

# AGE OF CREATIVITY

## FESTIVAL 1-31 MAY 2019

Celebrating older creative audiences, participants,  
volunteers and artists across England.



This Banbury brochure is just the tip of the iceberg.  
To find full festival listings for your area visit:

[www.voluntaryarts.org/age-of-creativity](http://www.voluntaryarts.org/age-of-creativity)

# Welcome to the Age of Creativity Festival 2019

We are delighted to welcome you to the 3rd Age of Creativity Festival, celebrating creative older audiences, participants, volunteers and artists across England for the whole month of May. This brochure is packed full of amazing creative and cultural events taking place across Banbury, supporting the work being done by the Age Friendly Banbury project partnership which aims to make Banbury an Age Friendly town. Our theme this year is 'intergenerational', so many events are designed for diverse audiences, as well as more tailored events across the art-forms.

To find out more about the Festival visit [www.ageofcreativity.co.uk/festival](http://www.ageofcreativity.co.uk/festival), join us @ageofcreativity on social media or contact your local Age UK.



ANITA STAFF/CREATIVE ARTISTS EAST

## 64 Million *artists!*

This year we are lucky enough to bring you a national commission, brought to you by 64 Million Artists. We have co-designed simple creative challenges in partnership with older people across the country for you to try at home or in groups, including the Age UK Oxfordshire Late Spring bereavement support group in Banbury. With 31 simple, fun activities challenges to try out each day throughout the festival- it is an easy, free way to get involved! How you respond to each challenge is entirely up to you, we just want you to get involved and enjoy having a go. Sign up for free daily challenges straight to your inbox [www.dothinkshare.com](http://www.dothinkshare.com) or contact your local Age UK (0345 450 1276) who have been sent a full list of activities to share with you.

## North Oxfordshire Volunteer Driver Service

If you would like more information about low cost transport to one of the Banbury Age of Creativity Festival events, please contact North Oxfordshire Volunteer Driver Service on 0300 30 30 125. Volunteer drivers use their own cars to take passengers to their appointments, with passengers paying a 45p a mile charge to help cover the driver's fuel cost. Please give as much notice as possible when booking a journey (2 days minimum).

## LISTINGS GUIDE: BANBURY

### Singing for the Terrified – Group Singing

1 May, 6.30pm – 7.30pm

A fun way to lose your fear and learn the basics of singing in a friendly atmosphere. Improve your self-confidence - it is never too late!

**Cost £7/5 and booking required**

**E: [patrissia.cuberos@yahoo.co.uk](mailto:patrissia.cuberos@yahoo.co.uk) or 07817 447 043**

**St. Mary's Centre, Horsefair, Banbury OX16 0AA**

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### Groove Aerobics Lite – Dance Class

2 May, 11.30am – 12.15pm  
(and subsequent Thursdays)

A fun aerobics class for the 50+

**£3 per class, no booking required and for more information contact Cherwell District Council 01295 221 980**

**Woodgreen Leisure Centre, Park Road, Banbury OX16 0HS**

### The Rusty Musicians – Music Session

2 May, 1pm – 3pm and 7pm – 9pm  
(and subsequent Thursdays)

Rusty Musicians - a fun jam session for those with a passion for music. Whether you have an instrument lying around getting dusty, have been playing years or want to play with others, this is for you. Bring your own instrument or borrow one of ours! £3 per class, refreshments available and no booking required.

**For more information contact Cherwell District Council 01295 221 980**

**The Mill Arts Centre, Spiceball Park Road, Banbury OX16 5QE**



## **Ballroom and Latin American Dancing – Dance Class**

**3 May, 11am – 12noon  
(and subsequent Fridays)**

Learn to dance Ballroom & Latin American whatever your experience, no partner required. £3 per class and no booking required.

**For more information please contact  
Cherwell District Council 01295 221 980**

**The Mill Arts Centre, Spiceball Park  
Road, Banbury OX16 5QE**

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## **Groove Aerobic Lite – Dance Class**

**13 May, 11.30am – 12.15pm (and  
subsequent Mondays)**

A fun aerobics class for the 50+, £3 per class, no booking required.

**For more information please contact  
Cherwell District Council 01295 221 980**

**The Mill Arts Centre, Spiceball Park  
Road, Banbury OX16 5QE**

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## **Monday Makers – Arts and Crafts for over 50s**

**13 May, 3pm – 4.30pm  
(and subsequent Mondays)**

A crafty sessions in the gallery space for people who enjoy being creative. Meet like-minded people and perhaps even inspire a new hobby!

**£6 per session, booking required  
on 01295 279 002 or  
[www.themillartscentre.co.uk](http://www.themillartscentre.co.uk)**

**The Mill Arts Centre, Spiceball Park  
Road, Banbury OX16 5QE**

## **Times Gone By – Reminiscence group**

**10 May, 2pm – 4pm**

'My In-Laws' is the subject of this friendly reminiscence session. Participants are encouraged to share stories and memories about their extended family members. No booking required and refreshments will be served.

**For more information contact Karey  
Morley on 01295 236 165 or [karey.morley@banburymuseum.org](mailto:karey.morley@banburymuseum.org)**

**Banbury Museum, Spiceball Park Road,  
Banbury OX16 2PQ**



## **Banbury Age of Creativity Festival Pop Up Shop launch event**

**10 May, 4pm – 5pm**

Join us for musical entertainment from local choirs and a dance performance from The Mill's, Remarkable Dance Company, to celebrate the launch of the Banbury Age of Creativity Festivals Pop Up Shop. The Pop Up Shop will be open in Castle Quays Shopping Centre from 13 - 17 May 2019 (for more information see Pop Up Shop entry opposite).

**Performance space outside  
Debenhams, Castle Quays Shopping  
Centre, Banbury OX16 5UN**

## Banbury Age of Creativity Festival Pop Up Shop

13 – 17 May, 9.30am – 3.30pm daily  
Banbury Age of Creativity Festival, Age UK Oxfordshire and Cherwell District Council will take over a shop in Castle Quays shopping centre for a week. Drop in during opening hours for information about arts and cultural opportunities in Banbury and pick up the festival brochure and other useful information. There will be some drop-in arts and craft activities to try your hand at and a range of gentle dance and movement classes for older people to take part in or observe.

**Castle Quays Shopping Centre,  
Banbury OX16 5UN**

## Age UK Oxfordshire Cinema Club

14 May, 2pm – 4pm

Age friendly film screening of Murder on the Orient Express. Free and no booking required.

**For more information contact  
Troy Bryan 07957 981 381 or  
troybryan@ageukoxfordshire.org.uk**

**Amos Court, Britannia Rd, Banbury,  
Oxfordshire OX16 5DL**



## Banbury Friendship Festival

19 May, 11am – 4pm

This friendship festival, which extends a special welcome to older people, includes dance, music, demonstrations, shared lunch, children's activities and a range information stalls including Age UK Oxfordshire's Age of Creativity information stand.

**For more information contact  
Judith Mason T: 01295 720 900  
E: judithmason@talktalk.net**

**Bridge St Community Garden, Bridge  
Street, Banbury OX16 5QP**

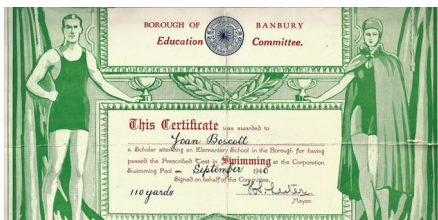
## Intergenerational reminiscence event – Banbury's Open Air Swimming Pool 80th Anniversary

21 May, 2pm – 4pm

Celebrating the 80th anniversary of Banbury's Open Air Swimming Pool, this intergenerational reminiscence event invites older people and students to take part in a recorded conversation about the pool and its history. Suitable for people of all ages Free and refreshments will be served.

**For more information and booking  
contact Karey Morley on 01295 236 165  
or karey.morley@banburymuseum.org**

**Cornhill Centre, Castle Street, Banbury,  
OX16 5NT Cornhill Centre, Castle  
Street, Banbury OX16 5NT**



## Relaxed Musical performance at the Horton Hospital Restaurant

21 May, 1.30pm onwards

Join us for a relaxed musical performance with resident musician Kate Wilkinson from 1.30pm onwards.

**Free and drop in, for more information contact Ruth Charity 01865 234 921 or [ruth.charity@ouh.nhs.uk](mailto:ruth.charity@ouh.nhs.uk)**

**Restaurant, Horton General Hospital, Oxford Road, Banbury OX16 9AL**

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## Stan and Ollie – film screening

22 May, 7.30pm

Join us at the Mill for an evening film screening of Stan and Ollie, the heart-warming story of what would become Laurel and Hardy's triumphant farewell tour.

**Cost £8/ £6 members, booking required on 01295 279 002 or [www.themillartscentre.co.uk](http://www.themillartscentre.co.uk)**

**The Mill Arts Centre, Spiceball Park Road, Banbury OX16 5QE**



## Living Record Reminiscence Workshop

22 May, 1pm – 3pm

Living Record Productions are currently planning a new theatre and community project in the Banbury area. Do you have memories about your Banbury childhood? Join this free workshop for older people and have the chance to play and create with digital technology. Stories will be recorded and everyone will receive a copy of their recordings.

**Free entry. For more information please visit the website [www.livingrecord.co.uk](http://www.livingrecord.co.uk) to book a place contact Jackie Roberts 07827 235 408 or [jackieroberts@ageukoxfordshire.org.uk](mailto:jackieroberts@ageukoxfordshire.org.uk)**

**Community Room, Waitrose Store, Southam Rd, Banbury OX16 2FW**



## Celebrating Arts for Dementia sharing event

24 May, 2pm – 4pm

An information sharing event for anyone interested in learning more about the impact of participation in creative activities for people living with Dementia and their carers. Keynote speakers Maria Parsons (CEO –Creative Dementia Arts Network), Karey Morley (Reminiscence Officer Banbury Museum) and Dementia Oxfordshire will share their insights. Refreshments will be served, no booking required.

For more information contact Helen Fountain 07887 882 960 or [helenfountain@ageukoxfordshire.org.uk](mailto:helenfountain@ageukoxfordshire.org.uk)

Banbury Museum, Spiceball Park Road, Banbury OX16 2PQ



## Banbury Library Intergenerational Pop Up Craft Café

30 May, 10am – 12noon

Drop in to this intergenerational pop up craft workshop to make Elmer the Elephant masks to take and contribute to an artwork for the Library. This workshop is aimed at grandparents and grandchildren but all are welcome.

**Pay what you feel and no booking required. For more information contact Banbury Library on 01295 262 282**

Banbury Library, Marlborough Rd, Banbury OX16 5DB

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## The Hogwallops – Circus Production

30 May – 2nd June, various times

Spectacular circus skills blend seamlessly with physical comedy, theatrical storytelling and slapstick in this chaotic and colourful tale of a family of misfits. Heart-stopping aerial and floor acrobatics combine with an original score to create an absurd portrayal of everyday life in this dysfunctional, quirky and funny family show.

**Adult £12 | Under 16: £8 | Family Ticket: £30**  
**Booking required on 01295 279 002 or [www.themillartscentre.co.uk](http://www.themillartscentre.co.uk)**

The Big Top, Whitelands Farm Sports Ground, Bicester OX26 1AJ



## Cornhill Centre Classes

Based in Central Banbury the Cornhill Centre is run by the Royal Voluntary Service and provides a wide range of creative activities including singing, dance, arts, crafts, yoga, zumba and gentle exercises as well as the opportunity to catch up with friends and socialise. Classes take place daily and there is a café based in the centre providing good value meals and refreshments.

**Prices range from £1-£4 with the opportunity to try out a new activity free of charge. No booking is required. For more information contact 01295 264 214 E: [oxfordshirehub@royalvoluntaryservice.org.uk](mailto:oxfordshirehub@royalvoluntaryservice.org.uk)**

**Royal Voluntary Service, Cornhill Centre, Castle Street, Banbury, OX16 5NT**



**The Age of Creativity Festival** is a great celebration of a fantastic concept. Put simply, more and more older people are seeking out opportunities to engage with cultural and creative activities, and more research pointing to the really positive impact this engagement has on the wellbeing of older people is emerging. Led by the new health secretary, the Government also recognises the benefits this all brings, and Age UK is keen to orchestrate and advocate the work. Music and dance are widely popular, but there is a vast range of other opportunities on offer. The Festival provides a platform to celebrate and showcase these activities.

For more information about intergenerational creativity and other inspirational items linking older people and creative activities go to [www.ageofcreativity.co.uk](http://www.ageofcreativity.co.uk)



The Age of Creativity Festival is kindly supported by Arts Council of England, Baring Foundation, Esmee Fairbairn Foundation, Age UK, Age UK Oxfordshire, Cherwell District Council and by many local and national partners.