please note that this role requires volunteers who can support on a long-term basis (min 6 months). This volunteer role is not suitable for students seeking work experience placements who only require a specific number of hours volunteering***. |
| **Tasks** | The Sybil Levin Day Service is a specialist SPECAL-Led day service supporting people with dementia and their carers using the SPECAL method. The tasks you may be involved with include the following:* Assisting centre attendees to engage in activities
* Serving meals and drinks.
* Helping to set up and clear away activities
* Engaging in conversation with centre attendees.
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| **Skills / interests needed** | * People with a genuine interest in the wellbeing of people with dementia.
* A friendly, sensitive and kind approach.
* Being comfortable in small groups or on a one to one basis.
* People with a commitment to using the SPECAL method at all times whilst at the centre.
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| **Process** | Application FormInterviewReferences will be takenBasic DBS check |
| **Training** | Induction plus online training specific to the role**You will also receive SPECAL training prior to commencing your role** |

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| **Role****Title** | **Volunteer Befrienders (Visiting)** |
| **Location** | Service User will be local to your post codeWe are recruiting for volunteers in selected poscodes with good **weekday DAYTIME** availability |
| **Time Commitment** | Minimum of one hour per week, every week |
| **Tasks** | * Visiting older person/s in their own home/s (or telephoning them) on a regular basis
* Providing friendship and companionship
* Chatting and socialising
* **If possible and where mobility of older person allows it you can :-**
* Go on a walk with an older person in the local community
* Take the older person out for a cuppa and a chat
* Shop with them (not for them)
* Encourage them to take up new activities if they would like to and if you have the time to, accompany them on their **first** visit
 |
| **Skills / interests needed** | * Individuals with a genuine interest in the wellbeing of older people
* Flexibility
* Ability to travel to individual addresses in the local community either by car or by public transport
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| **Process** | Application FormInterviewReferences will be takenEnhanced DBS check |
| **Training** | Induction plus online training specific to the role |

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| **Role** **Title** | **Volunteer****Big Knitters** |
| **Location** | **Wherever you love to knit** |
| **Time Commitment** | As and when you choose |
| **Tasks** | For each hat knitted, Innocent give 25p to Age UK Notts. Knit as many little hats as you can – we provide the patterns! |
| **Skills / interests needed** | An ability to knit |
| **Process** | None |
| **Training** | None |

**For more information about any of these roles, please contact:**

**Vicky Pearce (Volunteering Co-ordinator)**

**Tel: 0115 8414 464**

**Email: volunteering@agekuknotts.org.uk**

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