



**Service
Guide
2024/25**

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		0161 633 0213	 @ageukoldham
		info@ageukoldham.org.uk	 @ageukoldham
		www.ageukoldham.org.uk	 @ageukoldham

Chief Executive's Foreword

I am pleased to welcome you to Age UK Oldham's 2024 / 2025 Service Guide.

What you'll find inside is basic information about all the services, projects and activities we have available for Oldham's older community. This ranges from practical care and support, services to help you stay happy and independent in your own home for as long as possible, activities to combat social isolation and keep you linked with your community, help with care options and signposting you to speak with the right people and organisations.

As an organisation, we are comprised of an incredible team of staff and volunteers, all of whom are whole-heartedly dedicated to helping our older community stay safe, well and enjoy their later life.

We work hard to ensure the correct help is reaching those who need it, and that those people feel supported and well-informed on their individual journey.

Never hesitate to get in touch with us to discuss your needs or that of somebody you support.

Yvonne Lee

*Chief Executive Officer
Age UK Oldham*



Dementia Support Services



Related services:

Choosing the Right Care and Support – see page 51
Day Care – see page 11
Living Well – see page 23

Promoting Independent People – see page 29
Shopping Delivery and Safe at Home Service – see page 31

Dementia Information and Support

Phone

0161 633 0213 or 0161 622 9309

Email

AUKO.Dementia@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

Monday to Friday 9.00am – 4.30pm

Having memory problems or being diagnosed with dementia has an overwhelming effect and most people have many questions and feel uncertain about what their future holds.

Age UK Oldham works together with Pennine Care NHS Foundation Trust and Oldham Council to form part of the enhanced Oldham Memory Service Partnership in Oldham. Our role within this partnership is to offer one-to-one practical and emotional support for people living with dementia and their carers.

We have co-developed a guide specific to Oldham: Dementia Information Handbook which is a useful resource for dementia-related local services and activities. Copies can be obtained by contacting our Dementia Service on **0161 6229309** or by visiting **www.ageukoldham.org.uk** to download a copy.

Everybody wants to receive information at the time that is right for them and our experienced staff will listen to individual circumstances and offer practical solutions and support.

We can help you with the following:

- Pathways to diagnosis
- What happens when you visit the GP surgery
- What happens at the Memory Clinic
- Types of dementia
- Coping strategies for carers
- Practical guides to make your home dementia friendly
- Finding care and support that is right for you and those you care for.
- Peer support groups
- Equipment
- Planning for the future e.g. Lasting Power of Attorney.
- Continuing to live well / keeping active
- Holidays for people with memory problems and their carers
- Financial support / benefits available
- Useful contacts
- Detailed resources.



“I cannot express enough how grateful I am to Age UK Oldham and the service provided for my dad and I. I felt completely out of my depth in a very upsetting situation in which my dad’s health had declined to the point that his house had become close to being unsafe for him to stay in. More than anything I knew he wanted to stay in his own home and was still well enough to do so but the house had become unfit for his mobility and health issues.

I was on my own looking after my dad and the task of getting the house suitable for his changing needs was so overwhelming and felt totally unachievable. Age UK Oldham arrived and stood by me during every stage helping me organise, guiding me to the correct company for the correct jobs.

She sent staff round to check out electrics and provided equipment needed. I no longer felt alone and the change that this made for me and my dad was unbelievable. The house was transformed from an unliveable space to a safe, warm user-friendly environment which my dad can flourish in. Age UK Oldham were on the phone constantly helping guide me when I needed any help and honestly thank you will never be enough. Our lives are so much better now, and we are happy and that feeling I had of being overwhelmed every day has gone.” Feedback from a family member.



Dementia Specialist Carers Assessment



Phone

0161 633 0213 or 0161 622 9309

Email

AUKO.Dementia@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

Monday to Friday 9.00am – 4.30pm

Caring for someone can cover many different aspects of daily life, such as helping with their washing, dressing or eating, accompanying the person to regular appointments and offering support when they feel anxious etc. In Oldham it is estimated that over 20,000 people are providing unpaid care and support to a loved one (carers who are in receipt of Carers Allowance are still regarded as unpaid carers).

As a carer you are entitled to an annual Carers Assessment to help you understand what support is available for you and to help you to carry on with your caring role whilst making sure you are looking after your own health. You are still eligible for this assessment whether or not the person you care for is receiving help or support from social services.

If you are caring for someone with memory loss or dementia (whether or not they have received a formal diagnosis) Age UK Oldham have been contracted by Oldham Integrated Care

Organisation and the Local Authority, to carry out statutory Carers Assessments to help you to develop your own care and support plan and, where applicable, make an application for a Carers Personal Budget on your behalf. A Carers Personal Budget is an amount of money awarded to you as a carer to support you in your everyday caring role. This personal budget is not means-tested and can be used to access leisure activities, short breaks, classes / hobbies or purchase household items which would make the caring role easier.

A Carers Assessment is a way of providing you with information and one-to-one emotional and practical support to help you continue with your caring role and link you to other services which may be beneficial for you.

Age UK Oldham Dementia Service staff will also review your Carers Assessment annually to ensure you are receiving the most appropriate support at that point in time as your caring role evolves and your needs as a carer change accordingly.





Wellbeing and Independence

Related services:

Choosing the Right Care and Support – see page 51

Enhanced Luncheon Clubs – see page 37

Day Care

Phone

Head office – 0161 633 0213

Bluebells – 0161 678 0802

Ashby House – 0161 678 1598

Care Services Manager – 0161 622 9268 or 07725212705

Bluebells Day Care

789 Ripponden Road, Moorside, Oldham, OL1 4SQ

Ashby House Day Care

81 Highlands, Royton, OL2 5HL

Working together with Oldham Council, our Day Care provides five days of service from two sites. Across the borough, the service ensures positive outlooks for older people who are in need of regular and valued time away from home, also providing respite for carers.

Day Care is provided to older people with an assessed need. We specialise in caring for people living with dementia and other disabilities. We are passionate about what matters to the individual and have a person-centred approach that is the core of the service we provide. Enjoyment and stimulation in a friendly fun setting which is enhanced through a full range of entertainment and activities to suit the needs of individual and the group as a whole.

All staff have received a high level of training and are Dementia Champions. One to one support and care is provided, tailored to individual needs and meals which are freshly prepared by AUKO staff and include light breakfast, a three course lunch, afternoon tea and regular refreshments including tea and coffee.

Fully adapted and escorted transport is available within a 3.5-mile radius. This is chargeable.

Places are allocated by referral from a social worker or alternatively, privately funded places are available.

Call **0161 678 0802** for places at **Bluebells**.

Call **0161 678 1598** for places at **Ashby House**.



“My husband started visiting Bluebells in October 2022. He had resisted attending all through the summer, but after his first taster, he went every week and then twice a week! Tuesday and Thursday are now the best days of our week. Why? Because the staff are amazing, being very welcoming and caring with all the clients. He’s all smiles when he walks through the door. Walking into Bluebells is like being wrapped in a warm blanket, where all the visitors are treated with love and respect from start to finish. There is a lovely garden to sit in when the weather is suitable.”

Having this interaction in lovely warm surroundings has allowed us both to enjoy life more. He sleeps much better after Bluebells because he has been stimulated both physically and mentally and he’s also very relaxed when he gets home.

We are very fortunate to have Age UK Oldham and Bluebells in our lives and I applaud Sharron and her team for providing such a wonderful level of care for people with the needs that my husband has.”



Falls Prevention Exercise Scheme

Phone

Head Office – 0161 633 0213

Direct Line – 0161 622 9257 / 9267

Email

nicola.shore@ageukoldham.org.uk

Referrals for this service are only accepted from the Community Rehab & Falls Team.

Classes: Age UK Oldham provides tailored, evidence-based exercise classes to help people who have experienced falls or who are at risk of falls. We work in partnership with the Community Rehabilitation and Falls Team and Oldham Community Leisure.

We hold classes at different community venues across Oldham and all our groups are friendly and welcoming. People attend a weekly class and can also join in extra sessions using a laptop or tablet via Zoom. We can loan equipment like tablets and show you how to use them to take part in our online classes.

The weekly one hour supervised group sessions are delivered by qualified Postural Stability Instructors (PSI). They are free for a period of 9 months. The aim is to prevent falls by improving the gait, balance, co-ordination, muscular strength, flexibility and confidence of those who have had a recent fall or been identified as being at high risk of having a fall. Door-to-door accessible transport can be arranged if required. Transport is free of charge for the first 8 weeks. A DVD has been produced of the classes which can be viewed on YouTube by the following link www.youtube.com/watch?v=DbryEpxEm2g



“I’ve not had a fall since I’ve started at the class. I really enjoy coming and it’s nice to be with other people in the same position as yourself.”



“It’d be so easy to sit and do nothing! Coming to a group session makes you do things that you don’t do yourself at home. The staff are all friendly and the demonstrations are clear and precise.”



HandyVan

Phone

Head Office – 0161 633 0213

Direct Line – 0161 622 9277

Email

sue.hay@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

The aim of the service is to undertake tasks which provide preventative and practical support in the home, enabling older people to live independently and safely. Our handy persons carry out the small tasks older people feel they are no longer able to undertake themselves, such as fixing curtain rails, moving furniture, putting up pictures, tidying gardens and pressure washing patios etc. We also install home security measures, fit key safes and carry out small joinery repairs. It is clear that people also want help with jobs that require a tradesman and need someone they can trust.

Age UK Oldham continues to work with a range of trusted general builders, plumbers, electricians and gas engineers. We also help people who need to de-clutter and provide a deep cleaning service. All the contractors are interviewed, DBS checked and have public liability insurance. Customers receive a free, no obligation quote and are encouraged to obtain a second quote for more costly work. On completion and satisfaction of the job, Age UK Oldham pay the contractor and invoice the customer.

When jobs requested are more complex we can help people who we feel are vulnerable to obtain quotes, assist them throughout the process and work with families and social workers as required to ensure the person is getting the best options and value for money.

“Just wanted to pass on my sincere appreciation for the service your staff have recently provided. My resident was feeling overwhelmed by the furniture he had bought and thought he could build it himself. He was becoming low in mood and was putting himself at risk trying to get the furniture together. Your handyman man that called was so easy to talk with and calm with his manner. The job was done swiftly and the whole experience was a positive one for my resident who was overwhelmed with appreciation.”





Home First Support Service

Head office

0161 622 9288

Email

natalie.leach@ageukoldham.org.uk

natalie.leach2@nca.nhs.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

The Home First Service offers discharge support to older adults who are returning home from a hospital admission, presentation at A&E, or following a spell of in-patient intermediate care. The service also aims to support older people in the community identified to be at risk of a hospitalisation.

The service offers up to 5 days follow-up support following a discharge to:

- provide immediate practical and emotional support to older people to facilitate safe timely discharges to a safe and successful return home. Home visits can be provided as part of a settling-in process for the patient returning home.
- promote independence of the older person at home by offering support and encouragement through a daily checking-in service to maintain a successful discharge.

- monitor patients needs and refer on to other services offered by AUKO and other organisations to access longer-term support to maintain a continued, safe return to home for patients (e.g. Promoting Independent People service/ dementia support services/day care/helpline response service/ Urgent Care Response Team).

We work closely with the hospital social work team, therapy teams at A&E, ward staff and the frailty team in the Royal Oldham Hospital as well as staff based at Butler Green and Medlock Court Intermediate Care Units. We operate this service as part of a wider Greater Manchester Hospital Discharge Alliance providing this support to any older Oldham resident being discharged from any GM hospital back to their Oldham home.



“I had no idea you could arrive with shopping in time for him coming home and send meals and check in on him. This service is fantastic and has filled the gaps. Can't thank you enough, we are truly grateful.”



Life Story

Head office

0161 633 0213

Email

lifestory@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

Volunteers for our Life Story project spend time reminiscing with people with the aim of producing a Life Story book - a printed book about their life and experiences, likes, dislikes and aspirations. We scan photos and take pictures of important keepsakes to illustrate the books; our volunteers fill in any gaps by finding images online of places where people have lived, worked and visited. We work with people living in care homes, retirement housing and in their own homes - this is carried out by home visit or can also be done by telephone or video call.

Once it's completed, our staff and volunteers present the life story book alongside family and friends, and care staff. We can also donate a copy of the book to the Local Archives Centre so that you can be a part of Oldham's local history!

Everyone should have a life story book! We can provide you with a template to fill in if you would like to make a start on your own life story or maybe you would like to create one for a friend or family member. If you need help to do this, get in touch and we can arrange for one of our volunteers to help you.

Our volunteers publish a monthly newsletter with articles, stories and snippets to encourage people to reminisce.

Please get in touch with us if you would like to join our volunteer team (visitors, typists and proofreaders) or if you have any stories or articles to share in our newsletter.

This is an enjoyable and worthwhile activity for everyone involved and is particularly valuable for people living with dementia, their families and carers. The Life Story book is not only a cherished heirloom but can also be used by care staff to get to know the person they are caring for as it informs staff about their likes, dislikes and aspirations and helps to inform care planning and activities.

"Thank you so much to both of you for coming to present the Life Story for Mum, it really did make her day and it was lovely seeing all the memories being rekindled and reminisced."





Living Well

Phone

0161 622 9314 to speak to an adviser or to make an appointment.

Email

christine.coupe@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN
9.00am - 4.30pm

The Living Well service works with TOG MIND and Positive Steps to deliver an integrated approach in supporting older people experiencing mental health conditions, cognitive impairment or dementia diagnosis, to be independent in their own homes by supporting them to identify options, help action their choices and remain engaged in their own community.

The service provides short term practical and emotional support to assist clients to regain their independence, wellbeing, and confidence, through the provision of a flexible and creatively tailored approach to meet their personal needs. We provide initial support by offering options and choices and linking them with appropriate services to support with social engagement activities within your locality. We can also arrange for practical measures to be put in place that will enable older people to live in their own home independently and safely for longer.

These support options could include linking clients:

- into TOG MIND for mental health, wellbeing support and listening space.
- with Positive Steps for benefits and housing support
- and their families to Dementia Support services if appropriate
- with social groups and activities in their local area
- with shopping services and cleaning support options
- Installing Key safes and assisting to apply for helpline services
- providing information on day care options

Home visits can be arranged and are scheduled between 9.00am and 4.30pm Monday to Friday but can be arranged out of these normal working hours if required.



Major / Minor Adaptations



Phone

0161 622 9263

Email

joanna.hughes@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

We undertake adaptations which have been assessed by an appropriate health care professional such as an Occupational Therapist, Re-enablement team and Stroke/Falls prevention team.

The service provides short term practical and The work carried out is necessary to support service users to maintain a safe home environment. This equipment/adaptation is often used to assist people who are frail, at risk of falls or have or are being discharged from hospital. People can also self-refer or family / carers can request an assessment via the Occupational Therapist Team at the Link Centre.

This is a free service provided by Oldham Council and Housing 21. Age UK Oldham supplies and fits minor/major adaptations for both adults and children. This can include items such as outside rails, steps, paths, ramps and grab rails, thresholds, shower seats, floor to ceiling poles and bespoke joinery. The equipment is installed by an Age UK Oldham Trusted Assessor. Some elements of more

substantial adaptations are commissioned from our AUKO approved contractors. This work includes bespoke handrails, doors, windows, locks, bespoke joinery, electrical, plumbing, and Bio Bidets etc. The work is undertaken for free if equipment is prescribed by a health care professional.

“The gentleman who came to fit the rail was very polite and helpful, the rail was fitted in good time, and he left my home spotless. The rail itself is marvellous and I am very grateful for all the help provided.”





Meal Delivery Service



Phone

0161 622 9358

Email

info@ageukoldham.org.uk

Address

The Link Centre, 140 Union Street, Oldham OL1 1DZ

This service provides freshly prepared, healthy frozen meals delivered straight to your door by our staff. Our meals are made from scratch, with no added preservatives, on a daily basis at Age UK Oldham's catering kitchen. Food is chilled down and frozen, ready to be delivered to you in microwave and oven safe containers, labelled with all ingredients as well as storage and heating instructions.

Menus are devised weekly ensuring there is a good variety and choice available. Vegetarian options and dietary requirements are catered for and can be discussed with a staff member.

There is a charge for all main meals, soups and desserts, as well as delivery. We keep prices as low as possible, making our service a budget-friendly option and ensuring you have little or no food waste. Please enquire for information about costs, our menu and all other aspects of the service.

Mobility Equipment



Phone

0161 622 9277

Email

sue.hay@ageukoldham.org.uk

We offer a wheelchair hire service where you can choose from a range of wheelchairs at a weekly charge.

You can also purchase refurbished mobility equipment - so please give our friendly staff a call to discuss your needs and we'll do our best to provide you with the correct equipment or signpost you to alternative suppliers.





Promoting Independent People

Phone

0161 622 9288

Email

natalie.leach@ageukoldham.org.uk
oldhampipageuk@nca.nhs.uk

Address

The Link Centre, 140 Union Street, Oldham OL1 1DZ

Our Promoting Independent People Service has advisers who are linked to the 5 Adult Health and Social Care clusters in the borough of Oldham working with and taking referrals from the integrated care teams. Referrals are also received directly from clients, family members, internally from other Age UK Oldham services as well as from a wide range of other external organisations including GP practices. We work closely with Oldham Council's Adult Social Care team through our close contact with the ARCC (front door Adult Social Care contact centre).

Referrals are taken for older people who have undergone life changing events or living with long term health conditions which have affected their daily lives and confidence. The service aims to support older residents of Oldham, who may be experiencing social isolation and loneliness, regain confidence and help them live more independently by supporting them to self-manage their long-term health conditions and re-engage them back into their local communities.

The PIP worker links with the person to engage them by using a close supportive approach. With support from this service, an older person can access a range of AUKO and external services and activities from lunch clubs, Men in Sheds, friendship groups, coffee mornings, craft sessions to counselling, befriending, health support groups, etc. The PIP Adviser will support an older person to help them identify ways in which they can maintain health and wellbeing and regain independence levels.

Urgent Care Response Team

A PIP Adviser works as part of this community health and social care team based with the Enablement and Helpline services and provides an integrated crisis response service to prevent hospital admissions as well as facilitating safe discharges. The Urgent Care PIP Adviser takes referrals directly from the response team who are providing care and services to the patient. The PIP Adviser offers a same or next day response in line with the urgent response times of the team, will carry out a home visit and refer to Age UK Oldham and other external services. If the patient has been identified as requiring longer term community support they can then be referred into the long-term PIP service for more ongoing interventions.



Shopping Delivery and Safe at Home Service



Phone

0161 622 9265 please call for opening times.

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

Email

shopping.service@ageukoldham.org.uk

The service is based at Head Office and operates a service using Tesco Supermarket in Oldham. We provide a service that is available to older, housebound and disabled people who find it difficult to shop for themselves. We telephone customers for shopping orders and deliver to their home putting provisions away if necessary.

The service is also available on a short-term basis after discharge from hospital, during an illness or in bad weather conditions. All potential customers have a holistic assessment of their needs and situation which is completed by the service co-ordinator.

Other major benefits include linking to other services and referring on if necessary. This makes it potentially the “eyes and ears” of other services and staff work closely with families, care staff and case workers to help guarantee customers’ wellbeing.

Deliver over 3 days Tuesday to Thursday across the borough of Oldham. There is a charge for this service.





Socialising and Activities

Related services:

Day Care – see page 11

Life Story - see page 23

Befriending

Phone

0161 622 9252

Email

maggie.hurley@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN
Monday to Friday 9.00am – 4.30pm

People can become isolated for a variety of reasons – ill health, disability or social disadvantage, but here at Age UK Oldham we passionately believe that no one should have no one.

Regular contact, either face to face or by telephone, with one of our volunteer befrienders often fills a big gap and combats feelings of loneliness and isolation. Our scheme offers friendship and companionship with a registered, DBS checked volunteer befriender who is matched to the older person and visits or phones each week.

Together they can chat, enjoy a cup of tea, take a walk or visit shops, the theatre or local events when they have a face-to-face visit. The results can be significant as befriending often provides people with a new direction in life and opens up a range of activities leading to increased self-esteem and self-confidence.

Some people prefer a friendly call and chat - knowing there is someone at the end of a phone for you means so much. Our phone calls are a start to a wonderful friendship with lots of laughs along the way too.

Joining one of our activity groups is a great way to meet new friends, develop a new interest or revive an old one. Don't worry about coming along on your first day, everyone is friendly and welcoming and have all had their own 'first day' too. Newcomers will be met by staff or volunteers and introduced to everyone and quickly start settling in with a welcome cup of tea.





Chadderton Over 60s Centre

Phone

0161 633 0213

Email

maggie.hurley@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

No day is ever the same at Chadderton Over 60's Centre where we offer a wide range of Age UK Oldham's activities, including computer classes, lunch clubs, social groups, a weekly arts & craft group and a men only activity group (Just4men). These all give older people the opportunity to meet new friends, learn a new skill, share and discuss ideas and enjoy a meal together.

Outside at Chadderton Over 60's we have a beautiful garden area, outdoor seating and parasols so people can enjoy the fresh air when the sun is shining and spend some quality time with friends.

To help us fundraise, we also have regular table-top and car boot sales, so as well as picking up a bargain you can also come along and meet new friends too.

We engage with many other organisations and are always looking for new avenues to explore and fresh services to develop. We endeavour to reflect the local community and respond to its needs with creativity and enthusiasm and we pro-actively support hobby and interest meetings for older people with a reduced community group fee. We welcome over 1,200 people every month and our flexible room spaces are regularly hired out to a range of different organisations, as well as hosting our own programme of activities.

Our large hall is available for hire, so if you have a family occasion to celebrate then please contact us for details – hire includes car park, kitchen facilities and provide full disabled access too.





Enhanced Lunch Clubs

Phone

Head Office – 0161 633 0213

Direct Line – 0161 622 9268

Email

sue.fletcher@ageukoldham.org.uk

Our lunch clubs are run throughout the Oldham borough. They are run by an Age UK Oldham supervisor with an enthusiastic team of volunteers. Lunch Clubs help to meet the needs of older people who are physically active but experiencing difficulties because of social isolation, disabilities or bereavement. This service is open to people over the age of 55. Members are provided with an excellent quality three course meal which is cooked on Age UK Oldham premises. All of the food is fresh from our suppliers and menus are varied. There is a full programme of activities which are planned with the members and the activities co-ordinator. The programme of events includes anything from indoor bowls, craft work, entertainment, quizzes and talks on wellbeing by healthcare agencies.

George Street Chapel

Head office

0161 622 9264

Email

info@georgestreetchapel.com

Address

58 George Street, Oldham OL1 1LS

Socials

Instagram and Facebook – @georgestreetchapel

X – @GeorgeStChapel

The unique awe-inspiring grade II* listed George Street Chapel is a multifunctional events venue nestled in the centre of Oldham. Hosting various celebrations, meetings, weddings, wakes and more for both corporate and private purposes. The money raised is injected back into Age UK Oldham's local services.

The three-storey events venue is a user-friendly, flexible space which includes AV equipment as well as disability access and facilities.

We regularly run popular educational programmes for schools & heritage tours for members of the public and organised groups. Costumed actors take participants back in time on a journey to experience life as a Victorian in Oldham, learning and exploring how local Victorians lived, learnt and worshipped within the chapel walls and the cellar dwellings beneath. » » »



George Street Chapel cont...

» » » The stunning chapel building is an ideal backdrop to create extra special memories for a wedding or party. We are experienced in providing a value-for-money yet high-quality bespoke event and are overjoyed to play an integral part in people's special occasions. We have various packages to offer to suit you and your guests.

The chapel is well-known for providing excellent customer service and welcomes many returning customers for both business and social occasions. If you or someone you know are looking for a very special, charismatic venue to impress family, friends or colleagues and to make your day or event one to remember, please contact us.

Don't believe such a venue exists in Oldham's town centre? Come and have a look for yourself. We are always happy to open our doors for you to have a look around and are confident you'll be as surprised and awe-struck as all our guests have been before you.



“Thank you for hosting a brilliant learning event. Your authentic re-enacting of Victorian Life helped bring learning to life and certainly made the children realise how fortunate they are. We have learned lots. Thank you.” (School review)

“Just wanted to say a huge thank you for today. We all really enjoyed ourselves and learned a great deal from all the staff. Everything was very well organised, there was a good variety of activities and I think the children really gained an understanding of just how hard life was for Victorian children. It was also valuable to have the local history explored in depth and see Oldham as it was in the industrial age. We will certainly book again next year. Please extend our gratitude to your staff and thanks again.” (School review)

GEORGE STREET CHAPEL

Built in 1815, the grade II* listed George Street Chapel has been referred to on many occasions as Oldham's 'hidden gem' and can be found hiding in plain sight on George Street in the centre of Oldham. It is a beautiful and charismatic venue, steeped in history and tastefully renovated to both revive original features and install modern facilities, providing the ideal backdrop to weddings, parties and celebrations, as well as meetings, conferences and room hire.

Set over 3 floors including the main chapel, a mezzanine floor with a stunning vista overlooking the main area and a lower ground floor, the chapel creates an awe-inspiring setting where guests can gather to enjoy a ceremony, performance or speaker, as well as drink, dine, dance and enjoy a special occasion together.

Whilst we could write a book to enlighten you on the wonders of our venue, we know the best way to sell ourselves is to invite you to look around for yourself and talk with the friendly and accommodating staff, so please contact us to arrange a viewing at a time to suit you.

Call: 0161 622 9264

Email: info@georgestreetchapel.com

Address: 58 George Street, Oldham OL1 1LS

Instagram and Facebook: @georgestreetchapel

X: @GeorgeStChapel





Just4Men

**Head office**

0161 633 0213

Email

maggie.hurley@ageukoldham.org.uk

Address

Chadderton Over 60's Centre, 298a Broadway,
Chadderton OL9 9QU

Fridays 12.30-3pm, £3.50 per session

Just4Men is exactly what it says on the tin. This project is co-ordinated, promoted and delivered by men and aims to bring local men together as a community to share experiences and support each other. Just4men is a MEN ONLY activity group enabling older men to meet socially and enjoy a range of fun activities from pool, table tennis, archery, curling to dominoes, darts and crib. Not only do you get to meet new friends and partake in the activities, you also enjoy a light lunchtime snack. Forming new friendships is paramount in later years and this project enables men to make new pals and enjoy laughs and companionship with their peers.

OLGBT Out and About Group

**Head office**

0161 633 0213

Email

maggie.hurley@ageukoldham.org.uk

Address

Over 60's Centre, 298a Broadway, Chadderton OL9 9QU

Weekly Drop-In Fridays 12.00pm – 3.00pm

Our OLGBT group is true to its name 'Out & About' as this informal social group brings older lesbian, gay, bisexual and transgender people together. Not only do we meet every week for our group meeting we also enjoy many social activities such as meals out, trips, theatre visits and walks. The group is professionally led by Age UK Oldham but with an emphasis on members supporting each other. We realise that walking into a meeting for the first time can be intimidating, so we are happy to meet with people in advance too.

Age UK Oldham is committed to creating a safe and inclusive space that welcomes diversity and supports everyone. Older LGBT people want all of the same things in later life as heterosexual older people. This includes staying in their own homes for as long as possible and being treated with respect and dignity when they access health and care services and within their community as a whole.



Men in Sheds



Phone

Head office – 0161 633 0213
Failsworth Shed – 0161 682 4747
Greenfield Shed – 07711 007260

Email

meninsheds@ageukoldham.org.uk

Failsworth Shed

Charles House, Albert Street West, Failsworth M35 0JN
9:00am – 4.00pm, Monday Tuesday and Wednesday
for morning and afternoon sessions

Greenfield Shed

Unit 10, Tanners Waterside Mill, Chew Valley Road,
Greenfield, Oldham, OL3 7NH
9:00am – 4.00pm, Thursday and Friday for morning
and afternoon sessions

Men in Sheds sessions are charged at a low rate, please enquire for costs.

Our Men in Sheds projects have a distinct community development philosophy and positively impact the health and wellbeing of men who attend. The project targets men over the age of 50 who have become socially isolated due to life changing circumstances or long-term acute health conditions. The emphasis of the shed is the social connection, company having a laugh with like-minded men.

Many of the Men meet up socially outside of the shed and have formed lasting friendships. The projects undertaken are geared up around men sharing their skills and knowledge, men can dip in and out of projects there is an activity for everyone. We place great emphasis on addressing social isolation whilst aiming to promote health related activities and lifestyle changes. Older men tend to be slower at visiting their GP with problems which may then turn out to be serious, subsequently lowering chances of early detection. Research shows that men who are better socially connected take more and earlier steps to improve their own health and lifestyle outside of the shed.

It is apparent that a placement within the project is an alternative to traditional services and offers a missing preventative element for men of an earlier age. The staff work hard to address individual needs for men who have varying levels of capabilities. Independently of the Shed, men are organising social group activities and outings to places of interest. We have a large allotment at Greenfield which creates an outdoor space that men can visit at any time.





Technology & Us and IT Care

Head office

0161 633 0213

Email

maggie.hurley@ageukoldham.org.uk

Address

Chadderton Over 60's Centre, 298a Broadway,
Chadderton OL9 9QU.

Open Fridays 9.30am – 11.30am

For older people, using computers, iPads, tablets and the internet, is not only for accessing information, but for keeping in touch with family and friends. Technology is definitely not just something for the younger generation, but can be crucial for people who have problems with mobility and retaining a link with their communities.

Our 'Technology & Us' classes provide older people with much needed support and tuition with computers, iPads, tablets, smartphones and digital cameras. We have a range of devices to practise with, but also have the unique ability to teach people on their own personal equipment either in our centre or in the comfort of their own home.

During the pandemic people relied so much on technology from keeping in touch with friends and relatives over zoom or skype, to shopping for essential food supplies. This change in behaviour has carried through to day-to-day life as we rely on technology more than we used to.

Age UK Oldham can help you gain the skills to embrace technology and enjoy the benefits too. Tuition is £6 per 2 hour session.

The IT Care Service can assist older people who may be experiencing problems with their computers, laptops and printers and provide customers with the latest techniques to solve connection problems. Our qualified technician has over 15 years' experience and is fully certified in hardware, software and network security and is able to:

- Replace damaged hardware
- Upgrade hard drives
- Upgrade memory
- Diagnose broadband and internet connection problems
- Replace broken laptop screens
- Facilitate virus and spyware removal
- Carry out computer optimisation and clean-up (remove corrupt files which will slow down the performance of your computer)
- Investigate printer and peripheral problems
- Assist with data loss and recovery

So if you need some technical support give us a call. If it can be fixed we will do it, but if it can't then you won't be misled with empty promises or a sales pitch for a new laptop or iPad. We will also tell you how much your repair or upgrade will cost before we start so you always have a choice if you want us to go ahead and fix it for you.



Volunteering

Phone

Head Office – 0161 633 0213

Direct Line – 0161 622 9252

Email

maggie.hurley@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN
Monday to Friday 9.00am – 4.30pm

Volunteers support each of our services enabling us to reach a greater number of older people. As well as giving back to the community, it is also a great way of meeting new people.

All our volunteers have valuable life experiences that assist the work we do in Oldham and help extend our team across the whole borough. We like to think that volunteering here at Age UK Oldham can enrich the lives of the volunteers, as well as them helping to enrich our community in return.

Join our ever-growing friendly team of volunteers, meet new friends and gain new skills by helping at anything from activity groups, computer classes, calling an older person for a chat or writing someone's life story; to serving meals at lunch club, helping out at day care or helping organise our falls exercise class, there are so many roles to choose from.

Our charity shops are an inviting and friendly place for people of all ages to grow in confidence and keep active. From working on the shop floor in a customer-facing role, to sorting through the generous donations we receive, we can be sure to find something to suit you.

Volunteering makes a huge difference and your help is invaluable to Age UK Oldham.

Retail Volunteering contact:

Kathryn Hamer on **07803 006 512**

Service or project volunteering contact:

Maggie Hurley on **0161 622 9252**





Information and Support

Choosing the Right Care & Support Service

Phone

0161 622 9314 or 0756 294 3244 to speak to an adviser or to make an appointment.

Email

sophie.ogden@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN
9am-4.30pm, Monday-Friday

We can visit you at home or in hospital and appointments are scheduled between 9.00am and 4.30pm Monday to Friday but can be arranged out of these normal working hours if required.

This service offers an independent information and practical support service to older people and their relatives/carers to help them find the right care and support services and where possible remain living independently in their own home for as long as possible.

Where this is not an option and a care home placement is needed, either for a short stay, or on a permanent basis our experienced staff (who visit all care homes in Oldham regularly) can discuss the options available to you and help you work through this very important decision.

The service can:

- offer you or your family one-to-one practical and emotional support to explain your options and help you to make your own decisions regarding your future care
- provide you with an up-to-date list of all care homes in Oldham and their current availability
- a useful information pack with written guides
- supply fact sheets on each Individual care home which provides you with up to date details about the facilities, services and fees for each home
- provide you with information on the financial implications of moving into a care home or paying for care services at home and make sure you are claiming all the benefits you are entitled to
- arrange and /or accompany you to view care homes or care facilities before making this important decision
- liaise with social workers, hospital teams, care homes and other professionals on your behalf where needed
- help to answer some of those difficult questions such as “what will happen to my home if I go into a care home?”
- supply a recognised list of home care providers, to help you stay living independently in the community
- provide information on accessing services and support on discharge from hospital
- signpost to other services that may be useful to you or your family

The service is free, independent, and here to help you make informed choices about your future care.



Information and Signposting

**Phone**

0161 633 0213

Email

info@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

Our Head Office Reception is open each morning from 9am to 1.00pm and can help you with basic enquiries regarding older people, their families and carers. We can provide a wide variety of information on our vast array of services. We also provide factsheets and guides regarding many topics as well as making sure you know where to go and who to speak with to gain the information and support you need.

If any subject is outside of Age UK Oldham's expertise, we will do our best to signpost and connect you with the relevant local or national services who will be able to provide you with the help you require.

You can call or email us on the details above.

Oldham Prevention Alliance

**Phone**

0161 633 0213 or 0161 622 9257

Email

nicola.shore@ageukoldham.org.uk

Address

Age UK Oldham, 10 Church Lane, Oldham, OL1 3AN

Oldham Prevention Alliance is a network of local projects, services and organisations who work with the over 50's. It is made up of voluntary and community groups, health and social care services, private sector organisations and individuals who have an interest in keeping up to date with developments to help people to 'age well'.

Members are invited to attend informal information-sharing meetings and to be part of an email network. New members are always welcome. Please telephone for more information or to become a member.



Retail and Equipment

Related services:

Mobility Equipment – see page 28

Shops



Lord Street £1 Shop

0161 400 8631

3 Lord Street,
Oldham OL1 3HB

Mon – Sat 10:00am – 4:00pm

Failsworth Precinct

0161 683 4074

Unit 7, Failsworth Shopping
Precinct, Failsworth M35 0FF

Mon – Sun 10:00am – 4:00pm

Failsworth Lord Lane

0161 682 6182

Lord Lane,
Failsworth M35 0RZ

Mon – Sat 10:00am – 4:00pm

Hill Stores

0161 633 4598

Hill Stores, 104a,
Huddersfield Road,
Oldham OL4 2AH

Mon – Sun 10:00am – 4:00pm

Lees

0161 620 0230

High Street,
Lees OL4 4LR

Mon – Sat 10:00am – 4:00pm

Shaw

01706 845327

76 Market Street,
Shaw OL2 8NP

Mon – Sat 10:00am – 4:00pm

Uppermill

01457 872745

37 High Street,
Uppermill OL3 6HS

Mon - Fri 10:00am – 4:00pm
Sat & Sun 10:00am – 4:30pm

George Street Boutique

0161 626 7293

46 - 48 George Street,
Oldham OL1 1LS

Mon – Sat 10:00am – 4:00pm

We have 8 charity shops throughout the borough of Oldham. Our shops are kept well stocked thanks to the very generous donations of Oldham residents. We sell a wide range of goods from clothing for all the family to toys, media, antiques, electricals, collectables, jewellery, furniture and so much more.

We offer a free collection service for good quality donated furniture and an inexpensive delivery service for sold furniture within the local area. Every penny we raise in the shops goes back into the charity to support our numerous projects and services.

Age UK Oldham also have an eBay shop to help raise funds. This is an online auction site that allows anyone from anywhere in the world to bid for an item they see on our eBay website. You can find a link to our eBay site on our website.

“The displays are beautiful and there is such a lovely warm welcome when entering the shop. Have been coming for eight years. Best shop in all of Oldham area.” (Customer quote)

Retail and Equipment

Shops cont...

Volunteer in our shops...

We are always looking for extra help in our charity shops. Just three hours a week of your time could help to make a huge difference to Age UK Oldham. Our excellent team of managers spend quality time inducting all of our new volunteers to ensure they feel confident working in all areas of our shops. The role is varied and requires bags of energy to help keep our busy shops stocked up with fresh goods. We welcome those of you with a creative flair to help dress our windows, or if you fancy yourself as more of a people person, meet and greet our customers at the till and help promote our Gift Aid scheme.

Call Joanne Chapman on **07946 610910** or email joanne.chapman@ageukoldham.org.uk to find out more information on how you can help out in our shops.





Volunteering

Age UK Oldham needs you!

Age UK Oldham needs you!

Our volunteers play a vital role in supporting the work we do for older people across Oldham.

Make your free time worth more!

For more information or to join our team of volunteers please contact us on **0161 633 0213** or email info@ageukoldham.org.uk

Registered Charity No: 1145196