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**Minutes**

**Oldham Prevention Alliance**

**Wednesday 21st August 2019**

**The Grange, Bartlemore Street, Derker, Oldham, OL1 4DP**

**2pm-4pm**

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| **Present:** | Nicola Shore | Age UK Oldham (Chair) | [nicola.shore@ageukoldham.org.uk](mailto:nicola.shore@ageukoldham.org.uk) |
|  | Jane Price | Age UK Oldham Volunteer and ‘Talking About My Generation’ Community Reporter |  |
|  | Pauline Coltman | Age UK Oldham  Volunteer and ‘Talking About My Generation’ Community Reporter |  |
|  | Bobbie Harvey | Home Instead | [bobbie.harvey@homeinstead.co.uk](mailto:bobbie.harvey@homeinstead.co.uk) |
|  | Marie Price | GM Nutrition & Hydration Project Officer, Age UK Salford | [marie.price@ageuksalford.org.uk](mailto:marie.price@ageuksalford.org.uk) |
|  | Jane Soriente | Oldham Council | [jane.soriente@oldham.gov.uk](mailto:jane.soriente@oldham.gov.uk) |
|  | Diana Wright | First Choice Homes Oldham | diana.wright@fcho.co.uk |
|  | Mike Dodd | Oak Gables PPG and ‘Talking About My Generation’ Community Reporter |  |
|  | Barry Cassidy | Oldham Diabetes Voluntary Support Group, Chair of Anglo-West Indian Group, Operations Director of Healthier Together CIC | barry@nwbs.info |
|  | Nayan Joshi | Action Together | [nayan.joshi@actiontogether.org.uk](mailto:nayan.joshi@actiontogether.org.uk) |
|  | Julie Hawkins | Caremark | Julie.Hawkins@caremark.co.uk |
|  | Lesley Cutter | ForHousing | lesley.cutter@forhousing.org.uk |
|  | Lauren Roberts | First Choice Homes  Oldham | [lauren.roberts@fcho.co.uk](mailto:lauren.roberts@fcho.co.uk) |
|  | Audrey Murphy | Community Connector, Early Help | [audreymurphy@thp.org.uk](mailto:audreymurphy@thp.org.uk) |
|  | Helen Morris | Age UK Wakefield and Prison Service, Age UK Tameside - Dementia, Frailty, Isolation & Loneliness, also currently working with GM Older People’s Network | [helen@helenmorris.org.uk](mailto:helen@helenmorris.org.uk) |
|  | Jackie Hanley | Oldham Community Leisure | Jackie.hanley@ocll.co.uk |
|  | Wendy Kettleton | FRIEND2U | Friend2U1956outlook.com |
|  | Lesley Lawton | FRIEND2U |  |
|  | Liz Lloyd | FRIEND2U and volunteer for the Cinnamon Trust |  |
| **Apologies:** | Bev Bertenshaw | First Choice Homes  Oldham |  |
|  | Vicky Campbell | First Choice Homes  Oldham | Vicky.Campbell@fcho.co.uk> |
|  | Angie Brain | OL1- Oldham | angie.brain@hotmail.co.uk |
|  | Jade Hughes | Macmillan 1-1 | Jadehughes1@nhs.net |
|  | Jenny Dyer | Macmillan 1-1 | jennifer.dyer@nhs.net |
|  | Becky Kershaw | Action Together | [rebecca.kershaw@actiontogether.org.uk](mailto:rebecca.kershaw@actiontogether.org.uk) |
|  | Dana Murphy | ForHousing | dana.murphy@forhousing.co.uk |

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|  | **Welcome, Introductions & Apologies** |
|  | NS welcomed attendees and new members and ran through housekeeping.  Attendees and apologies as above. NS thanked Dorothy Dwayre-Wood for hosting the meeting at the Grange. |
|  | **Minutes & Matters arising** |
|  | If anyone has a meeting room available for our February meeting (February 18th, 2pm), please contact Nicola. |
|  | **Through the Eyes of Older People/ Talking About My Generation update**  Nicola Shore, Pauline Coltman, Jane Price, Mike Dodd |
|  | Update from Nicola on the project ‘Talking About My Generation’. Nicola informed the group that Mike, Pauline and Jane are Community Reporters who are going to be out in the community, helping to gather people’s stories and to help them be heard. Pauline and Jane have recently joined the project.  Nicola distributed the Active Ageing Special Report to the group and Mike distributed the original edition of the Record.  Grace Dyke from Yellow Jigsaw came to a previous Prevention Alliance meeting to outline the project when it started. Mike updated the group: the Community Reporters meet monthly for ‘newsroom’ sessions, and also go out to events in small groups and individually to look for people who are involved in activity within the community. The group decided the branding and decide on the format and themes of the media content issued. The aim is to challenge common stereotypes and images, challenging the ideas that some younger people have about older people being ‘parasites’ on society.  The publications feature people in Greater Manchester who have defied stereotyping to stay active and defy the interpretation of younger people.  Pauline informed the group that the project will be aired on Oldham Community Radio on Wednesday 4th September at 11am – Pauline, Jane and Jean Friend, another local Community Reporter, will be talking to Dave McGealey about the project so far.  Nayan suggested that the Community Reporters link in with Healthwatch.  Jackie asked if the stories will be able to be shared with different providers as they are trying to encourage people to stay active and sometimes people can be negative about physical activity. Also use of images of local people would be useful.  Helen is working with the GM Older People’s Network at the moment about Positive Images of Ageing so is linking up with Yellow Jigsaw and the Talking About My Generation project.  Nayan mentioned the recent publications issued by the Older People’s Network which are useful to look at:    Jane asked about the Facebook page: Search for Talking About My Generation @TalkingAboutMyGeneration on Facebook and on Twitter @MyGenerationGM  The Podcast, a social report on #GMActiveAgeing, is available by searching ‘Changing the Record’ on Apple Music, Spotify, Deezer or Google podcasts.  Age UK Oldham are looking at the potential for supporting the project beyond this initial funded period. The Ambition for Ageing Oldham team are looking at the possibility of Lottery Funding to develop some of their work after March 2020 so this could be an aspect to build into any funding applications.  All media targets have already been achieved for the whole project!  **Action: If anyone wants copies of the Record let Nicola know and Age UK Oldham can supply a small stock of the publications.** |
| **3** | **Mike Dodd, Oak Gables Patient Participation Group** |
|  | The Oak Gables PPG have been working with Action Together to complete a mapping exercise of groups and activities that people can be socially prescribed to. This will be used to put together a guide for people but not in a printed format. It is more likely to be online.  People will be able to refer themselves.  Nayan outlined briefly the structure of the social prescribing partnership service with Action Together along with Age UK Oldham, TOG Mind and Early Help.  Marie asked about whether some groups will have capacity and/or space to support the new referrals coming through social prescribing, especially if people have support needs. Audrey and Nayan updated that a Community Connector will be able to support people for an initial period to introduce them to the activity. Capacity of groups will be looked at and there is support available through the Thriving Communities Community Development workers and people will be able to apply for Fast Grants also to help with development. |
| **4** | **FRIEND2U**  Wendy Kettleton, [Friend2U1956@outlook.com](mailto:Friend2U1956@outlook.com)  07748 251 368 |
|  | Wendy introduced herself to the group: she is a retired psychiatric nurse with over 20 years experience and wanted to set up a community hub to help tackle loneliness and isolation.  The FRIEND2U Community Hub was launched 20th May. The idea is to make friends and socialise. The Community Hub involves a subscription service which equates to £2.50 per week. The group had a meeting and agreed they would charge £2.50 for the first week and afterwards subscribe for 4 or 8 weeks of their choice. If people prefer to meet up between themselves, rather than continue with their subscription, then that is also encouraged. A subscription means that people have more of an incentive to keep coming along.  Wendy has approached local businesses to offer incentives to members, including a builder, cleaner, 2 holistic centres and a café in Royton who are offering between 10% and 20% discount for members.  Wendy has had support from the CCG and is linking up with Thriving Communities for additional support.  Lesley and Liz have joined Wendy as directors and are supporting FRIEND2U. Lesley started as a volunteer and wanted to get more involved.  The group want to expand and will be holding community meetings at the Halfway House in Royton on Mondays 12pm – 2pm. Also every Wednesday 11.30am -1.30pm at Duke of York, Heyside, where the group started. They would like to expand to different parts of Oldham.  Wendy has sent out a lot of publicity materials but would like support from organisations to help spread the word.  They will also be starting to offer a visiting service for people who are housebound. The aim is for volunteers to go out to visit people in their own homes.  The group is just about companionship, talking, making friends, having a drink and a bit of lunch. They have been asked about doing crafts and other activities but this is purely a social group as there are already other craft and activity groups and Wendy doesn’t want to duplicate what is already out there.  Wendy also does private work, for example, with people who have agoraphobia.  **Action:**  **Jane to share on their Facebook page and with colleagues in the other districts.**  **Nayan to send Wendy information about the Community Explorer meetings.** |
|  | **Information sharing** |
|  | **Stott Lane Allotment**  Ambition for Ageing have taken over the lease of Plot 21 at Stott’s Lane allotments in Failsworth. We are looking for volunteers who are interested in gardening and to help to plan and develop the plot:    **Oldham Community Fire Station Open Day**  Saturday 31st August 11am-4pm at Lees Road, Oldham, OL4 1JN    **Learning Disability Friends**  OPAL are offering awareness sessions for people involved in community groups and organisations to help people to feel more confident with welcoming people with learning disabilities into their groups and activities. The sessions are free and OPAL will then put information about the group and the contact details of the Learning Disability Friend to help promote the group.    **Oldham Active Community Project**  The first activity will be held at Oldham Leisure Centre - the Friday club. The idea of the group is for people to meet and socialise.  The cost to join the club is £3.00 each time for 8 weeks or £6 to continue after the initial 8 weeks. The group will start at 10:30am within the sports hall followed by a gym visit, bowls, badminton, table tennis, swimming etc. including guest speakers. Lunch is at 12.30pm and is included in the £3 charge.  This is a brand new group held once a week and eventually expanding at Royton Leisure Centre. There will be people to meet and greet people and hopefully encourage people to venture into the leisure centre who wouldn’t normally go in. Volunteers at OCL are offered free use of the facilities as an incentive.  Leaflets will follow.  **Speed-Friending**  An event to encourage people to meet people and make new friends. **Friday 13th September, 1.30-3pm at Barker Street Community Centre**. Run by Civil Service Local (staff from DWP and HMRC) working with Age UK Oldham and OL1-Oldham.    **Free diabetes talks**  Barry offers talks about diabetes to groups. Please get in touch with Barry at [barry@nwbs.info](mailto:barry@nwbs.info)  **Free diabetes testing**  5th September ,11am-1pm at Wolstenholme Pharmacy, Market Street, Shaw.  **Home Instead Senior Care**  Have been awarded Outstanding by CQC.  They also provide free **Dementia Awareness sessions.** The next one is on  Tuesday 1st October, 10.30am-12.30pm at Home Instead Senior Care, 113-115 High Street, Uppermill, Oldham OL3 6BD. To book a place contact 01457874566.    **Chat & Brew** - Free drop in every Thursday, 10.30am-12.30pm at the Satellite Centre, Wellington Rd, Greenfield. For further information email [bmwssyca18@gmail.com](mailto:bmwssyca18@gmail.com) or ring 07432793612.  **Parkinson’s Exercise Class**  A Circuit based group exercise class focusing on strength, coordination and movement. Based at The Satellite Centre on alternate Tuesdays 6-7pm, £5 per class. Please contact Sarah Prenton on 07516622698, email [crocdunbar@hotmail.com](mailto:crocdunbar@hotmail.com) or Facebook @ActiveNeuroPhysio  **The Cinnamon Trust**  The Cinnamon Trust assists older (50+) pet-owners and pet-owners who are terminally ill. There is a membership fee of £5 per year and the Cinnamon Trust have volunteers who will look after, foster or adopt pets if their owner has to go into hospital or into long-term care. They also have purpose-built facilities to look after pets long-term. The volunteers keep in touch with the person in hospital to reassure them that their pets are safe and well.  Liz gave out leaflets to the group.  <https://cinnamon.org.uk/cinnamon-trust/>  **Nutrition and Hydration training**  This training will give you simple and practical tips and tools. The training is 60-90 minutes available in Bolton, Bury, Oldham, Rochdale or Stockport. To sign up for the training email [econnolly@ageuksalford.org.uk](mailto:econnolly@ageuksalford.org.uk)  If anyone would like to access the FREE interactive e-learning tool this can be found through this link. [www.paperweightarmband.org.uk](http://www.paperweightarmband.org.uk)  Until the end of September a study is taking place to evaluate the impact of the advice given through the programme. Marie distributed posters for people to display. People who are over 65 and are underweight who are willing to take part will receive a home visit to be weighed and receive a goodie bag to say thank you.    **Tour of Britain, The Greater Manchester Stage**  Jane passed on information about Stage 8 of the Tour of Britain which passes through Oldham. Jane distributed fliers and timetables.  Stage 8 - Saturday 14th September:    **Poverty Agenda Group**  **Poverty Agenda Group meeting 9 September 2019** Nayan updated the group about the Poverty Agenda Group. The next Oldham Poverty Agenda Group meeting is set for Monday, 9 September 2019, 11.00am to 1.00pm at NEON Community Hub.  To confirm your attendance please click [here](http://www.actiontogether.org.uk/sites/all/modules/civicrm/extern/url.php?u=67846&qid=1475187) to book your place.  If you cannot attend please forward your apologies to Nayan at [nayan.joshi@actiontogether.org.uk](mailto:nayan.joshi@actiontogether.org.uk). Agenda for next meeting:    **Real Change Oldham**  **Real Change Oldham Launch**  Nayan and Audrey informed the group about Real Change Oldham. The Real Change fund supports people who are homeless by paying for items they need. #RealChangeOldham [www.realchangeoldham.co.uk](http://www.realchangeoldham.co.uk)  Real Change Oldham Network invites you to join us for the Real Change Oldham Launch on World Homeless Day 2019 at Gallery Oldham.  Real Change Oldham raises funds to pay for items which directly help people to move away from the streets or avoid homelessness. **Date:** Thursday, 10 October 2019 **Time:** 10.00am -12 noon  **Location:** Performance Space,Gallery Oldham, Greaves Street, Oldham OL1 1AL **BOOKING REQUIRED:** To book your place Click[**Here**](https://www.actiontogether.org.uk/civicrm/event/info?id=1896&reset=1)    **ESF Community Grants workshop 17 September**  A £4.9 million programme to tackle unemployment has been launched in April 2019 with backing from the European Social Fund.  Round 2 of ESF Community Grants for Greater Manchester will open on 4 September and close on 16 October. WEA are running a workshop for those of you that may be considering submitting a funding application but have some questions such as the eligibility criteria, activities you can apply for, eligible costs and how you can avoid the common mistakes people make in application forms, etc.  **The workshop will take place on Tuesday, 17 September between 2.00 - 4.00pm, at Action Together, 12 Manchester Chambers, West Street, Oldham, OL1 1LF.**  **Contact Nayan at:** [**nayan.joshi@actiontogether.org.uk**](mailto:nayan.joshi@actiontogether.org.uk) **to register your interest in attending the workshop.**  For more information about the ESF Community grants click [here](http://www.actiontogether.org.uk/sites/all/modules/civicrm/extern/url.php?u=67907&qid=1476614).  **First Choice Homes Independence Service**  Diana and Lauren gave out leaflets about their Independence Service, available to people aged 55+ who live in a rented property in Oldham. Diana and Lauren have weekly contact with older people and help with correspondence and signposting to other agencies. There are different staff in different areas. |
|  | **Date and venue of next meeting** |
|  | **Next meeting Friday 18th October, 2pm, Community Room, Chadderton Wellbeing Centre, Burnley Street, Chadderton, OL9 0JW**  Future meetings:  Monday 9th December, 2pm, ForHousing offices, Villages Housing, 2 Fircroft Road, Fitton Hill, Oldham, OL8 2QN  Tuesday 18th February, 2pm, venue to be confirmed |