



Dementia Activities Board

For people living with dementia and their carers / relatives









January 2022

Activities Board

Age UK Oldham - Dementia Information and Support Service

For people living with dementia and their carers / relatives

Monday







Morning	Afternoon
<p>Making Space Carer's Drop-In 9.30am – 12.00pm</p>  <p>St Herbert's Court, Chadderton, Oldham, OL9 0JD.</p> <p>Telephone: 0161 633 2403</p>	<p>Age UK Oldham Luncheon Club 11.00am – 2.00pm</p>  <p>Downey House, St Pauls Church, Church Road, Royton, Oldham, OL2 5JS.</p> <p>Cost: £5.20</p> <p>Telephone: 0161 633 0213</p>
<p>Age UK Oldham Crafty Craft Club 10am – 1.30pm</p>  <p>Over 60's Centre, Broadway, Chadderton, Oldham, OL9 9QU.</p> <p>Cost: £3.00. Telephone: 0161 633 0213</p>	<p>Making Space Musical Memories 1.30.p.m. – 3.30.p.m. Alternate weeks dependent on venue</p>  <p>Trinity House, Godson Street, OL1 2XL OR Aster House, Aster Street, OL1 2LA</p> <p>Telephone: 0161 633 2403</p>
<p>Tameside, Oldham and Glossop Mind BAME/People of colour Dementia Support</p>  <p>Telephone: Abdul 07515282098</p>	<p>Oldham Library Dementia Reading Books</p>  <p>Also available online via Pictures to Share www.picturesoshare.co.uk</p>

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Tuesday

Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00.am. – 4.00.pm.</p>  <p>Charles House, Albert Street West, Failsworth, M35 0SJ.</p> <p>Cost: £3.00 (half day) £6.00 (full day).</p> <p>Telephone: 0161 682 4747 Tim: 07711007260</p>	<p>Age UK Oldham Luncheon Club 11.00.am. – 2.00.pm.</p>  <p>Trevarrick Court, Greenwood Street, Greenacres, Oldham, OL4 2BB.</p> <p>Cost: £5.20</p> <p>Telephone: 0161 633 0213</p>
<p>Age UK Oldham Brunch Club 10.00.am – 12.00.pm.</p>  <p>King William, Chew Valley Road, Greenfield, Oldham, OL3 7DD.</p> <p>Cost: £4.20</p> <p>Telephone: 0161 633 0213</p>	<p>Pakistani Community Centre Luncheon / Health Club 11.00.am. – 1.00.pm.</p>  <p>Pakistani Community Centre, Marlborough Street, Glodwick, Oldham, OL4 1EG.</p> <p>Telephone: 0161 628 4800</p>
<p>The Memory Clinic Cognitive Stimulation Therapy (6 week programme) 10.00.am. – 12.00.pm.</p>  <p>(REFERRAL ONLY) Trinity House, Godson St., OL1 2XL Contact Barbara on: Telephone: 0161 716 2792</p>	<p>The Memory Clinic / Making Space Let's be heard (1st Tuesday of the month) 1.00.pm. – 3.00.pm.</p>  <p>Currently running online please contact the Memory Service for further details</p> <p>Telephone: 0161 716 2792</p>

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Making Space
Morning with Friends
10am – 12pm



Crossley Centre, 323 Denton Lane, Chadderton,
OL9 9GA

Telephone: 0161 633 2403

Making Space
Walk and Talk
1.15.pm. – 3.00.pm.



Chadderton Hall Park, Chadderton Hall Road,
Oldham, OL9 0QB.

Telephone: 0161 633 2403

Making Space
Sing Out Loud
10am – 12pm
Last Tuesday of every month



Crossley Centre, 323 Denton Lane, Chadderton,
OL9 9GA

Telephone: 0161 633 2403

Age UK Oldham
LGBTQ+ Dementia Support Group
2.00pm – 3.30pm
First Tuesday of the month



Online via Zoom

Telephone: 0161 622 9252
Email: Maggie.Hurley@ageukoldham.org.uk

Making Space
Armchair Exercises
11.00.am. – 12.00.pm.



Crossley Centre, 323 Denton Lane, Chadderton,
OL9 9GA






Telephone: 0161 633 2403

Activities Board

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Wednesday

Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Charles House, Albert Street West, Failsworth, M35 0SJ.</p> <p>Cost: £3.00 (half day) £6.00 (full day).</p> <p>Telephone: 0161 682 4747 Tim Kirkwood: 07711007260</p>	<p>Age UK Oldham Luncheon Club 11.00am – 2.00pm</p>  <p>Springlees Court, Oldham Road, Springhead, Oldham, OL4 5TP.</p> <p>Cost: £5.20</p> <p>Telephone: 0161 633 0213</p>
<p>Tameside, Oldham and Glossop Mind BAME Dementia Support</p>  <p>Telephone: Abdul 07515282098</p>	<p>Age UK Oldham Luncheon Club 11.00am – 2.00pm</p>  <p>The Over 60's Centre, 298A Broadway, Chadderton, Oldham, OL9 9QU.</p> <p>Cost: £4.70.</p> <p>Telephone: 0161 633 0213</p>
<p>Oldham Library Dementia Reading Books</p>  <p>Also available online via Pictures to Share www.picturestoshare.co.uk</p>	

Activities Board

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For people living with dementia and their carers / relatives

Admire
Dementia Carers Support Group








Contact: Sharon 07507465031
or
Email: Admire2021@outlook.com

Activities Board

Age UK Oldham - Dementia Information and Support Service

For people living with dementia and their carers / relatives

Thursday







Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Tanners Waterside Mill, Chew Valley Road, Greenfield, Oldham, OL3 7NH.</p> <p>Cost: £3.00 (half day) £6.00 (full day).</p> <p>Telephone: 0161 682 4747 or Tim: 07711007260</p>	<p>Age UK Oldham Luncheon Club 11.00.am – 2.00.pm.</p>  <p>St Pauls Court Sheltered Housing Complex, Hathershaw, Oldham, OL2 8AD.</p> <p>Cost: £5.20</p> <p>Telephone: 0161 633 0213</p>
<p>Making Space / The Memory Clinic Memory Makers – MCI Group (1st Thursday of the month) 10.30.am. – 12.30.pm.</p>  <p>The Grange, Bartlemore Street, Derker, Oldham, OL1 4DP.</p> <p>Contact: Carrie: 0161 633 2403 Alessandra: 0161 716 2792</p>	<p>Springboard Oldham Dementia Carers Group 1.00pm – 3.00pm</p>  <p>St Paul's Parish Centre, Downey House, Church Street, Royton, Oldham, OL2 5JS.</p> <p>Telephone: 07541 705 009</p>
	<p>Age UK Oldham The Friendship Club 12.00.am – 3.00.pm.</p>  <p>Over 60's Centre, 298a Broadway, Chadderton, Oldham, OL9 9QU.</p> <p>Cost: £5.20 Telephone: 0161 633 0213</p>

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Friday

Morning	Afternoon
<p>Age UK Oldham Men in Sheds 9.00am – 4.00pm</p>  <p>Tanners Waterside Mill, Chew Valley Road, Greenfield, Oldham, OL3 7NH.</p> <p>Cost: £3.00 (half day) £6.00 (full day).</p> <p>Telephone: 0161 682 4747 Tim Kirkwood: 07711007260</p>	<p>Age UK Oldham Luncheon Club 11.00.am – 2.00.pm.</p>  <p>Hope Church, Shaw, Oldham, OL2 8NY.</p> <p>Cost: £5.20</p> <p>Telephone: 0161 633 0213</p>
<p>Saddleworth Carers Group Carers Group 10.00am – 12.30pm</p>  <p>2nd & 4th Friday of each month Sacred Heart Church Hall, High Street, Uppermill, Oldham.</p> <p>Telephone: 01457 810 614</p>	<p>Age UK Oldham Just4Men 12.30pm</p>  <p>Over 60's Centre, 298A Broadway, Chadderton, Oldham.</p> <p>Cost: £3.00</p> <p>Telephone: 0161 633 0213.</p>
<p>Making Space Quiz morning with Friends 10am – 12pm</p>  <p>Online via Zoom</p> <p>Telephone: 0161 633 2403</p>	<p>Making Space Friday Disco 1.30pm – 3.30pm</p>  <p>Crossley Centre, 323 Denton Lane, Chadderton, OL9 9GA</p> <p>Telephone: 0161 633 2403</p>

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Making Space

Hope Methodist Church Drop in

10.00.am. – 12.00.pm.



Hope Methodist Church, Oldham Road, Failsworth,
M35 9AN

Telephone: 0161 633 2403

Notice regarding prices of services:

The information is provided by the individual service providers and is correct at time of publishing. This document is updated at regular intervals to reflect changes made. Please contact the service directly to confirm service details. Before joining a paid for activity, we recommend contacting the organisation to confirm individual price charges.