



Dementia Activities Board

For people living with dementia and their carers / relatives









November 2019

Activities Board

Age UK Oldham - Dementia Information and Support Service
For people living with dementia and their carers / relatives



Monday




Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Charles House, Albert Street West, Failsworth, M35 0SJ.</p> <p>Cost: £2.00 (half day) £4.00 (full day).</p> <p>Telephone: 0161 682 4747</p>	<p>Age UK Oldham Luncheon Club 11.00am – 2.00pm</p>  <p>Downey House, St Pauls Church, Church Road, Royton, Oldham, OL2 5JS.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Pakistani Community Centre Sewing class 09.30.am. – 11.30.am.</p>  <p>Pakistani Community Centre, Marlborough Street, Glodwick, Oldham, OL4 1EG.</p> <p>Telephone: 0161 628 4800</p>	<p>Age UK Oldham Gentle Arm Chair Exercise 12.00.pm.</p>  <p>Washbrook Court, Nelson Way, Chadderton, Oldham, OL9 8NL.</p> <p>Cost: £3.00.</p> <p>Telephone: 0161 622 9267</p>
<p>Making Space Drop-In 10.00am – 12.00pm</p>  <p>St Herbert's Court, Chadderton, Oldham, OL9 0JD.</p> <p>Telephone: 0161 633 2403</p>	<p>Making Space Healthy Cooking Group 1.00.pm. – 3.00.pm. Every other Monday.</p>  <p>Mills Hill Church, Mills Hill Road, Middleton, M24 2FD.</p> <p>Telephone: 0161 633 2403</p>

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Monday

Morning	Afternoon
<p>Fatima Women's Association Walking to Health 10.30.am. – 11.30.am.</p>  <p>Fatima Women's Association, The Launch Pad, Marlborough St, Oldham OL4 1EG.</p> <p>Telephone: 0161 627 3109</p>	<p>Age UK Oldham Gentle Arm Chair Exercise 2.00.pm.</p>  <p>Runnymede Court, Cardigan Street, Royton, Oldham, OL2 6QS.</p> <p>Cost: £3.00.</p> <p>Telephone: 0161 622 9267</p>
<p>Age UK Oldham Crafty Craft Club 10.30.am. – 1.30.pm.</p>  <p>Over 60's Centre, Broadway, Chadderton, Oldham, OL9 9QU.</p> <p>Cost: £3.00.</p> <p>Telephone: 0161 633 0213</p>	
<p>Age UK Oldham Health Walk 11.00.am.</p>  <p>Chadderton Hall Park, The Pavillion Café, Chadderton Hall Road, Chadderton, OL9 8NL.</p> <p>Cost: Free.</p> <p>Telephone: 0161 622 9267</p>	

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Monday

Morning

Afternoon

Fatima Women's Association

Sewing session

12.00.pm. – 2.00.pm.



Fatima Women's Association, The Launch Pad,
 Marlborough St, Oldham OL4 1EG.







Telephone: 0161 627 3109

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Tuesday

Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00.am. – 4.00.pm.</p>  <p>Charles House, Albert Street West, Failsworth, M35 0SJ.</p> <p>Cost: £2.00 (half day) £4.00 (full day).</p> <p>Telephone: 0161 682 4747</p>	<p>Age UK Oldham Luncheon Club 11.00.am. – 2.00.pm.</p>  <p>Trevarrick Court, Greenwood Street, Greenacres, Oldham, OL4 2BB.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Pakistani Community Centre Sewing class 09.30.am. – 11.30.am.</p>  <p>Pakistani Community Centre, Marlborough Street, Glodwick, Oldham, OL4 1EG.</p> <p>Telephone: 0161 628 4800</p>	<p>The Memory Clinic / Making Space Let's be heard (1st Tuesday of the month) 1.00.pm. – 3.00.pm.</p>  <p>Trinity House, Godson St., OL1 2XL Contact Alessandra, Memory Service on:</p> <p>Telephone: 0161 716 2792 Telephone: 0161 633 2403</p>
<p>Springboard Carers Group 10.00.am. – 12.00.pm.</p>  <p>St Herbert's Court, Chadderton, Oldham, OL9 0JD.</p> <p>Telephone: 07541 705 009</p>	<p>Making Space Walk and Talk 1.30.pm. – 3.00.pm.</p>  <p>Chadderton Hall Park, Chadderton Hall Road, Oldham, OL9 0QB.</p> <p>Telephone: 0161 633 2403</p>

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Tuesday

Morning

Afternoon

The Memory Clinic
Cognitive Stimulation Therapy (6 week programme)
 10.00.am. – 12.00.pm.



Trinity House, Godson St., OL1 2XL Contact
 Barbara on:

Telephone: 0161 716 2792

(BY REFERRAL ONLY)

The Memory Clinic
MCI Strategies and Information Group (6 week programme)
 2.00.pm. – 4.00.pm.



Trinity House, Godson St., OL1 2XL Contact
 Alessandra or Barbara on:

Telephone: 0161 716 2792

(BY REFERRAL ONLY)

The Memory Clinic
Carers Group (6 week therapy group)
 10.00.am. – 12.00.pm.



Trinity House, Godson St., OL1 2XL Contact
 Alessandra or Danielle on:

Telephone: 0161 716 2792

(BY REFERRAL ONLY)

Firwood and Residents District Association
Bar and Grill (monthly)
 4.30.pm. – 6.30.pm.



Chadderton Bar & Grill, 422 Middleton Road,
 Chadderton, Oldham, OL9 6PY.

Telephone: 0161 284 2275 / 0161 652 0965.

Age UK Oldham
Scenic Stroll
 10.30.am.



Dunwood Park, Smallbrook Road, Shaw, Oldham,
 OL2 7UQ.

Telephone: 0161 622 9267

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Tuesday

Morning

Afternoon

Fatima Women's Association

Creative English

10.15am. – 12.15.pm.



Fatima Women's Association, The Launch Pad,
 Marlborough St, Oldham OL4 1EG.

Telephone: 0161 627 3109

Age UK Oldham

Gentle Arm Chair Exercise

11.00.am.



Sweetbriar House, Glebe Street, Shaw, Oldham,
 OL2 7SF.

Cost: £2.00.

Telephone: 0161 622 9267

Pakistani Community Centre

Luncheon / Health Club

11.00.am. – 1.00.pm.



Pakistani Community Centre, Marlborough Street,
 Glodwick, Oldham, OL4 1EG.







Telephone: 0161 628 4800

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Wednesday

Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Charles House, Albert Street West, Failsworth, M35 0SJ.</p> <p>Cost: £2.00 (half day) £4.00 (full day).</p> <p>Telephone: 0161 682 4747</p>	<p>Age UK Oldham Luncheon Club 11.00am – 2.00pm</p>  <p>Springlees Court, Oldham Road, Springhead, Oldham, OL4 5TP.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Making Space Drop in session 10.00am – 12.00pm.</p>  <p>Trinity House, Godson Street, Oldham Or Aster House, Aster Street, Oldham.</p> <p>Telephone: 0161 633 2403</p>	<p>Age UK Oldham Luncheon Club 11.00am – 2.00pm</p>  <p>The Over 60's Centre, 298A Broadway, Chadderton, Oldham, OL9 9QU.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Firwood and Residents District Association Wednesday Coffee Morning 10.00.am. – 12.00.pm.</p>  <p>Mills Hill Baptist Church, Mills Hill Road, Chadderton, Oldham.</p> <p>Telephone: 0161 284 2275 / 0161 652 0965.</p>	<p>Making Space Drop-In session 1.30pm – 3.00pm</p>  <p>Hopwood Court, Thornham Road, Oldham, OL2 7LR.</p> <p>Telephone: 0161 633 2403</p>

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Wednesday

Morning

Age UK Oldham
Brunch Club
10.00.am – 12.00.pm.



Chew Valley Road, Greenfield, Oldham, OL3 7DD.

Cost: £3.70.

Telephone: 0161 633 0213

Afternoon

Age UK Oldham
Health Walk
1.00.pm.



Alexandra Park, Kings Road Car Park, Kings Road, Oldham, OL8 2BN.

Telephone: 0161 622 9267

The Alzheimer's Society
Singing for the Brain
1.30.pm. – 3.00.pm.



Lyceum Building, Union Street, Oldham, OL1 1QG.







Cost: £2.00.

Telephone: 0161 477 6999

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Thursday

Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Tanners Waterside Mill, Chew Valley Road, Greenfield, Oldham, OL3 7NH.</p> <p>Cost: £2.00 (half day) £4.00 (full day).</p> <p>Telephone: 0161 682 4747</p>	<p>Age UK Oldham Luncheon Club 11.00.am – 2.00.pm.</p>  <p>St Pauls Methodist Church, Rochdale Road, Shaw, Oldham, OL2 8AD.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Westwood and Coldhurst Women's Association Coffee Morning 09.30.am. – 11.00.am.</p>  <p>Westwood and Coldhurst Women's Association, 49 Featherstall Road North, Oldham, OL9 6BQ.</p> <p>Telephone: 0161 652 0000.</p>	<p>Springboard Oldham Dementia Carers Group 1.00pm – 3.00pm</p>  <p>St Paul's Parish Centre, Downey House, Church Street, Royton, Oldham, OL2 5JS.</p> <p>Telephone: 07541 705 009</p>
<p>Age UK Oldham Knit and Natter / Walk and Talk 10.30am.</p>  <p>The Boathouse Café, Alexandra Park, Kings Road, Oldham, OL8 2BN.</p> <p>Cost: £1.00.</p> <p>Telephone: 0161 622 9267</p>	<p>Age UK Oldham Health Walk 1.00.pm.</p>  <p>Daisy Nook Visitors Centre, Stannybrook Road, Failsworth, M35 9 WJ.</p> <p>Telephone: 0161 622 9267</p>

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Thursday







Morning	Afternoon
<p>The Memory Clinic Dementia Support and Information Group (8 week programme) 10.30.am. – 12.30.pm.</p>  <p>Variable venue. Contact the Memory Service on: Telephone: 0161 716 2792</p> <p>(BY REFERRAL ONLY)</p>	<p>Age UK Oldham The Friendship Club 12.00.am – 3.00.pm.</p>  <p>Over 60's Centre, 298a Broadway, Chadderton, Oldham, OL9 9QU.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Making Space / The Memory Clinic Memory Makers – MCI Group (1st Thursday of the month) 10.30.am. – 12.30.pm.</p>  <p>The Grange, Bartlemore Street, Derker, Oldham, OL1 4DP.</p> <p>Contact: Carrie: 0161 633 2403 Alessandra: 0161 716 2792</p>	<p>Firwood and District Residents Association The 'Chill Out' Carers Group 1.30pm – 3.30pm</p>  <p>Mills Hill Church Hall, Mills Hill Road, M24 2FD.</p>
<p>Age UK Oldham Gentle Arm Chair Exercise 11.00.am.</p>  <p>Hopwood Court, Thornham Road, High Crompton, Oldham, OL2 7LR.</p> <p>Cost: £2.50. Telephone: 0161 622 9267</p>	

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Friday





Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Tanners Waterside Mill, Chew Valley Road, Greenfield, Oldham, OL3 7NH.</p> <p>Cost: £2.00 (half day) £4.00 (full day).</p> <p>Telephone: 0161 682 4747</p>	<p>Age UK Oldham Luncheon Club 11.00.am – 2.00.pm.</p>  <p>Hope Church, Shaw, Oldham, OL2 8NY.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Saddleworth Carers Group Carers Group 10.00am – 12.30pm</p>  <p>2nd & 4th Friday of each month Sacred Heart Church Hall, High Street, Uppermill, Oldham.</p> <p>Telephone: 01457 810 614</p>	<p>Age UK Oldham Health Walk 11.00.am.</p>  <p>Tandle Hill Park, Tandle Hill Road, Royton, Oldham, OL2 5UX.</p> <p>Telephone: 0161 622 9267</p>
<p>Making Space Hope Chapel Methodist Activity Group / Drop in. 10.00.am. – 12.00.pm. Every other Friday.</p>  <p>Hope Methodist Church, Oldham Road, Failsworth, M35 9AQ.</p> <p>Telephone: 0161 633 2403</p>	<p>Firwood and Residents District Association Friday Lunch Club 12.00pm – 2.00pm (during term time)</p>  <p>Mills Hill Primary School, Mills Hill Road, Chadderton, Oldham.</p> <p>Telephone: 0161 284 2275 / 0161 652 0965.</p>

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Friday

Morning	Afternoon
	Age UK Oldham Gentle Arm Chair Exercise 12.30pm  Hope Methodist, Oldham Road, Failsworth, M35 9WJ. Cost: £2.00. Telephone: 0161 622 9267
	Age UK Oldham Just4Men 12.30pm  Over 60's Centre, 298A Broadway, Chadderton, Oldham. Cost: £3.00 Telephone: 0161 633 0213.
	Making Space Music Group / Dementia Café 1.00pm – 3.00pm 1 st Friday of the month   St. Herbert's Court, Wellington Street, Chadderton, Oldham, OL9 0JD. Telephone: 0161 633 2403

Notice regarding prices of services:

The information is provided by the individual service providers and is correct at time of publishing. This document is updated at regular intervals to reflect changes made. Please contact the service directly to confirm service details. Before joining a paid for activity, we recommend contacting the organisation to confirm individual price charges.